

New Pharmacy Intern

Kenny Lin is the current pharmacist intern at the Stockbridge-Munsee Health and Wellness Center Pharmacy. He will be serving the needs of the Mohican population through medical education and medication management.

Lin says he is an only child, originally from Taiwan and his mother currently lives in a suburb of Los Angeles.

Kenny's education and work experience includes; UC San Diego, Molecular Biology, B.S; Cornell University, Science Education, M.A.T., UW-Madison, Pharm.D. He taught high school chemistry for four years prior to pharmacy school.

Lin says he loves Curling and also traveling internationally learning about different cultures.

PSRST STD
US POSTAGE PAID
WAUPACA, WI
PERMIT NO. 47

Drug Awareness and Prevention

By Susan Savetwith
Mohican News Reporter

Bowler School recently hosted two drug awareness events, a Community Drug Trends Awareness put on by Shawano Sherriff and a group called "Rise Together" that were sponsored to come to speak at the school by the Stockbridge-Munsee Family Services After School and Teen Prevention Program. They spoke to the youth at an assembly about resisting drugs, addiction and getting help.

Anthony Alvarado, CMO; Douglas Darby, CDO are recovering heroin addicts who are sharing their recovery message heading a movement called "Rise Together," and hoping to save lives.

Douglas Darby and Anthony Alvarado created the movement "Rise Together" last fall. They speak at high schools and other public events all over northeastern Wisconsin highlighting a heroin problem that is rampant among local teens.

Darby says the needle marks remind him of the decade he spent as a junkie; "I wanted to be encompassed in drugs whether it was dealing, being the life of the party," said Darby. Darby, of Suamico, got out of prison and later met Anthony Alvarado of Appleton. The two recovering addicts immediately bonded and formed "Rise Together," deciding to share with others how they went from rock bottom to recovery. "I'm saying it happened to me why in the world would you take that chance, that risk," said Darby.

"We've seen people smile we've seen people cry we've seen ourselves come out of those experiences more than happy to be a part of it, because they keep us sober as well," said Alvarado.

They're sending a message to Wisconsin's youth not to follow in their footsteps.

Drug continued on page Ten:

Casino Efforts in New York End for Stockbridge-Munsee

By Jeff Vele – Mohican News Editor

(Editor's Note: The following information is taken from several sources, including the Stockbridge-Munsee Legal Department and Tribal Council).

Trading Cove and the Stockbridge-Munsee Community have concluded, after careful review, that the possibility, maybe even the likelihood, of a destination resort with gaming in Orange County (NY) so dilutes the market in Sullivan County (NY) that building and sustaining a first-class resort in Sullivan is not financially feasible.

Stockbridge-Munsee President Wally Miller said, "Sullivan County deserves a quality destination resort. Because we do not believe we can deliver that quality under the current market conditions, it is with deep regret that Trading Cove and the Stockbridge-Munsee will not bid for a gaming license for the 440-acre property at Exit 107.

For 14 years Trading Cove and the Stockbridge-Munsee Community have tried to bring a first-class destination resort to the Town of Thompson and Sullivan County.

Miller said, "We have worked **Casino continued on page Ten:**



Memorial Day - Reverberations

By Susan Savetwith – Mohican News Reporter

The 2014 Memorial Day activities included the tradition of decorating graves, participating in the Memorial Day parade in Gresham, and a brick dedication ceremony with a meal at the Mohican Veterans Memorial and Lodge with an additional gathering on Saturday, May 24th at the Mohican Veterans Lodge to hear speaker, Jimmy Blankenship Jr. talk about Native American ancestral involvement and sacrifices during

the civil war.

On Saturday morning Mohican Veterans placed flags on the graves of veterans at the cemeteries in Red Springs, Gresham, Morgan and the Stockbridge-Munsee Reservation. Saturday evening, there was a gathering at the Mohican Veterans Lodge to hear guest speaker, Jimmy Blankenship, Jr. Blankenship is a

Memorial cont on page Ten:

What's Inside

Ads
Family
Health
Voices

pg 14-15
pg 7
pg 11
pg 2-3

Elders
Directives
Education

pg 4
pg 13
pg 12



Cost Reduction

Readers of the Mohican News have become accustomed to receiving the paper twice a month, however, the cost of postage has surpassed the cost of printing the Mohican News! In 2015 it will cost approximately \$14,000 to print the Mohican News and approximately \$15,000 to mail it out to all of our readers.

In this day and age of independent and mobile communication sources such as data phones, I-pads, lap top computers, etc. people have much more information readily available to them on a moment's notice. The entire Mohican News is available to everyone to read for free on the internet. I am actually hoping that for some people accessing the paper online is more suitable than receiving a hard copy at your home.

Therefore, we are asking anyone

who wants to only receive the Mohican News online to please email me at jeff.vele@mohican.com or call me at 715-793-4388 and let me know of your desire so we can look at reducing our overall costs and the Tribe can utilize those funds for other things.

In regards to Facebook, I have been doing some research to identify how other newspapers/magazines utilize this media. Facebook would provide an excellent format for us to improve the Mohican News. It would allow us to ask questions of our readers, provide a format for interaction with Tribal Members, and allow us to quickly gather information from community members. Facebook should not be thought of as replacing the paper, but rather as a media tool that can be utilized to enhance the Mohican News.

Sincerely,
Jeff Vele – Mohican News Editor

ATV SAFETY CLASS

DATE:

Tuesday: July 08, 2014 1:00 pm - 4:00pm
Wednesday: July 09, 2014 1:00 pm - 4:00 pm
Thursday: July 10, 2014 1:00 pm - 4:00pm

Class will be held at The Stockbridge-Munsee Public Safety Building on Camp 14 Rd. All students are required to obtain Wisconsin DNR Customer ID # as part of the criteria to graduate from any recreational safety class. Students must have this number prior to coming to class on Tuesday and need to show their numbers to the instructor.

Students can obtain a DNR customer ID# by calling 1-888-936-7463 from 7 am to 10 pm. Students can also visit a Wisconsin DNR service center during their regular scheduled hours. The cost of the ATV safety course is \$10.00.

Anyone of any age can take the class. Those that meet the course requirements will receive a safety education completion certificate. However, if the student is younger than 12 years of age their certificate is not valid until they turn 12.

To sign-up for the course, or if you have any questions you may contact us at 715-793-4364. We will need a name(s), address, and telephone number when registering. Please respond by July 3, 2014.

It is the student's responsibility to read the booklet in the packet and bring your packet to class. Parents and/or guardians must fill out and sign the registration card that is in the packet. Packets can be picked up at the Stockbridge-Munsee Public Safety Department. Parents and/or Guardians are encouraged to attend with their child.

Beau Miller
Sterling Schreiber
Stockbridge-Munsee Conservation Wardens

Contract Health Services Name Change

Stockbridge-Munsee Tribal Council recently approved a resolution to change the name of Contract Health Services (CHS) to Purchased/Referred Care (PRC) to align its program more closely with the federal government's contract health services name change to maintain clarity.

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
COMMUNITY
Band of Mohican Indians

PUBLISHER:
Stockbridge-Munsee Community

EDITOR:
Jeff Vele

STAFF REPORTER:
Susan Savetwith

EDITORIAL BOARD:
Karen Gardner
Jo Ann Schedler
Betty Schiel

The Mohican News is published twice monthly by:

Stockbridge-Munsee Community
PO Box 70
N8480 Moh He Con Nuck Road
Bowler, WI 54416
Telephone: 715-793-4389

Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage. A one-year subscription rate is \$12.00 for 24 issues. Send check or money order to Mohican News. Mohican News is a member of: NAJA (Native American Journalist Association)

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

MOHICAN NEWS

Enrolled Tribal members: FREE

SUBSCRIBE TODAY!

The voice of the Stockbridge-Munsee Community
24 issues a year

Non-enrolled: \$12.00 per year

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
COMPANY _____

- PLEASE CHECK:
- NEW SUBSCRIBER, ENROLLED MEMBER
 - NEW SUBSCRIBER, NON-ENROLLED MEMBER
 - RENEWAL
 - ADDRESS CHANGE

MAIL TO:
Mohican News
PO Box 70
Bowler, WI 54416

Voice: 715-793-4389
Fax: 715-793-1307
mohican.news@mohican.com

Re: Member Letter June 1, 2014

The June 1, 2014 issue of the Mohican News published a member letter concerning (I assume) the draft constitution, and the constitution committee. The author implies that the Constitution Committee has perjured themselves by asking to remove the supervisory authority of the Bureau of Indian Affairs (BIA) from our system of government. Mr. Miller, if you have attended any of the planning meetings of this Committee you would know that every proposed article for the draft has been carefully, and fully researched, by not one, but each member, to ensure accuracy.

Do you know what group prepared our existing 1937 Constitution? You are correct when you say, not the BIA, as they are an arm of our federal government called United States Congress. The 1934 Indian Reorganization Act (IRA), section 16, is a near replica of the governing procedures of a foreign country. It was offered to more than 100 tribes, who had only to 'fill in the blanks' for name and location, and it became their

governing document. The BIA did not exist at the time, I believe it was the Bureau of Land Management who filled that first space.

Why would our own people deny our descendants the option of being enrolled with their families? Why would we agree to remain within a certain area, or becoming an individual Indian if we left these "original boundaries" for any reason? As a 'man of the world' and having sampled the law if you step 10 feet off our land, you understand that our Treaty rights to Health, Education, and Welfare (HEW) are limited to our staying within the 'walls' of the concentration camp/reservation, and abiding by section 16, of the IRA.

This is the first time in nearly 80 years, that our members have been given an opportunity to govern ourselves, and it must not be taken lightly. IMO we are being used the same way the animals are treated, kept in a cage; one without walls, but cared for by those who could not eliminate the Indians.

Sincerely,
Eleanor R. Martin

Watch for Turtles

Early June, or about the time Orange Hawkweed (sometimes called Indian Paintbrush) is blooming is the time when turtles lay their eggs. Almost every turtle you see on the roads will be a mature female, looking for the sandy roadsides to dig into and lay eggs. If these turtles are hit and killed, not only are they taken out of the population, but all their future generations of offspring will be gone as well. These breeding females are the most vulnerable of the population and also the most important to the species.

Five different kinds of turtles have been documented on the reservation. Three of those are very rare, although one is scarce on the reservation only because it is a turtle of large rivers, like the Wisconsin River and seldom is found in smaller rivers like the Red River. That is the Common Map turtle.

The "common" turtles are the Painted turtle, (sometimes called a mud turtle) and that one has a smooth shell and orange strips on the neck and legs. The snapping

turtle is the largest turtle and is common in the rivers and ponds, although as large females get taken out of the population, they too are becoming rarer than before.

Two endangered turtles that are also here are the Wood Turtle and the Blanding Turtle. These are rare across the entire great lakes region where they reside. Wood Turtles only live in clean fast moving small rivers and because so many roads follow these rivers, and so many adult females get killed trying to lay eggs, they have become very rare. They formerly collected for other reasons and have been driven to extinction in many areas.

Blanding turtles are like a large box turtle and like areas like the golf course where a number are seen every year. They are a friendly turtle and have a very smooth bluish shell often with faint yellow spots and they always have a bright yellow throat and chin.

Please protect all turtles as well as their nests if you see one digging to lay eggs.

Greg Bunker, Manager
Stockbridge-Munsee Community



Constitution Committee

We have walked atop the shoulders of many that have worked diligently for the past 12 years passing petitions and surveys, meeting with S-M Tribal Enrolled Members and sending out invitation to come be a part of the constitution committee. We have seen many of our participating members walk on, yet in their passing, it has raised our awareness and strengthens our hope that our efforts to not be in vain, to complete this constitution we started together. We have gained input from members and surveys to help us understand what is in the best interest of the community of our people. We have heard various ways to put together this constitution to make it better and we have tried to be accommodating but there comes a time that decisions must be made and this committee has to make those tough decisions.

Abraham Lincoln said it best: "you can please some of he people some of the time, all of the people some of the time, and some of the people all of the time, but you can never please all of the people all of the time." In order for our Tribe to move forward, it is necessary to remove the control of the Bureau of Indian Affairs (BIA from the internal policy (constitution) of our government and our people. Who knows best on how we would like to live, our people or the BIA? We ask your support and trust to move forward in the best interest of us all.

In closing, We do not hesitate to ask for your support with a "YES" vote for the upcoming "Secretarial Election." In order for our Tribe to move forward it is necessary to remove the control of BIA, our 18

year olds are intelligent enough to vote and become involved in the process. All "Tribal Members" should be allowed to vote on the "law of the land" (Constitution) that govern them.

We encourage you to search your soul and vote for progress so that our government can move forward and complete the journey of self-determination. If any amendments are to be made it has to come from YOU the PEOPLE! This is your opportunity to make it happen with this very important "Historical Secretarial Election". Work will certainly continue for future existence of this committee and the tribe. We can do "one amendment at a time" or combine a few amendments and get a jump start and accelerate the process. No losers in this election, only winners! Why?, because we will have direction from the people.

Every attempt possible will be made to keep you informed. Thank You for your time and effort and if you have any questions PLEASE feel free to call the following people from the «Constitution Committee» Wayne Malone, Sr, 715-851 9411, Robert Little, 715 787 2535, Jo Ann Schedler 715 787-4788, and Elaine Jacobi, 715 793 4291.

We are ready to reach out and help you. This process can be overwhelming and help is needed so do not hesitate to ask. You have a right to be a knowledgeable, informed, voter We all have a voice, the majority rules but the minority also have rights and will continue to be involved. See you at the polls!

Personal Onsite Wastewater Treatment Systems

Through this program all Stockbridge Munsee Tribal Members living on the Reservation or in Shawano or Menominee Counties will have the opportunity to have their septic tank pumped and have the tank and drain field inspected at no cost. We plan to devise a list of deficiencies with each individual system and then have them repaired at no cost to the home owner. The inspections will take place in the summer of 2014 and the repairs, if needed, will take place in the summer of 2015. We are having some

trouble determining the type of wastewater system the following people may have and ask that the people on the list below please call the Housing office so you are included in this program.
Bennet, Eugene Gilbert
Burr, Patricia Ann
Davids Jr., Glenn Lee
Garczynski, Heidi Ann
Hayes Jr., Harold Gust
Pecore, Richard James
Rudesill III, Thomas Allen
Rusch, Jerri Lenore
Sparks, Anthony Glenn
Zelten, Megan Joy

If your name appears on this list please call the Stockbridge Munsee Division of Community Housing at 715-793-4219.

TACONIC SUBDIVISION LAND ASSIGNMENTS AVAILABLE
Land & Enrollment Department will be ACCEPTING APPLICATIONS
13 LOTS AVAILABLE

*APPLICATIONS WILL BE DATE & TIME STAMPED
& ACCEPTED ON A FIRST-COME FIRST-SERVED BASIS*
* ALL ASSIGNEE'S MUST SUBSTANTIALLY COMPLETE A
DWELLING WITHIN 2 YEARS OR THE ASSIGNMENT WILL REVERT
BACK TO THE TRIBE FOR REASSIGNMENT.*
APPLY AT THE LAND & ENROLLMENT OFFICE
QUESTIONS OR CONCERNS CALL
(715) 793-4869 OR (715) 793-4671

Elder Wisdom



Fae Joyce Church

Beloved mother, grandmother, great-grandmother, great great-grandmother, sister and special auntie Fae Joyce Church, went to be with her creator on June 3rd, 2014. Fae was born on March 24, 1924 in Shawano to the parents of Fred and Alfarata (Abrams) Church. The family moved to Janesville while young where she attended the Wisconsin School for the Blind. She was an accomplished pianist and shared her love of music and the lord with all. She attended the Assembly of God Church in Morgan Siding, The Lutheran Church of the Wilderness in Bowler, and the Stockbridge Bible Church in Bowler, where she was deeply loved and honored the many requests to share her

musical gift with a hymn or 2 on the piano. Fae's gifts and talents were showcased in her younger years on 3 albums on which she did the arrangements and the piano music for The Gospel Aires. She traveled and testified with the group for many years, as far away as Florida.

She is survived by: her brother, Fred E. Church of Afton, WI; Sister, Joyce M. Church of Janesville, WI; Son, Carl D. Church of Bowler, WI; Daughter, Elsa (Arnie) Kosbab of Bowler, WI; Grandchildren, DeAnna (Ron), Darrin (Terri), Danny, Midget, Little Man (Connie), Gary, Ginger, Scott (Sandra), Brian (Pam), Shawn (Lory), Chris (Vicki), Arnold, Elisa, Wanonah (Johnny) and Sarah; along with many many great-grandchildren and some great great-grandchildren.

She was preceded in death by: her parents, Fred and Alfarata; her brothers and sisters-in-law, Sid (Sarah), Gordon, Leroy (Betty), Earl (Rosella) and Carl Church.

Funeral services were held on Monday, June 9, 2014 at the Assembly of God Church in Morgan Siding. Visitation was held at the Swedberg Funeral Home in Gresham on Sunday, June 8th, 2014 and at the church on Monday from 10am until the time of the service. Inurnment will be at the Milton Memorial Park in Janesville. www.swedbergfuneralhome.com



Verna C. Johnson Miller

Verna C. Johnson Miller, age 77 of Bowler, passed away Friday, May 30, 2014 at her home surrounded by her loving family. Born on November 27, 1936 in the Town of Red Springs, she was the daughter of the late Leonard and

Virginia (Mohawk) Johnson.

Verna was married on March 12, 1955 to Charles Terrio Sr. for 13 years. On August 7, 1976 she was united in marriage to Arvid "Babe" Miller, Jr. He preceded her in death on May 5, 1997.

Verna was the first Tribal Employee of the Stockbridge-Munsee Tribe.

She was also the first nurse hired at the Stockbridge Munsee Clinic. Verna always took care of other people and even acted the part of a first responder before there was such a thing. She would make house calls if needed and would welcomingly accept the sick and injured at her doorstep during all hours of the day and night.

Later, Verna ran a daycare for her grandchildren in her home. Verna was a member of the Lutheran Church of the Wilderness and was the first woman to act as Church Council President. She was a Peacemaker for the

On the Trail Home



Marsha I. Kotlov

Marsha I. Kotlov, age 53 of West Allis, passed away Sunday, May 25, 2014 in Milwaukee. Marsha was born on October 9, 1960 in Milwaukee to the late Charles Gardner and Joyce (Doxtater) Gardner, Schultz. She lived most of her life in the West Allis area where she was raised in the loving home of Victor and Esther (Sniederman) Wolkomir. Marsha worked in logistics for Milwaukee County Court House until retiring. When not at work, she enjoyed camping, especially on Memorial Day weekend on her land in the Town of Red Springs. She also enjoyed geology, oceanography, and collecting rocks and many fossils, as well as attending Stockbridge-Munsee Pow-Wows.

Marsha is survived by: her son, Alexander Kotlov of Milwaukee; 4 siblings, Edgar "Mort" Gardner Sr. of Bowler, Kathryn Gardner Robinson of Bowler, Dan (Gin) Gardner Robinson of Appleton, and Larry (Kris) Gardner Schultz of Albany, WI; Marsha was loved and will also be missed by aunts and uncles along with numerous nieces and nephews; Her significant other; Michael Mohan of West Allis and his family, uncle, Rev. Robert Gloudeman, Archie & Birdie Mohan, Dan &

Stockbridge-Munsee Tribe, Judge of the Election Board, Health Board Member and a Housing Commissioner.

Verna is survived by: her children, Terrie K. Terrio of Bowler, Bonnie (Kirby) Welch Sr. of Bowler, Charles (Michelle) Terrio III of Kroenwetter, William (Rhianne) Terrio of Bowler, David (Jennifer) Terrio of Gresham, Verna (Michael) Micik of Shawano, Angel (Jeff Zobeck) Miller of Gresham, Virginia (Jason) Hietpas of Shawano;

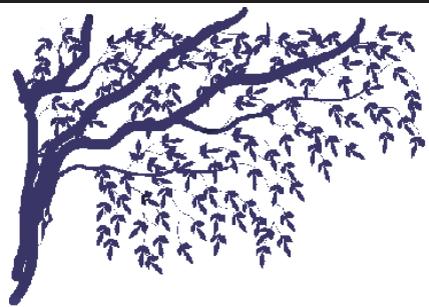
Frances Mohan, Adam Lyman and Ann Marie Krippner.

Marsha was preceded in death by: her biological parents, Charles Gardner and Joyce (Doxtater) Gardner, Schultz; her mother and father, Victor and Esther Wolkomir; a brother, Mylan K. "Mike" Gardner Sr.; and a sister, Patricia J. Gardner Azzolina.

Funeral services were held May 30, 2014, at the Lutheran Church of the Wilderness, Bowler with the Pastor Melinda Shriner officiating. Visitation was held at the residence of her niece, Oleya Gardner on Thursday. Her nephews; Frank Azzolina, Sr., Mylan "Mike" Gardner Jr; Edgar "Mort" Gardner Jr.; Charles Gardner, Casey Van Boxtel and Michael "Mike" Gardner escorted their aunt to her burial in the Red Springs Cemetery. The family wants recognize special appreciation and acknowledgment to, Uncle Guy "Tooky" Moede, Uncle Jerry Moede, Uncle Merle 'Butch' Moede, and Lowell Cornelius, supplying the wood for her fire and food they dropped off. Also very special thanks to Karl Kaquatosh for being the fire keeper, and tending the fire throughout the visitation. Jeremy Mohawk blessed her journey in native prayer along with performing the Pipe ceremony and Pastor Melinda Shriner with the blessings and prayer for the family. Sister Kathy and niece Mellody Van Boxtel, with a friend of the family Dawn Espinoza, stayed at the home with Oleya throughout the visitation. Dawn also orchestrated the music at the church service.

After the ceremony and burial the family and friends met at the residence of her nephew Frank and Shirley Azzolina with brother Dan Gardner Robinson who hosted a wonderful meal for those who traveled and celebrated Marsha's life. Swedberg Funeral Home in Shawano is assisting the family with the arrangements. www.swedbergfuneralhome.com

a step-daughter, Keri Miller of Shawano; 29 grandchildren, Ken, KJ, Genna, Martin, Charlie, Ginny, Toban, Dakota, Dan, Andy, Syllas, Tia, Autumn, Rick, Mitchell, Aurora, Odessa, Manny, Charlee, Rose, Marley, Jaxsyn, Nick, Marcel, Sarah, Rupert, Mariah, Brooke, Devon and Rhiannon; siblings to her children, Scott Terrio and Ganelle Naud; 25 great-grandchildren; a brother, Leonard (Roxanne) Johnson of Gresham; **Verna continued on page Ten:**



Misty's Traditional Medicines



RABBIT OIL

Native Word, Mooshkiingwuskaanoos

This is used to help clear up an ear ache. Heat rabbit fat up in a pan until it turns into oil and pour into a glass jar where it can be kept for later use at room temperature. Warm up oil slightly and dropper into the affected ear. This only needs to be done once.

The fat from a rabbit that has been hunted for food is cut off, gathered, and used for this purpose. It is just one of the ways that our people used all the parts of an animal for a purpose in addition to eating the meat for sustenance.

RED CLOVER



Red Clover
Photo taken in July

Dave Besaw said, "Red Clover was used by Granny Gardner to treat Ella for Erysipelas, a rapidly spreading skin Infection causing inflammation, blisters, nausea, and vomiting. Granny made a tea out of the whole plant and this cured Ella."

Dosage

The dosage is one tablespoon of red clover steeped in one cup of water. Drink three cups per day until symptoms are gone. This tea can be stored in the refrigerator for two weeks.

Red Clover can also be used to ward off spiders from your house by placing a bowl full of red clover in all four corners of the house. Spiders do not like this and will stay away. Refresh the red clover once a week.

Gathering

Red clover can be gathered all summer long in fields. Pick the entire plant excluding the roots and hang them to dry for about two

months where they will be ready to be broken up and stored in a glass jar for the year.

RED RASPBERRY LEAVES (WILD)



Red Raspberry Leaves (Wild)
Photo taken in July
Native Word,
Lehlookihlaashwaniip(a)kwal



Dried red raspberry leaves in a birch bark basket

A tea is made out of the wild red raspberry leaves to help lower blood sugar levels. Dave Besaw recollected that Ella said, "This tea will help you so you don't have to go on the needle." Meaning using raspberry tea may help prevent the need to use insulin. Both Ella and my Grandma Mary used raspberry tea daily for their diabetes. They always had good blood work results when they went to the doctor thanks to the raspberry leaves. My Grandma Mary believed that eating a bowl of oatmeal, drinking red raspberry leaf tea, and eating right every day would keep diabetes under control.

Gathering

The leaves can be gathered anytime in the summer once the leaves are fully grown before the berries come from about June to July. The leaves are picked and can be laid out on sheets to dry or dried in baskets for about two months where they can be kept in glass jars for use throughout the year.

Dosage

One tablespoon of raspberry leaves is steeped with one cup of water for the tea. Drink up to three cups of tea every day. This tea can be refrigerated for up to two weeks.

RED WILLOW TREE BARK



Red Willow
Photo taken in August
Our people call these "Red Whips"

Gathering

Red Whips grow in swampy areas and can be noticed very easily by their distinct red color growing abundantly to be about five feet high all around this area along rivers, lakes, and in swampy areas. They are very easy to identify in the late fall to spring months because the bark is a very bright red color. In the summer the bark turns green and is less easy to see. They can be gathered all throughout the year by cutting them down and shaving off the bark.

Preservation

This bark can be dried for about three months and preserved in a glass jar or it can be gathered at any time of the year to use as needed.

Usage

Red Whips are used to make a tea wash for sore eyes. The entire bark is shaved off and one tablespoon of bark is boiled in ½ cup of water for about fifteen minutes, strained, and cooled. Then a white cloth is dipped in the tea and dabbed onto the eye. Apply twice a day until eyes feel better.

Red Willow is also a cure for hemorrhoids by making the same tea warmed and dabbing it on the hemorrhoid. Apply this twice a day until they are cleared up.

Both of these washes can be stored in the refrigerator for two weeks.

GARDEN SAGE



Sage (Garden)
Photo taken in August
Native Word, Wtupwaskw meaning cooking weed

Gathering and Preservation

This is the garden sage that is used for seasoning food. It is grown in gardens, grows wild, and can be bought in the store.

This can be picked after it is fully grown in July-August and dried by binding it and hanging it for use throughout the year. It can also be stored in a glass jar.

Usage

Sage is used to cure night sweats by steeping a tea of one tablespoon of garden sage to one cup of water. This only needs to be taken once.

This sage can also be used to darken hair by using the tea as a hair wash, covering head, and sleeping with it overnight. This tea can be refrigerated for two weeks. Dave Besaw said, "Granny Gardner used sage on her hair."

SMOKE

Native Word, Ohpweewaakan

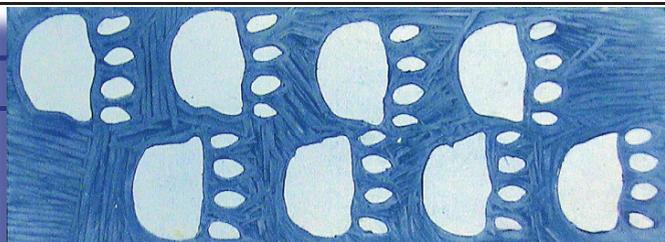
Smoke is used to cure an ear ache by gently blowing smoke directly into the affected ear. Dave said, "Cigar smoke works the best, but smoke from a corn cob pipe can also be used from any kind of tobacco."

Remember that in earlier times, the tobacco that they used was more additive-free than that of today. Try to use the most natural tobacco that is available to you. Personally, I use the smoke from a #6 (See # 6) Wild Bergamot stalk for this purpose.

Next issue:
WILD STRAWBERRY LEAVES



Arvid E. Miller Library Museum



Bits of History

RECIPE FROM; Lydia Gardner (Konkapot) Dill Pickles
6 gls of water
2 cups salt
3 cups vinegar

Let come to a boil-wash the pickles dry them. Pack in fruit jars-put on top a pinch of dill. 1 tsp ground alum-2 small red peppers. This recipe is good for about 100 pickles. Cover with the boiling hot mixture and seal.

**Taken from April-May 1976
Quin-a-Montha News Letter
Recipes By Head Start Children**

FRIED EGGS
Put in pan, put in hammer, fry on stove. By John Benevides

WHITE ICE CREAM
Put in 2 cups chocolate, 1 cup sugar, and cook it for 2 hours and then put in 2 cups milk and eat it. By Steven Tousey

ORANGE JELLO
Pour it in first, pour hot water in the jello. Add sugar, pour the jello in the kettle, stir it around. Now you cook it. Stir it. Cook it 20 minutes. Put in another pan eat it. By John Jacobs

CHERRY PIE
1 gallon milk, 5 boxes of cherries. Put it in oven and bake it 5 minutes. By Matt Pohan

CHIP COOKIES
Put chips in bowl. Put in plate. Put in 5 cups of chili, put in black cake. Put in black frosting. Then bake it 5 times. By Joey Blum

CHOCALATE COOKIES
Put some peanuts and chocolate stuff and bake 9 hours and put in some dough and make it out of food and milk and make it out of toys. By Lyle Welch Jr.

COOKIES
Put sugar in my cookies, 1/2 of bread, 1/2 of crackers, put the other kind of crackers in the crispy ones. Pour chocolate in it. Get pan and put the cookies in the pan. Cook it on the table. Cook it 15 minutes. By Jerry Schrieber

COOKIE MONSTERS
5 cups of sugar, 5 packs strawberries, 5 cans cherries, 5 gallons milk, 5 pounds of butter. Put in pan and cook. By Michele Miller

CHOCOLATE COOKIES
Little bit sugar, little bit peanut butter, 12 eggs, 4 pounds butter, a lot of flour. Put in pan and cook them until the stove rings. By Jackie Hoffman

CHOCOLATE CAKE
Put candies and clowns and pepper and put some salt and flour and put white frosting on it. Cook it a long time. By Carol Welch

BROWN CAKE
2 cups flour, 2 1/2 quarts cocoa, 3 eggs, 4 cups sugar. Put in pan, put in stove, then eat it. By Twila Shawano

CROSS CAKE
Put frosting in, put cake mix, next put pudding, and make a picture on it. Bake it 3 minutes. By Selena Taylor

BROWN CAKE
Put a horse and flour and sugar in it. Bake a long time. Put a telephone on top of it. By Roberta Moede

SUGAR PIE
First take a bowl, a little bit of peanut butter, a knife full of butter. Put in stove and the clock will come on when its done. By Tesha Burr

BAGGIE PIE
Put water and carrots and cook it pretty good, and put in the freezer and eat it all up. By Gerald Miller

**Submitted by Yvette Malone,
From Arvid E. Miller Library/
Museum, History Records.**



Front Row: Leslie Kroening, Bernice Miller, Nikki Moede, Carmen Cornelius, Vicki Bowman, Rene Granquist, and Jackie Miller. Back Row: Ruth Guidinas, Dorthy Davids, Sheila Moede, Mark Davids, Fran Miller, Linda Kroening, Kay Miller, and Margaret Raasch.



Life on the Rez using the River to Swim as a Method to "Preserve Children."

Preserving Children, by Janet Moen

Ingredients:

- 4 Children
- 1 Bubbling Brook
- 2 Small Dogs
- 3 Handfuls of Pebbles
- 1 Large Grassy Field
- 1 Blue Sky
- 3 Buckets Full of Wildflowers
- 1 Warm Sun

Mix children with dogs and empty into grassy field, stirring constantly.

Sprinkle field with wildflowers.

Pave brook over pebbles and cover all with deep blue sky.

Bake in warm, never hot, sun.

Children burn easily, so test often.

When the children are nicely browned and laughing, they are right for setting away to cool in the bathtub; after ten minutes, take from tub and pat dry.

Place them at the table beside the cookies and lemonade.

Submitted by Betty Schiel



Flag Raffle

The Mohican Veterans are raffling off this "Painted Turtles" quilt at the 38th Annual Mohican Veterans Pow Wow.

The proceeds will help the Mohican Veterans purchase Memorial flags.

Tickets are two dollars apiece for a chance to win.

Drawing will be held at the close of the Pow Wow on August 10, 2014.



Isabella Stevens, a 2nd-grader at Bowler Elementary, trying her best to make a shot on the inflatable sports machine at a carnival held recently in the gym. Assisting is high school student Drew Payne. The event was sponsored by the school's PTCO.



6th-grade students at Bowler Elementary in front of the lagoon at Camp U-Nah-Li-Ya before their departure back home. They spent three days recently at the camp near Suring.

National Men's Health Month

Awareness

Prevention

Education

Family

Heart disease, such as coronary heart disease, heart attack, congestive heart failure, & congenital heart disease, is the leading cause of death for men in the United States. Prevention includes quitting smoking, lowering cholesterol, controlling high blood pressure, maintaining a healthy weight, controlling stress, limit alcohol, and exercise. Other factors to consider include:

- **Hypertension (high blood pressure) is one of the chronic conditions, along with obesity & high cholesterol that results in heart disease, the #1 threat to men's health.**
 - 1 in 3 Adults have high blood pressure
 - 1 in 3 Adults have prehypertension
 - 2 in 3 Adults are at risk for hypertension
- **Obesity can cause hypertension, diabetes, high cholesterol, and heart disease.**
- **High cholesterol is one of the leading factors in heart disease and stroke.**
- **Type 2 Diabetes is a major cause of heart disease & stroke.**
- **Lung, skin, prostate, and colorectal cancers are the top killers of men, 1 in 2 men will develop cancer in there lifetime.**

Men make half as Man Up! Schedule a checkup Today!

Guard your health your family depends on it.

Spring into Motion!

Benefits of Walking

1. Helps with weight management
2. It's accessible to everyone
3. Doesn't require special equipment
4. One of the easiest ways to get more active
5. Reduces symptoms of depression and anxiety
6. It's a low impact exercise
7. Lowers low-density lipoprotein (LDL) cholesterol (the "bad" cholesterol)
8. Raises high density lipoprotein (HDL) cholesterol (the "good" cholesterol)
9. Lowers blood pressure
- 10.Reduces the risk of some cancers
- 11.Helps reduce risk and aids with the management of type 2 diabetes
- 12.Improves mood
- 13.Helps maintain strong bones
- 14.Reduces your risk of heart attack
- 15.Reduces your risk of heart disease
- 16.Less likely to lead to injuries
- 17.Reduces stress
18. You don't have to pay for it
- 19.Builds aerobic fitness
20. Helps maintain lean muscle tissue

Bowler Pow Wow



Harold Katchenago



Mohican Veterans Color Guard



Head Dancers Lauren Putnam & Lane Schultz



Young Chiefs Drum Group



Nanapowe Drum Group



Intertribal Dances



Cassandra Komanekin



Natalie Gardner



Larry Madden & Lori Mueller



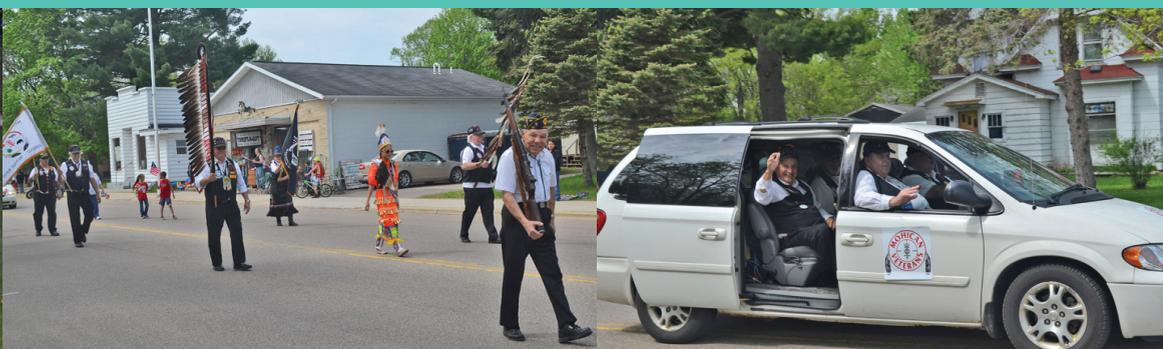
Charlene 'Char' Duranceau & Jane Morrow recently retired from the Stockbridge-Munsee Health and Wellness Center. Char left with 43 years in nursing and Jane left with 54 years.



Dr. Chapin recently retired as the Dental Director for the Stockbridge-Munsee Health and Wellness Center Dental Office.



Larry Madden & Jeff Huebel light the luminaries



Memorial Day Parade in Gresham



Jimmy Blankenship, Jr.



Diane Burr taught participants how to make a dream catcher at the May Language and Culture Feast.

There was chicken wild rice soup, biscuits, corn and berries as part of the pot-luck meal.



Employees of the Month for the month of March at North Star Mohican Casino Resort were Brenda Mainz, Marketing Department and Denise Buchberger, Security Department.



Wishing a Dazzling 70th Birthday to Judy Putnam Hartley!
Love always from your family!

Casino continued on page Ten: closely with local elected officials, labor, business and concerned citizens. Together, we have tasted sweet victory and bitter defeat. Who can forget the thrill of hope and anticipation we all felt in November of 2010 when Governor Paterson and Senator Schumer took to the stage to announce the Settlement Agreement which could have made the project a reality. We enjoyed overwhelming local support, we entered into comprehensive agreements with the Village, Town and County governments and with two Governors, but the final approvals remained elusive in Washington.”

Listed below is the timeline of the Tribe’s efforts to build a casino in New York:

- 2001 – Start of NY project;
- 2001 – NYS adopts law authorizing up to 3 tribal casinos in the Catskills;
- 2002 – Tribe enters into local agreement with Sullivan County;
- 2002 – Tribe submits applications to have land taken into trust in Sullivan County, NY;
- 2004 – Tribe signs settlement agreement for land claim with NY Governor Pataki that would authorize a casino in Sullivan County. Agreement fails to become effective;
- 2008 – BIA Assistant Secretary Carl Artman issues new guidance on taking off-reservation lands into trust for gaming and a day later denies the Tribe’s applications;
- 2008 – Tribe files court case appealing the denial;
- 2010 – Tribe signs settlement agreement for land claim with NY Governor Paterson that would authorize a casino in Sullivan County. Agreement is not approved by the BIA;
- 2011 – BIA revises guidance on taking off-reservation lands into trust for gaming and reinstates the Tribe’s applications;
- 2012 – Tribe submits materials to supplement and update its applications due to the passage of time;
- 2013 – NYS passes referendum amending its Constitution to legalize commercial gaming;

Verna cont from page Four: and 2 sisters, Bonnie (Les) Slater, Sr. of Bowler and Mary Cotton of Gresham.

Verna is further survived by: sisters-in-law, Sheila (Matt) Powless, Leah (Wabeno) Miller, Molly (Lloyd) Fredenberg, Kristy (Randy) Malone, Tammy (Roderick) Pecore of Bowler; brothers-in-law, Dick (Pat) Miller, Carl (Anita) Miller, Harvey Kroening all of Bowler; many nieces, nephews, cousin and friends.

Verna was preceded in death by:

2014 – Trading Cove New York and Tribe initiate the process to develop a commercial casino in NY;
June 5, 2014 – Trading Cove New York and the Tribe issue press release that they are ending more than a decade of efforts to develop a casino in Sullivan County due to changes in the market.

Len Wolman, Managing Member, Trading Cove New York said, “Over the many years, we have forged critical alliances, and more importantly, enduring friendships. Our relationship with the people of Sullivan County and their elected officials has been based on trust and respect because we have always been truthful and straight forward. It is time for some of that hard truth now.”

There are still 18 development groups attempting to secure four casino licenses that will be granted in three regions: the Albany-Saratoga area, the Southern Tier-Finger Lakes region and the Catskills and mid-Hudson River Valley.

Many Tribal members have expressed concern over the costs of the New York project to the Stockbridge-Munsee people. Tribal Treasurer Terrie Terrio said, “The Tribe was never at risk of losing money if this casino effort failed. Our developer, Trading Cove, is the entity that undertook the financial risk involved. If the Tribe was successful in our effort to build a casino we would have repaid some of those costs incurred in the development and other startup costs. Since the effort failed, we are not responsible for any costs associated with a casino.”

The President said the Tribe will determine the highest and best use of the site and will work with the Town and County to make productive use of the property.

“We sincerely thank the many people in Sullivan County for their support and friendship and wish them nothing but the best,” said Miller.

her husband, Babe; her parents; brother, George F. Johnson; mother-in-law, Bernice Miller Pidgeon.

A memorial service was held on Wednesday, June 4, 2014 at the Lutheran Church of the Wilderness in Bowler with the Rev. Melinda Shriner officiating. Inurnment is in the Stockbridge Indian Burial Grounds. Those who wish to stay after the burial are welcome to visit with the family. Swedberg Funeral Home is assisting the family with the arrangements.

www.swedbergfuneralhome.com

Memorial cont from page One: historian from the National Park Service; his talk was titled, “Valor on the Battlefield: Grief Back Home.”

Blankenship started his talk explaining that when there is a war, not just those fighting are injured, everyone feels the “reverberations”, from the front lines all the way home to the families who worry about and lose loved ones. He talked about two battles in Petersburg Virginia where Mohican soldiers were involved; the Battle of Shand House and the Battle of the Crater.

According to Blankenship, in the Battle of Shand House the confederates were driven from their first line of entrenchments back to Harrison Creek; he said it was a difficult battle for the Union soldiers because they were forced to cross the creek which left them in the open. In the Battle of the Crater, Union soldiers dug a tunnel under the confederates and blew off 8,000 of gun powder beneath a confederate armory.

After Blankenship’s presentation, a ceremony to honor Civil War soldiers was held on the lawn outside with 150 luminaries set in the shape of a medicine wheel and a wreath placed at the Mohican Veterans Memorial.

Names of the Mohican Civil War veterans were read and soil from the Shand House Battle was given to the Mohican Veterans and soil from the edge of the Battle of the Crater was given to the Menominee

Drug continued on page Ten: “As long as you’re not getting put in the ground like so many of my friends did, you get a second chance, you get a half a chance at life,” said Darby.

Alvarado talked to the group about how the Rise Together program offers hope through education and awareness, they talk to folks about the warning signs; resources for youth, parents and addicts; and bring light to the reality of drug abuse.

They also enlist the help creating the movement, “Taking it to the Streets.” They have shirts, bracelets, and other gear to help Rise Together push forward. Anyone who is interested can help by distributing flyers, posters, postcards, or joining in the community awareness campaigns to spread the message how substance abuse is impacting communities. Alvarado said street team members can earn points for Rise Together gear, concert tickets, and other local gifts.

According to Stockbridge-Munsee

Nation by Jimmy Blankenship, Jr.
On Monday, Mohican Veterans marched in the Memorial Day parade at Gresham, serving as either VFW Post members or the Mohican Color Guard. Mohican Veteran’s Princess, Ally Miller, and Gresham Community School Band also participated in the parade.

In addition, there was a brick dedication ceremony held at the Mohican Veterans Memorial with ten new bricks installed; each name was read and members of the family asked to stand and be recognized.

The new bricks are as follows: Robert Earl Woyak, Lewis S. Price, Bernard L. Price, Bruce Weimer, Luke Jourdan, Daniel Tousey, Hira Tousey, Merrill Fiddler, Jacob C. Chicks, and Thomas Jordan. The drums in attendance; Red River Singers, Sawanosaeh, and Nanapowe’ Singers provided honor songs.

In honor of the 150th anniversary of the Civil War, three members of the Sons of Union Veterans of the Civil War (Old Abe Camp #8), were in attendance dressed in Civil War garb. Commander, Kirby Scott, Jr. provided a short ceremony for the dedication of the civil war veteran bricks and the group provided the rifle salute near the end of the ceremony.

The ceremony concluded with Roger Miller playing taps, retirement of the colors and a pot luck meal in the Veterans Lodge.

Youth Activities Supervisor, Lai Lonnie Kosowski, six through 12th grade students participated in a survey after the presentation and results show many youth felt this presentation was so powerful because “They keep it real. Addiction, they lived it, got through it and still have to work to stay clean, that’s personal stuff that makes you really think.” They also believe, “RISE TOGETHER should do more presentations all around us in neighboring schools.

Kosowski said, “Our community youth know drugs are everywhere and many who participated in the survey answered “YES” to the question: Have you used drugs or alcohol? She said areas identified as needing to hear this presentation included: Wittenberg, Gresham, Antigo, Elcho, Shawano, CMN, Menominee, Keshena, the Rez, Wausau, Green Bay, down south, Milwaukee and Madison. Kosowski said Rise Together said, “We have received a good amount of messages from the class; some with some serious concerns. We hope to connect them with the right resources.”

Occupational Health Lunch Box Talks

This week we've been looking at various heat stress disorders that may affect us as the summer heat increases the temperature and humidity of our facility. During the summer, we must all take precautions to ensure our bodies don't get over heated.

Today we'll look at ways some factors that increase your likelihood of having a heat stress episode:

- Young or old age. Infants and children younger than 4 and adults older than 65 are at higher risk of heat exhaustion. The body's ability to regulate its temperature isn't fully developed in the young and may be inhibited by illness, medications or other factors in older adults. Both age groups tend to have difficulty remaining hydrated, which also increases risk.
- Certain medications. Drugs that affect your body's ability to stay hydrated and respond appropriately to heat including
 - *Those that narrow your blood vessels (vasoconstrictors, such as ergotamine)*
 - *Those that regulate your blood pressure by blocking adrenaline (beta blockers, such as atenolol)*
 - *Those that rid your body of sodium and water (diuretics, such as hydrochlorothiazide),*
 - *Those that alleviate allergy symptoms (antihistamines),*
 - *Those that calm you (tranquilizers, such as phenothiazines, butyrophenones and thioxanthenes)*
 - *Check with your doctor*
- Obesity. Carrying excess weight can affect your body's ability to regulate its temperature and cause your body to retain more heat.

Check out this link about fresh fruit and veggies:

http://www.fruitsandveggiesmorematters.org/wp-content/uploads/UserFiles/File/pdf/why/Storing_Fruits_Veggies_FINAL.pdf

What is the Triage Line? I Just Want to be Seen TODAY!

The triage line is a wonderful service available to all patients of the Stockbridge-Munsee Health and Wellness Center. The triage nurse's main job is to gather information about your health problem/complaint/condition and make the determination as to whether or not a same day appointment is warranted. Determination and priority of treatment is based on the severity of your condition.

Please be aware that there are a very limited amount of same-day appointments available each day so it is important that they are given to the patients who truly need to be seen within 24 hours. If you are not offered a same day appointment please understand that while you feel sick or feel your issue is emergent the nurse utilizes his/her education and training to determine which patients can wait and which patients need to be seen as soon as possible. We do want everyone to be taken care of and to receive the best healthcare but not everyone can be given appointments the same day they request them.

We also do not have "Walk-In" appointments available at the SMHWC. If you physically come here and request a same-day appointment you will still be triaged and there is no guarantee you will be seen the same day or right away in the morning because you are here. Please call first to avoid long waits. The triage number is (715)793-5087.

FOOD HANDLER'S TRAINING

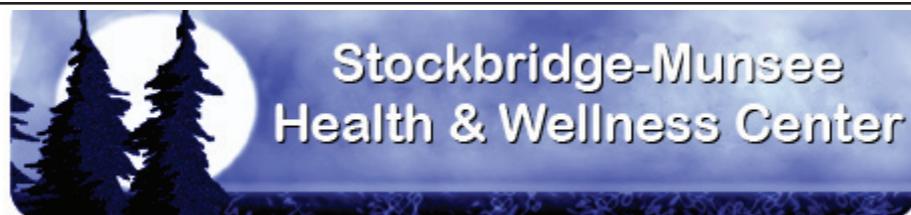
In order to meet the Stockbridge Munsee Community Tribal Food Code requirements for temporary food handlers, food handler's training must be completed and/or renewed every 2 years. New food handlers and those food handlers that are due to renew their training can now go on-line anytime to complete the required food handler's training course. The Albuquerque Area food handler's training course is available at <http://www.ih.gov/foodhandler>. The course is free of charge.

After successfully completing the training you will be able to print out a certificate of completion. A copy of that certificate must be provided to the Community Health Outreach department located at the Stockbridge Munsee Health & Wellness Center at W12802 County Hwy A, Bowler, WI. If you have questions, contact Margie Pieper (715-893-5006) or Julie Casper (715-793-5013). Training must be renewed every 2 years.

FSA Position Available

By Susan Savetwith
Mohican News Reporter

According to Shawano-Menominee County FSA Office Executive Director, Cheryl Bergold, there is a Farm Service Agency (FSA) position up for election for Western Shawano County this year. The local administrative area (LAA) position that is available includes the townships of Almon, Aniwa, Bartleme, Birnamwood, Fairbanks, Germania, Hutchins, Morris and Wittenberg. This is an elected position and nominations are open



Phacts From the Pharmacy - Tick, Tock – Tick season is here!

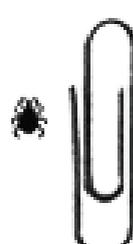
By: Rachel Branson, PharmD

With spring sprung and summer just around the corner, people will be spending more time outside, which means more exposure to ticks. Ticks are common in tall grass, thick brush, and wooded areas and are most active in the spring, summer, and fall months. Ticks can carry diseases, such as Lyme disease, so take care to protect yourself and your loved ones from tick bites.

Each year, more than 30,000 cases of Lyme disease are reported, and it is thought that many more are unreported. The Centers for Disease Control and Prevention estimates that as many as 300,000 people in the United States get Lyme disease each year.

What is a tick? A tick is a small, eight-legged creature. There are many different species that look different and can be different sizes. The deer tick (*Ixodes scapularis*), which is known to carry Lyme disease, is extremely small, with adults only about the size of a sesame seed. Oftentimes, people don't even know they were bitten by a tick.

Size of an adult deer tick relative to a paper clip



How can you protect yourself from tick bites? Wear long sleeves, long pants, and long socks when in an area likely to have ticks. Some in-

sect repellants will also help keep ticks away, including products with at least 20% DEET. DEET should not be used on clothes, however, so try a repellant containing permethrin on your clothes or gear for added protection. Permethrin can be effective on clothes and camping gear through several washes. Shower as soon as you get back from an area where ticks are common, and put your clothes in the dryer on high heat to help remove ticks. Check your body carefully for ticks, even in areas that were covered with clothing. Pets can also carry ticks, so be sure to check your pets as well.

Ticks will burrow into the skin before they bite and need to be removed carefully. Use a tweezers to grab the tick as close to the skin as possible and pull gently upward to ensure you don't leave any part of the tick in the burrow. Home remedies such as petroleum jelly, nail polish, or a lit match should NOT be used to remove ticks.

If you were recently in an area that likely had ticks and you develop symptoms of fever, headache, muscle or joint pain, extreme fatigue, or a rash, get to the doctor as soon as possible to be evaluated for Lyme disease and other tick-borne illnesses. If the tick was attached for less than 24 hours, your chances of getting Lyme disease are small, but other tick-borne illnesses can be transmitted faster. The appearance of flu-like symptoms in the summertime can indicate a tick-borne illness.

If your provider determines it is likely that you have Lyme disease or were exposed to a tick that could have given you Lyme disease, you will receive a course of antibiotics, usually doxycycline.

between June 15 and August 1. Elections are conducted between November 3 and December 1.

The election of agricultural producers to the FSA county committee is important to all farmers and ranchers whether a beginner or long-time producer, whether you have a large or small operation because the FSA county committee is a link between the agricultural community and the U.S. Department of Agriculture. Farmers and ranchers who serve on the committee apply their judgment and knowledge to help

with the necessary decisions to administer the FSA programs in their county, ensuring the needs of local producers are met. Local input is provided on federal programs such as: income safety-net loans and payments; conservation programs; incentive, indemnity and disaster payments; emergency programs; and payment eligibility.

Request nomination forms from the local Shawano-Menominee County FSA at 603A Lakeland Road, Shawano, WI 547166 or call 715-524-4812 ext. 2



Education

Bowler Graduates 2014



Back Row: Blade Richard Cameron, Trace Orland Miller, Jay Jon Onesti, Beau Patrick Brady, and Craig Alfred Chroge. Third Row: Brandon James Miller, Quentin Michael Rondeau, Blake Daniel Backes, Melanie Tala Everson, Jacob Carl Gutt, and Austin Reed Trinko. Second Row: Walker Riley Miller, LaKeisha Denise Williams, Aaron James Bestul, Morgan Fay Olson, and Jacob Wade Hoffman-Diestler. Front Row: Shanice Kayla Stevens, Ashlyn Olivia Gardner, Amber Dawn Miller, Chelsea Marie Shields, Opal Lyn Sisk, and LeShon Rae Grignon.

Guaranteed Scholarship for Graduating Seniors

Good News from the College of the Menominee Nation for Native American Students who are graduating from school this spring.

A new **Native Pathways Scholarship** has been established at CMN. Awards of \$500 are guaranteed to all Spring 2014 graduates who are enrolled members or descendants of an American Indian tribe and wish to attend the College of Menominee Nation full time in the Fall semester of 2014. **Descendants must have at least one grandparent or parent who is an enrolled tribal member.*

Recipients may attend either the CMN campus in Keshena or Green Bay, and may be in either an academic degree or technical diploma program. For more information contact Allison Waukau at 715-799-5600, ext. 3291 or awaukau@menominee.edu



Tribal Council Directives

On Tuesday, May 20th, 2014 the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following motions were made, carried, defeated or died.

APPROVAL OF AGENDA-
ADD: Back up information for

the Dental Department Budget Modification
ADD: Health Center UPS
Motion by to approve the Regular Tribal Council Meeting agenda of May 20th, 2014 as amended. Seconded by Shannon Holsey. Motion carried.

SPONSORSHIP REQUEST-NATOW-Ernie Stevens III, Executive Director

Motion by Joe Miller to approve the sponsorship request for NATOW Tourism of Wisconsin for sponsorship for the Annual NATOW Convention and another amount being equal to what the Tribe sponsored last year. Seconded by Shannon Holsey. Motion carried.

JOB DESCRIPTION-WIST Coordinator-Sherri Dessell, Executive Director of Human Resources and Steven Davids, Director of Economic Support

Motion by Joe Miller to approve the Waapasaanay Coordinated Serves Team Coordinator position description that is presented. Seconded by Jeremy Mohawk. Motion maker conquers with adding that the job description have that it is contingent upon grants. Second conquers. Motion carried.

UNSIGHTLY YARD WORKGROUP REQUEST-Linda Katchenago, Tribal Administrator

Motion by Joe Miller to approve authorization of the Land Management Office to pay for a dumpster to assist a Tribal Members to clean up yards with the understanding the Tribe will be reimbursed for the cost by the Tribal Member without having to seek Tribal Council Approval for each occurrence. Seconded by Jeremy Mohawk. Motion carried.

RFQ: PUBLIC WATER TESTING-Linda Katchenago, Tribal Administrator and Delwar Mian, Director (Clinic)

Motion by Shannon Holsey to go along with Linda Mohawk-Katchenago, Delwar Mian and Brian VanEnkenvoort request to send out an RFQ to have independent lab collect water samples from a softened and non-softened water source within the testing the testing sites and test analytes and provide an independent report of the findings. Seconded by Jeremy Mohawk. Motion carried.

NAME CHANGE FOR CONTRACT HELATH-Delwar Mian, Director (Clinic)

Motion by Shannon Holsey to adopt resolution 031-14, now therefore be it resolved, the Tribal Council hereby changes name of the Contract Health Services Department at the Stockbridge-Munsee Health and Wellness Center to now be the Purchased/ Referred Care Department; and be it further resolved, the Tribal Council authorizes tribal staff to make all appropriate changes to job descriptions, forms, handouts and other materials so that they refer to the Purchased/Referred Care name, instead of the CHS name; and be it finally resolved, the Tribal Council authorizes that, without further approval being

necessary, the CHS name be changed to Purchased/Referred Care ("PRC") in all applicable health policies, which include, but are not limited to the following policies:

- #CHS0002, CHS Eligibility
 - #CHS0004, Refunds Requests
 - #CHS0006, Residency Policy
 - #CHS0007, Tribally Funded Referral Services
 - #CHS0008, Bariatric Surgery Policy
 - #CHS0009, CHS Referral Signature Exempt Policy
 - #CHS0010, Court Ordered Assessments and Test
 - #CHS0011, TPSP Policy for CHS Funds
 - #CHS0012, TPSP Policy for TFRS Funds
 - #CHS0013, Audiology Service and Hearing Aide Eligibility
 - #HEA0001, Court Order Testing Policy
- And Medical Priority Guidelines. Seconded by Joe Miller. Motion carried.

BUDGET MODIFICATION: Dental Department-Delwar Mian, Director (Clinic)

Motion by Shannon Holsey to go along with Delwar Mian, Director of Health Services and Dr. Chapin recommendation and approve budget mod #1 for the Dental Department which includes decreasing the Ortho Lab Training Expense, Travel, Fringe and Mileage and increasing Salaries and Supplies to support the Office Manager in the Painless local anesthetic system. Seconded by Joe Miller. Motion carried.

HEALTH CENTER UPS-Jason Hieptas, Interim MIS Manager

Tabled until next Council Meeting

RESOLUTION: TTPA Funding-Stacey Schreiber, Assets Office Manager

Motion by Joe Miller move to adopt resolution 032-14, now therefore be it resolved, that the Stockbridge-Munsee Tribal Council approves and authorizes the Tribal President or Vice-President to execute the Referenced Funding Agreement with the BIA, which is intended for Fiscal Year 2014. Seconded by Shannon Holsey. Motion carried.

SPECIAL LAND COMMITTEE MEETING MINUTES-Stacey Schreiber and Carmen Cornelius, Committee Members

Motion by Jeremy Mohawk to accept and approve the Special Land Committee Meeting Minutes of May 8, 2014. Seconded by Shannon Holsey. Motion carried.

REGULAR FORESTRY COMMITTEE MEETING MINUTES-Land Committee Member

Tabled until the end of the meeting

RESOLUTION: Limited Waiver of Sovereign Immunity-Rob Orcutt, Lead Attorney

Motion by Shannon Holsey to go along with Lead Attorney, Rob Orcutt

Directives cont on pg Thirteen:

Directives cont from pg Twelve:
and approve resolution 033-14, now therefore be it resolved that, the Tribal Council hereby waives the Stockbridge-Munsee Community's sovereign immunity to the extent necessary to allow enforcement in the courts of the State Wisconsin of this liability in accordance with section Wis. Stat. 66.0513 contingent upon recognition of the Stockbridge-Munsee Police Department by the Wisconsin Department of Justice as a certified law enforcement agency. Seconded by Jeremy Mohawk. Motion carried.

OUT OF STATE TRAVEL REQUEST-

Motion by Joe Miller to authorize Tribal Council representation out of state travel request for the June Mohegan Sun Summit. Seconded by Shannon Holsey. Motion carried.

EXECUTIVE SESSION-

Motion by Shannon Holsey to go into Executive Session. Seconded by Jeremy Mohawk. Motion carried at 5:35 PM.

Motion by Joe Miller to come back into Regular Session. Seconded by Jeremy Mohawk. Motion carried at 6:16 PM.

While in Executive Session discussion was held on some Legal Issues, some Land Acquisitions and Human Resource Issue.

Motion by Joe Miller to go along with Legal's recommendation to assume mediation that was discussed in Executive Session. Seconded by Shannon Holsey. Motion carried.

Motion by Joe Miller to authorize the Legal department to intervene in 14-CV-108. Seconded by Shannon Holsey. Motion carried.

Motion by Shannon Holsey to go along with Legal's recommendation and directly provide direct contact information for affected class members on the GCG and the OST and directly provide basic information that called the office regarding the process about inquiring about the IIM claims. Seconded by Joe Miller. Motion carried.

Motion by Shannon Holsey based on further review of the Gaming Compact in order to be compliant I make a motion to rescind the band waiver for M. Welch. Seconded by Jeremy Mohawk. Motion carried.

Motion by Shannon Holsey to take no action on H.R.'s request at this particular time and wait for consideration during the new wage scale adoption. Seconded by Jeremy Mohawk. Motion carried.

REGULAR FORESTRY COMMITTEE MEETING MINUTES-Larry Moede, Sr., Committee Member

Motion by Joe Miller to accept the Regular Forestry Committee Meeting Minutes of Wednesday, April 2, 2014 with the approval of the recommendations. Seconded by Jeremy Mohawk. Motion

carried.

ADJOURNMENT-

Motion by Shannon Holsey to adjourn. Seconded by Jeremy Mohawk. Motion carried at 6:20 PM.

On Tuesday, June 3, 2014, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken on the motions:

APPROVAL OF AGENDA-

Add: Selection of Pow-Wow Committee Member, ANA Panelist/ Out of State Travel Request and Personnel Issue (Executive Session)

Motion by Gregory L. Miller to accept the agenda with the additions. Seconded by Shannon Holsey. Motion carried.

TRIBAL FINANCIALS FOR FEBRUARY 2014-Amanda Stevens, Administrator of Finance

Motion by Shannon Holsey to approve the Tribal Financials for February 2014. Seconded by Jeremy Mohawk. Motion carried.

MOHICAN VETERANS' DONATION REQUEST-Robert Little, JoAnn Schedler and

Motion by William A. Miller to approve monies to come out of donations. Seconded by Shannon Holsey.

Motion maker amends motion to add: for the Mohican Veterans. Second concurs. Motion carried.

GMS MONTHLY REPORT, CASINO AND BINGO FINANCIALS - Brian VanEnkenvoort

Motion by Jeremy Mohawk to approve the GM's Monthly Report for April 2014, Casino Financials for April 2014, Bingo Financials for April 2014, as presented by General Manager, Brian VanEnkenvoort. Seconded by William A. Miller. Motion carried.

REVISED RAILBED REMOVAL PROJECT-Luke Hennigan, Hydrologist

Motion by Shannon Holsey to approve the Revised Mohican Nation Railbed Restoration Project. Seconded by Gregory L. Miller. Motion carried.

RFP: Little Star Car Wash-Rob Hendricks, Business Development Specialist

Motion by Joe Miller to authorize the RFP for the Little Star Car Wash as presented. Seconded by William A. Miller. Motion carried.

RFP: Equipment and Installation-Rob Hendricks, Business Development Specialist

Motion by Joe Miller to approve the RFP for Little Star Car Wash Equipment and Installation, as presented. Seconded by Jeremy Mohawk. Motion carried.

RFP: Expansion of Little Star-Rob Hendricks, Business Development Specialist

Motion by Joe Miller to authorize the RFP for Little Star Convenience Store addition. Seconded by Shannon Holsey. Motion carried.

CAPITAL ITEM REQUEST: LP Tanks-Rob Hendricks, Business Development Specialist

Motion by Shannon Holsey to go along with Rob Hendricks, Business Development recommendation for the Capital purchase of 37 LP Tanks, not to exceed \$39,664.00 and for it to come out of LP revenues. Seconded by Jeremy Mohawk. Motion carried.

CAPITAL ITEM REQUEST: LP Trailer-Rob Hendricks, Business Development Specialist

Motion by Shannon Holsey to go along with Rob Hendricks, Business Development request for capital expenditure for the LP Trailer repair in the amount of \$8,581.23, to come out of current revenue operational budget. Seconded by William A. Miller. Motion carried.

PROPOSED REVISIONS TO CHAPTER 40-Bridget Swanke, Staff Attorney

Motion by Shannon Holsey to go along with the our Legal Attorney, Bridget Swanke and post the proposed revisions to Chapter 40, Land Ordinance, for 30-days. Seconded by Gregory L. Miller.

Motion maker amends motion to include: with the approval of the Land Committee minutes. Second concurs. Motion carried.

LAND MEETING MINUTES-Larry Moede, Land Committee Member

Motion by Joe Miller to accept the Land Committee Meeting Minutes, May 20th, 2014, as presented. Seconded by Shannon Holsey.

Action taken:

Approval of the Land Relinquishment of Jody Hartwig, 5 acres in favor of Matthew Mohawk, which reads: E1/2, NW1/4, NE1/4, NE1/4 of Section 22 Red Springs T28NR14E, five acres more or less.

Approval of the following land assignment application of Matthew Mohawk, which reads: E1/2, NW1/4, NE1/4, NE1/4 of Section 22 Red Springs T28NR14E, five acres more or less.

Approval of the following land assignment application Brian Stevens, which reads: N1/2 of the SE1/4 of the NE1/4 of the NW1/4 of Section 30 Red Springs, T28N R14E, approximately five acres more or less.

Approval of the following land assignment application of Alice Demjen, which reads: measuring from the NW corner of Section 9 Barthelme T28N R13E, then East down centerline of Putnam Lane 285 ft. to POB then South 260ft, East 175 ft., North along Moh He Con Nuck Road, 268 ft. then West 258 ft. back to POB, approximately one acre more or less.

Approval of the revisions made to Chapter 40, the Land Ordinance. Motion carried.

HEALTH CENTER UPS BACK UP ISSUE-Jeremy Mohawk, Council Member

Motion by Shannon Holsey to go along with the recommendation of Jason Hietpas and Jeremy Mohawk, for the Health Center UPS, to approve reallocating the funding for the email project in the MIS Capital budget, for replacement of the UPS Unit at the Health Center, to approve the vendor of CCCP. Seconded by Jeremy Mohawk.

Motion maker amends motion changing monetary figures. Second concurs. Motion carried.

POW-WOW COMMITTEE SELECTION-

Motion by Joe Miller to appoint Donna Jean Church to the Pow-Wow Committee. Seconded by Shannon Holsey. Motion carried.

PANELIST REQUEST/OUT OF STATE TRAVEL-Shannon Holsey, Council Member

Motion by Joe Miller to authorize the Council travel request for the ANA Head Start, Washington DC trip, as requested. Seconded by Jeremy Mohawk. Motion carried.

EXECUTIVE SESSION-

Motion by Shannon Holsey to go into Executive Session. Seconded by William A. Miller. Motion carried at 5:30 PM.

Motion by William A. Miller to come out of Executive Session. Seconded by Gregory L. Miller. Motion carried at 6:12 PM.

While in Executive Session discussion was held on an internal audit report, Enrollment Minutes, an Enrollment Issue, Legal Issues and a Personnel Issue.

Motion by Joe Miller to have Tribal Staff work with the Executor of the Richard Edward Dwyer Trust and for Legal to draft the documents to accept the funds that Mr. Dwyer is donating to the Tribe. Seconded by William A. Miller.

Motion maker amends motion to include: in addition a proclamation be drafted for the acceptance of such funds. Second concurs. Motion carried.

Motion by Shannon Holsey to go along with the Legal Recommendation in Case 14CV12 and to proceed with Option 2. Seconded by Gregory L. Miller. Motion carried.

Motion by Joe Miller to accept the Enrollment Committee Meeting minutes of March 27, 2014. Seconded by Jeremy Mohawk.

Action taken:

Approval of the Tribal Enrollment Application of Xavier Pryce Barnes Approval of the Tribal Enrollment Application of Leland Randall Vele. Motion carried.

EXECUTIVE SESSION-

Motion by Gregory L. Miller to adjourn. Seconded by Shannon Holsey. Motion carried at 6:18 PM.

Discounted Wireless Service for Qualified Customers



Cellcom believes it is more important than ever to stay connected. Cellcom offers affordable and reliable wireless service through Tribal Lifeline. Tribal Lifeline is a federally subsidized wireless program. If you participate in certain government assistance programs and reside on Tribal lands, you may be eligible.

For \$14.95 per month, Tribal Lifeline customers receive:

- 1300 Anytime Minutes
- Unlimited Night & Weekend Minutes
- Free Incoming Text Messages
- Free Activation (a \$25 value)



To learn more about Tribal Lifeline, or to request an application, stop by any Cellcom retail location or call (877) 477-5222.

Activation at time of service required. Applicants must be 18, have a physical address, reside on tribal lands and participate in at least one state program as noted on the Tribal Lifeline application. Service not available in all areas. Participants must certify eligibility to receive Tribal Lifeline discounts and eligibility must be re-verified annually. Promotional phone subject to change. Prices do not include taxes, fees or other charges. Regulatory and other recovery fees charged on all service lines. An E911 fee or Police & Fire Protection fee charged on all service lines. The amount or range of taxes, fees and surcharges vary and are subject to change without notice. See retail location or www.cellcom.com/fees for details. Other restrictions may apply.

PINE HILLS

Golf Course & Supper Club



www.PineHillsGolf.net

Reservations & Tee Times at (715) 787-3981

Supper Club

Friday Nights 4:30-9pm
All-You-Can-Eat Fish \$12.95
Land and Sea Buffet \$14.95
Saturday Nights 4:30-9pm
Prime Rib Buffet \$18.95
Sundays 10am-2pm
Champagne Brunch \$11.95

*Additional weekly features updated on our website

Golf Course

Great Daily Rates
Amazing Northwoods Golf
Competitive & Fun Events
Memberships Available

Banquet Hall

Perfect For Your Reception
Catering & Bar Available
Up to 300 Guests

Check In On **facebook**



@ Pine Hills for Special Deals

Little House Portables Septic Service

- * Septic Tanks
- * Holding Tanks
- * Grease Traps
- * Dry Wells
- * Jetting & Steaming of sewer pipes
- * Inspections and Evaluations



Residential, Commercial

24-Hour Emergency

715-787-4464

Continued Progress in All Minority Communities Van Ert Electric Company, Inc.

Locations in: 7019 W. Stewart Ave., Wausau, WI 54401
(715) 845-4308
2000 Progress Way, Kaukauna, WI 54130
(920) 766-3888
1250 Carter Drive, Kingsford, MI 49802
(906) 776-1122

We fully and actively support equal opportunity for all people, regardless of race, color, religion, sex, national origin, or disability.

www.perrethomesinc.com



2013 Closeout Models
Don't Wait!!!

One of a Kind –
Starting At

\$46,000 Base Price

YOU HAVE TO CHECK THIS OUT



1100 VELD AVE
GREEN BAY, WI
TOLL FREE (866) 433-1442

Put your
business ad-
vertisement
here.

In the Mohi-
can News for
only \$6 per
issue!

Call us at 715-
793-4389.

MOHICAN LP GAS CO.

715-793-4832
Bowler, WI



- Service up to 25 miles from Bowler
- 24 Hour Emergency Service

- Residential and Business Accounts
- Wisconsin Energy Assistance Vendor

W13817 County Highway A P.O. Box 70 Bowler, WI 54416

For more information please visit www.mohican.com



GRESHAM HARDWARE

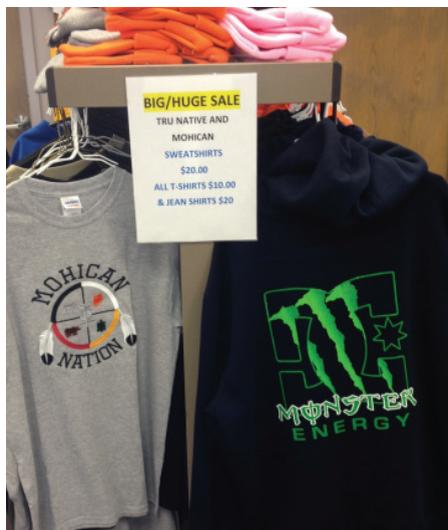
750 Commerce Way, Gresham, WI 715-787-3288



Get all your fishing supplies here!

Little Star Convenience Store

Your one stop shop for those hard to buy for and those not so hard to buy for on your Christmas List. Check out our apparel, coats, hats, lanyards, natural healing products as well as all our goodies. We carry great stocking stuffers. Check out some of our special markdowns.



We also offer Payroll Deduction for Tribal Full Time & Part Time Employees. Stop in and take advantage of our Current Special-spend \$50.00 on apparel and get the Employee Discount.

First National Bank



Bowler
Bowler – Wisconsin – 54416
(715) 793-5200
Bowler, WI and Tigerton, WI



Safety. Soundness. Strength.

Our basic mission

As your community bank, our basic mission is to provide you with a safe place to keep your money, a good place to have it grow, and a trusted place to borrow it. This has never changed. It never will.

Strength. Safety. Soundness. We will never forget our basic mission. We will never forget our commitment to you!

“Here to Serve All Your Banking Needs”

Each Depositor Insured to at least \$100,000

Open your account today!

FDIC

Hours: Monday - Friday 9:00 AM - 4:30 PM
Saturday 9:00 AM - 12:00 PM



Hot Food
Pizza Slices
Egg Rolls
Pretzels

Hours
6 AM - 12 AM
Daily

We feature
Native Threads
Apparel

Gift Certificates
Mohican Apparel is Back

Pop, Chips,
Candy & Nuts

W12140 County Highway A
Bowler, WI 54416
715-787-4070

Gas, Meds,
Dry Goods



Community Banking
the Way it Should Be.

Bay Bank is proud to bring
the dream of homeownership to Indian Country with the
Section 184 Indian Home Loan Program

If you are an enrolled member of a federally recognized tribe
or an Alaskan Native you may be eligible for the
Section 184 loan program.

Program Highlights

- ✓ Purchase, Refinance or New Construction
- ✓ Financing available on fee simple, tribal trust and individual trust land
- ✓ Low Minimum Down Payment
 - Loans \$50,000 or under 1.25% down
 - Loans over \$50,000 2.25% down
- ✓ No Private Mortgage Insurance (PMI) required
- ✓ 15, 20, or 30 Fixed Rate Mortgage
- ✓ No maximum income limits
- ✓ Flexible underwriting
- ✓ No minimum credit score

Contact a lender today!

920-490-7600

Apply online at:
www.baybankgb.com



Office of Native American Programs

2555 Packerland Drive • P.O. Box 10855 • Green Bay, WI 54307



Summer Time!
Start Walking Today!



Join the Many Trails Walking Club !

To sign-up call Amanda Miller-Kitson @ the Stockbridge –Munsee Health & Wellness Center @ 715-793-5064 or email: Amanda.miller-kitson@mohican-nsn.gov

To qualify, You must be one of the following:

- Live within the Stockbridge-Munsee reservation boundaries
- Stockbridge-Munsee enrolled or Descendent
- We also allow children age 6 & older to participate in this program.



Pick Your Truck!



QUALIFYING DRAWINGS

EVERY WEDNESDAY 8AM- MIDNIGHT

Every hour you could win \$150 in Free Play and an entry into the truck drawing.

FOOD SPECIALS

PASTA NIGHT, SUNDAYS - \$8.00

Served 4pm - 8pm at The Longhouse

SHRIMP & STEAK, MONDAYS - \$5.50

Served 4pm - 8pm at The Longhouse

\$5 MEAL DEAL, TUESDAYS

Served 11am - 8pm at The Longhouse

SHRIMP FEST BUFFET \$13, WEDNESDAYS

Served 4pm - 8pm, DINE IN ONLY, at The Longhouse

25¢ WINGS, THURSDAYS

Served noon - 9pm at The Groove

CRAB LEG BUFFET, FRIDAYS - \$14

Served 4pm - 10pm, at The Longhouse

GREAT AMERICAN STEAK OUT, SAT. - \$11

Served 4pm - 10pm, at The Longhouse



Bruce Larson Band

AT THE GROOVE

June 20 & 21



Diamond & Steel

AT THE GROOVE

June 27 & 28

SUNDAYS BINGO- SUPER SAVER SUNDAYS

6/15 - All men get \$10 off at the register

MONDAYS BINGO - VALUE NIGHT

WEDNESDAY BINGO

6/18 - \$18 Packs/ \$225 Payouts

6/25 - \$10 packs/ \$200 Payouts - Dbl Tickets

FRIDAYS - HALF PRICE BINGO

6/27 - June Birthdays Celebrated

Mon., Wed., & Fri. Sales 4pm
Early Birds- 5:30pm • Regular Session - 6pm

Friday Club Bingo - 21 and older
Sales 9:20pm • Games 10pm

Sunday Session, Sales at noon
Warm-ups 1pm • Early Birds 1:30pm
• Regular Session 2pm