




MOHICAN FAMILY CENTER RECREATION

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803				6-3:30 open gym for adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 5-7 Garden Crafts 7 Movie Night 6-9 Basketball	
	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6 Cooking Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 5 Pain meds/opioids 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 5-7 Garden Crafts 7 Movie Night 6-9 Basketball	
	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 5 Family Fun Night 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 5-7 Garden Crafts 7 Movie Night 6-9 Basketball	
	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 12-1 HIV awareness lunch 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 2:30 & 4:45 Strong Bones Exercise Class 4 Cribbage 6-9 Basketball	12-1 Noon-Ball 12 Fruit Tree Trimming 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 4:45 adult H2O aerobics 5 Illicit Meds 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 5-7 Garden Crafts 7 Movie Night 6-9 Basketball	9 COED VOLLEYBALL
	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 5 9 th -adult movie trip 7 Men's Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4 Cribbage 2:30 & 4:45 Strong Bones Exercise Class 6-9 Basketball	6-3:30 open gym for adults 12-1 Noon-Ball 4-5 K-8 th wrestling 4 Fly Tying 4 Cribbage 4:45 adult water aerobics 6-9 Basketball	6-noon open gym for adults Closed at Noon Good Friday	

SUBJECT TO CHANGE Call 715-793-4080