



The people of the waters that are never still

Vol. XXV No. 4

N8480 Moh He Con Nuck Road, Bowler WI 54416

February 15, 2016



Dir of Human Services

Alphia Creapeau is the new Director of Human Services. She will have oversight of the administrative and day-to-day operations of Human Service Departments that may include organizing the employees needed for the life cycle of a project; ensuring employees' professional conduct in all relations with clients, third parties, and other employees; and making sure projects' revenue and budget goals are met. Creapeau will also assist in the creation of program management plans and budgets, monitor employee progress (potentially including those in off-site offices), and delegate tasks to employees and third parties assigned to a program.

Alphia and her husband, Ray, have a daughter; Geraldine Sanapaw, and two sons, Lyle Welch, Jr and Ray Creapeau, III. They have 11 grandchildren and two great-granddaughters with a great-grandson to make an appearance soon. They also have an English Springer Spaniel named Bo. "I come from a family with seven sisters and two brothers," she added.

Creapeau has a BA in Elementary Education from St. Norbert College, Depere, WI, a MS in Education, Emphasis Environmental Science, St. Norbert College, Depere, WI, a MS in Management and

Director continued on page Six:



New Preservation Intern

Hau'olihiwahiwa Moniz is a new Historic Preservation Intern at Russell Sage College in Troy, New York, where she is majoring in Public Policy, Advocacy and Civic Engagement (PACE) with a focus in Hawaiian studies and minors in both Pre-Law and Psychology. Moniz is Kanaka Maoli (Hawaiian).

Hau'oli was born and raised in Kailua Town on the island of Oahu, Hawaii where she grew up in a very traditional household. She is a proud cultural practitioner and second language speaker. She says she is a traditional feather worker and make 'ahu'ula or feather capes, a skill that has been passed down to her by her mother and her mother before her. She says she is also a student of oli, traditional Hawaiian chanting, a student of la'au lapa'au, traditional Hawaiian medicinal plants and medicines, a hula dancer and a Hawaiian culture educator for the past three years.

According to Moniz, her love for her people is as endless as it is unyielding and thus their struggle has heavily shaped her role as an activist, a position she takes seriously. She says she was fortunate enough to be selected by the White House Initiative on American Indian and Native Alaskan Education's to fly to Washington DC in 2014 to meet with former

Intern continued on page Six:

Vele wins Special Election

Stockbridge-Munsee Special Tribal Election Certified Elections Results 2017

Tribal Council Members

Steven Davids	-	27
Terrie K Terrio	-	61
Scott R Vele	-	67
Regina Williams	-	17
Randall Wollenhaup	-	22
Write Ins	-	6
Total number of voters:		200



Jeff Vele, Election Judge
Roberta Carrington-Clerk
Stacey Schreiber-Clerk
Melissa Penass-Teller
Maggie Bennett-Teller

Certified & Signed by Stockbridge-Munsee Election Board Member's on February 4, 2017

Tribe Calls for Action



The Mohican North Star Casino Resort (pictured here) and the Stockbridge-Munsee Community stand to lose a considerable amount of income as a result of the expansion that is taking place in Wittenberg.

By Susan Savetwith
Mohican News Reporter

With the impending upgraded Ho Chunk Nation's casino and new restaurant, bar, and hotel which will expand the gaming floor with 272 additional slot machines with a new high limit area and non-smoking casino area, ten new table games, an 84-seat restaurant and bar and an 86-room hotel. The Tribe is calling on all members, employees, family and friends to sign a petition to stop the unlawful expansion.

The questions that arise which beg to question the validity of the upgrade being an ancillary facility are; will this truly be only one building? Will the non-gaming portion of the facility be equal to or larger than the gaming portion of the facility? Will the majority of the facility's revenue come from the non-gaming portion? If any of

these questions fail to comply with Ho Chunk's gaming compact with the state, then it is unlawful.

This is a real threat to the Stockbridge-Munsee Community and all its employees. If the Mohican North Star Casino Resort loses revenue, jobs and services will have to be cut. With the Ho Chunks moving forward, what can be done to stop them? One thing we can all do is go to <https://www.change.org/p/stop-the-unlawful-ho-chunk-wittenberg-expansion> and sign the petition to Governor Scott Walker.

Here's what the petition says:

"Dear Governor Walker:
I am writing you today as a concerned citizen and supporter of the Stockbridge-Munsee Band of Mohican Indians, to urge that you put a stop to the unlawful expansion of Ho-Chunk
Petition continued on page Six:

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SHAWANO, WI
PERMIT NO. 135



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Call for Papers : Dutch-Mohican relations

The Institute for American Indian Studies, a museum and research center in Washington, Connecticut recently hosted its 11th Native American-Archaeology Round Table. The Round Tables are annual conferences that focus on a theme of interest to indigenous peoples and archaeologists and other academics through public presentations and panel discussions by Northeastern professional researchers and Native American leadership. They were originally begun to promote communications among these groups, and to introduce the general public to indigenous thought and perspectives on American history.

This year's Round Table was entitled "Early Encounters: Dutch-Indigenous Relations in 17th Century Northeastern North America", and explored the varied early relationships between these indigenous nations and their European counterparts, as mutual sovereignties and as individuals. Speakers and panelists included Paul Gorgen (Kanatsiohareke Mohawk Community); Bonney Hartley (Stockbridge-Munsee Mohican Tribal Historic Preservation Office); Dr. Marshall Becker (West Chester University of Pennsylvania); Dr. Anne-Marie Cantwell

(Rutgers University); Dr. Diana diZerega Wall (The City College of New York/The CUNY Graduate Center); Dr. Charles Gehring (New Netherland Research Center); Richard Manack (New Netherland Nauticals); Dr. Kevin McBride (Mashantucket Pequot Museum & Research Center), Dr. John Pfeiffer (Town of Old Lyme), and Dr. Stephen Staggs (Calvin College). Organizer & Moderator was Dr. Lucianne Lavin (IAIS).

SUNY Press in Albany is interested in publishing the conference papers, and most of the speakers have agreed to submit their papers towards this end. I am in the process of writing up a book proposal. **But I would like very much to include a few more papers by indigenous authors, particularly Mohicans. The focus is Dutch-Indigenous relations, but the paper need not be stuck in the 17th century.**

Authors might discuss the effects of those early relations on indigenous history and culture, or on contemporary indigenous communities as well. Those papers dealing with the 17th century relationships could focus on the complexity of indigenous social and political organization (possibly including the complexity of inter-trib-

al politics) and how that effected (and were effected by) relations with the Dutch. Or the paper could compare indigenous relationships with the Dutch to those with the English.

I envision this book for a general public audience. As a long-time museum official, my experience with the public in regards to eastern tribes is that people know little about them, and the complexity and sophistication of their cultures, politics, and world views. And so I believe it is most important for indigenous authors to continually educate the public on these points. I do not need copy until early April, but I do need the paper title, ab-

stract, list of any possible graphics, and a short bio blurb of the author **sent by March 1st if possible.** Please submit those, with any questions you may have to my email below. Feel free to call me for further information.

Lucianne Lavin, Ph.D.
Director of Research and Collections

Institute for American Indian Studies
PO Box 1260, 38 Curtis Road
Washington, CT 06793
Tel. (860) 868-0518, ext. 109
FAX (860) 868-1649

llavin@iaismuseum.org

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Stylin' at Mr. B's is seeking a Stylist, Nail Tech, and Massage Therapist for the Gresham Area. Part to full time hours available. If interested, contact Annette at 715-787-4364.

Stylin' at Mr. B's – 960 Main Street – Gresham, WI 54128 – 715-787-3281

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Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
COMMUNITY
Band of Mohican Indians

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Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage.

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STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

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Upset with Exxon

Exxon is right in Mohican News with Stockbridge-Munsee Treasurer presenting bowler school principal a \$500 check to enhance their science, technology, engineering and math programs!!

They are dumping oil in the water and making it look like we support them; for \$500!!! I'm disgusted!

What is \$500 going to do when they are a 150-billion dollar company.

That's like a slap in the face!

You cannot drink oil,
Gloria Vele

registered or counted. Telephone calls (legally) must be counted and/or registered.

I did send my letter to Gov. Walker but I also called his office. Plus my Senator and State Representative's office regarding the Ho Chunk Casino.

I have also learned that sending a postcard is better than a letter if you don't have internet access and don't want to call.

Governor Walker's phone number is 608-266-1212, website is <https://walker.wi.gov>

A real person answered the Governor's number but I did have to wait a bit.

Keep the message short and to the point both and of course be polite ☺.

His website has an email form on it, that is easy to use.

I hope this information is useful for your readers and that the Governor does the right thing.

Sincerely,
Peggy Schiel Haueter



George Putz Memorial 2017 Student Writing Contest Begins with Call for Entries

Shawano Area Writers has launched its 11th annual George Putz Memorial Student Writing Contest with a call for entries. Letters have been delivered to schools and home-schooled groups announcing the 2017 contest for students in Shawano and Menominee counties. The contest deadline is March 31st.

Students compete in three grade groups: Grades 1-4; grades 5-8; and, grades 9-12. Students will compete in the categories of Poetry, Fiction and Nonfiction. The contest is funded through a generous endowment from George Putz, long-time Shawano resident and author. Each separate entry must have an entry form, but students can compete as much as they want. There is no charge to enter.

The contest judges are chosen from outside Shawano and Menominee counties. Judges

choose 1st, 2nd, and 3rd place winners in each category, and within each grade group. Each of the three winners in each age group receives cash prizes. Judges can award honorable mentions for student entries. All winners, including honorable mentions, receive certificates of achievement at the awards ceremony held at the Mielke Arts Center.

Rules and entry forms are available on the Shawano Area Writers website-www.shawanoareawriters.org. Entries can be sent by E-mail to dleepulaski@yahoo.com, or: Shawano Area Writers, P.O. Box 657, Shawano, WI 54166.

Members are available to speak to students about the contest and writing in general. From the website, teachers can select members of the group to contact about visiting their school.

Fellow Tribal Members:

I have become involved with a group of men and women trying to figure out how we can combat the current federal administration.

I have learned that phoning or emailing an elected official is the best way to register your complaint or support.

Letters take too much time to open, (some are subjected to the anthrax test) and not necessarily

Wisconsin Gaming Ancillary Facilities: One of these things is not like the other

In general, State Compacts define **Ancillary Facilities** as:

- (1) the facility must be **one** building; (2) the non-gaming portion of the facility must be **equal to or larger** than the gaming portion; and (3) the **majority** of the facility's **revenue** must come from the non-gaming portion.



Wittenberg Facility
(Proposed \$27M expansion)

- 772 slot machines (500 currently; 272 to be added in expansion)
- New 84-seat restaurant/bar
- New 86-room hotel
- New high-limit area
- 10 table games



Tomah Facility

- Gasoline and convenience store
- **Only 96 slot machines**



Travel Center (Pulaski)

- Gasoline and convenience store with groceries
- **Only 115 slot machines**



One-Stop (Green Bay)

- Gasoline and convenience store
- **Only 81 slot machines**



Hertel Express (Webster)

- Gasoline, convenience store and deli
- **Only 146 slot machines**



Elder Wisdom

On the Trail Home



Edgar A. Gardner, Sr.

Edgar A. "Mort" Gardner, Sr., age 70, of Bowler, passed away on Tuesday, January 24, 2017 in Shawano. He was born in the Town of Red Springs on December 25, 1946 to the late Charles and Joyce (Doxtator) Gardner. Mort enjoyed playing cribbage, horseshoes, golf, and listening to music. He also enjoyed, finding and pressing people's "buttons". He loved socializing with family

and friends, which included the occasional PBR.

Mort is survived by: his former wife, Sharon Creapeau Gardner; 11 children, Florence (Kenneth) Ninham, Sr., Jack Burke, Guy Allen Vallier, Cheryl Vallier, Mark (Glenda) Vallier, Raymond Vallier, Edgar "Mort" Gardner, Jr., Delores Gardner Meek, Charles Gardner, Violet Gardner and Thomas Gardner; his siblings, Kathryn Gardner Robinson, Dan (Gin) Gardner Robinson, Jeannie Shilts, and Larry (Kristine) Schultz. He is further survived by numerous grandchildren, great-grandchildren, great great-grandchildren, aunts, uncles, nieces, nephews, other relatives and friends.

He was preceded in death by his parents, one brother, Mylan K. "Mike" Gardner and two sisters, Patricia Azzolina and Marsha Kotlov.

Funeral services were held January 27, 2017 at Swedberg Funeral Home in Gresham with Rev. Roy Rinehard officiating. Burial is in the Red Springs Cemetery. www.swedbergfuneralhome.com



Diane D. Mattingly

Diane Dawn Mattingly, age 58, of Bowler, passed away on Wednesday, February 1, 2017. Diane was born in Milwaukee on October 14, 1958, the daughter of Marilyn (Pirwitz) Miller and the late Sherman Miller.

She was an accountant for the Stockbridge-Munsee Tribe and enjoyed cooking and crafting. More than anything, Diane loved spending time with her family.

Diane is survived by: two sons, Jamie and Jared Mattingly both of Bowler; two step-children, Jordan and Janet Mattingly; three grandchildren, Gavin, Jayden and Nolan; her mother, Marilyn Miller; two brothers, Mark (Thalia) Miller of Texas and Jeffrey (Mary) Miller of North Carolina. She is further survived by her special friends, David, Virginia, Toni and Lynne.

She was preceded in death by her father Sherman Miller.

Funeral services for Diane were held Monday, February 6, 2017 at Stockbridge Bible Church with Rev. Ernie Geeting officiating.

Swedberg Funeral Home is assisting the family with the arrangements. www.swedbergfuneralhome.com

Have the ID you need to vote? Check. If not, start the process for free ID to vote now

The Wisconsin 2017 spring primary election is weeks away, and the Wisconsin Division of Motor Vehicles (DMV) wants to be sure people know how to obtain identification, free of charge, that is valid for voting.

Most persons already have valid identification for voting purposes (driver license, identification card, military or student ID card, etc.) Anyone unsure if their identification meets the requirements should visit the [Wisconsin Elections Commission website](http://WisconsinElections.com) to check.

For persons who need identification to show at the polls for voting, DMV offers free IDs and has a voter ID Petition Process in place if required documents needed for an ID are not readily available.

Start now at wisconsindmv.gov or at a local DMV customer service center. DMV's website has a [locator to find the nearest DMV](#) and check wait times.

To obtain an official ID card, there are [documentation requirements](#) such as a birth certificate, but if all documentation is not available, the ID Petition Process can be used to quickly obtain a receipt valid for voting while the remaining documents or verifications are obtained. DMV offers this ID Petition Process service free of charge if needed for the purpose of voting.

Avoid the last minute rush, and get started on obtaining your free identification today.

Citizens Water Lobby Day Slated for Feb. 8

For the first time in history, Wisconsin grassroots groups and individuals are joining forces to advocate for citizen engagement in lobbying Madison for sound surface and groundwater protection. Called Citizens' Water Lobby Day, six busloads plus other organizers will converge at the Capitol Wednesday, February 8 to demand responsible water policy from their elected officials.

"This is our chance to help build a statewide coalition, to speak with our lawmakers about our water issues, and to help influence how water legislation is determined," said Don Ystad, from the Concerned Rome Citizens' group, a co-organizer along with Sustain Rural Wisconsin Network.

Ystad said the idea for the Citizens' Water Lobby Day started with an anonymous donation of six charter buses to get Wisconsin citizens to Madison for a legislator contact day.

The initiative has brought together grassroots groups and individuals who have come to the clean water fight through different avenues—concentrated agricultural farm operations (CAFOs), frac sand mining, pipelines, mines, high-capacity well, shoreland zoning and social justice.

"We intend to engage with our elected officials until we have absolute certainty that our water is protected from various forms of pollution," said Mary Dougherty, president of the Sustain Rural Wis-

consin Network and regional consultant for the Socially Responsible Agriculture Project. "February 8th is just the beginning of our presence at the Capitol and we're hoping citizens across Wisconsin will stand with us."

Civic engagement is the central theme and legislative staff will kick off the day with a boot camp for participants -- providing tips for effective citizen interactions with their elected officials. Criste Greening, board member of the Sustain Rural Wisconsin Network, is encouraging citizens to contact their representative ahead of time to set up a meeting time that day. "Hearing voting constituent's personal stories in person is much more powerful than a random email sent on behalf of an organization," Greening said.

Citizens' Water Lobby Day will be held on Wednesday February 8th from 11:30 AM to 3:30 PM in room 412 East (Joint Finance Committee room) at the State Capitol in Madison.

For more information, visit their event listing on Facebook (<https://www.facebook.com/events/240757196368636/>).

(Editor's Note: The poster for this event is on page Five of this issue of the Mohican News. While notice of this event is not timely for people to attend, it is intended as a public service to bring awareness of the issue and actions people are taking to address it).

Take care of your spirit the first thing in the morning.

(Dr. Barara Sizemore, an Educational Reformist, 1995)



Citizens' Water Lobby Day

Demanding Responsible Water Policy From Our Elected Officials

Please Join Us on Wednesday February 8th from 11:30 AM - 3 PM
in Room 412E at the State Capitol in Madison

Come browse information tables, connect with fellow citizens about water concerns, speak with legislators, join in the silent parade and learn how we can use our collective might to demand responsible water policy from your elected officials!

Reserve a seat (free of charge) on charter buses **HERE**.
(<https://goo.gl/forms/NdrVA9TkmVQQlcht1>)

Have Questions? srwnboard@gmail.com

Petition continued from page One: Nation's ancillary gaming facility in Wittenberg into a full-blown casino-resort. The expansion from an ancillary facility into a casino-resort is a breach of the Ho-Chunk Nation's gaming compact with the State of Wisconsin and will disproportionately hurt the Stockbridge-Munsee people.

The Stockbridge-Munsee's economic lifeblood relies on the revenue from the Mohican North Star Casino Resor, which is located only 16 miles from the already non-compliant Ho-Chunk Wittenberg site. This non-compliant expansion will ripple to the reservation's surrounding townships and Shawano County, because the Stockbridge-Munsee Tribe is the largest employer in Shawano County.

Director continued from pg One: Organizational Behavior, Silver Lake College, Manitowoc, WI, and a Ph.D. in Educational Leadership in Higher Education, Northcentral University, Prescott, AZ. She has held positions at Menominee Tribal School; as a Middle School Science Teacher, Team Leader, and Dean of Students, from 1990-2002, and 2004-2006. Creapeau was the Stockbridge-Munsee Tribal Administrator, from 2002-2004 and held positions at the College Of Menominee Nations as well. She was the Developmental and Preparatory Program Director, Department Chair Teacher Education, Chair Curriculum Committee, and as faculty taught

The Ho-Chunk Wittenberg expansion puts the future of the Stockbridge-Munsee at risk. While other Wisconsin tribes will also see multi-million dollar losses as a result of the Wittenberg expansion, the impact on the Stockbridge-Munsee is by far the greatest, with annual machine revenue at the Mohican North Star Casino Resor projected to drop by \$22 million, or nearly 37 percent, according to a recently commissioned economic impact study.

As a concerned citizen who supports the Stockbridge-Munsee Community and expects the Gaming Compacts to be enforced, I respectfully and urgently request that you put a stop to the Ho-Chunk Nation's unlawful Wittenberg expansion."

several courses in Teacher Education, Social Sciences, and Math & Science departments from 2006-2017.

Alpha loves watching her grandchildren grow and experience life, attending sporting events, the outdoors, hunting and fishing or just being out there in nature. She also loves gardening, sewing, and when not doing these activities she is reading a good book, advising a doctoral student, or cooking. "I am also community oriented through my membership on the Gresham School Board, Stockbridge-Munsee Education Board, Stockbridge-Munsee Fish & Wildlife Board," she added.

Intern continued from pg One: Secretary of Education Arnie Duncan to discuss the different challenges that native students face in Western academia. She has also participated in the most recent United Nations Permanent Forum on Indigenous Peoples (UNPFII) in New York City, where she read and submitted recommendations highlighting the importance of immersion schools and traditional education apparatuses for native students and their communities.

Hau'oli says as a very active member of her community, she has participated in many different demonstrations and marches on

behalf of her people and their lands. The most recent of these being the Aloha 'Aina Unity March held on Oahu, Hawaii, which would see over 10,000 Hawaiians and community members march as one to protest the desecration of their sacred mountain Mauna Kea.

"As a proud native woman I am humbled by this opportunity to serve both you and your community within my capacity as intern here at the Historical Preservation Office in Troy, New York.

Mahalo nui no keia manawa kupono makamae. Thank you for this precious opportunity" Moniz said

Grassroots Community Organization of Menominee Indian Tribe Holds Spiritual Gathering

Public Welcome to Join in Gathering to Honor the Water.

Marinette, WI, February 11, 2017: The Protectors of the Menominee River will host a spiritual gathering on Stephenson Island between Marinette, WI and Menominee, MI from 11:30 a.m. to 6 p.m., Saturday, February 11. This event is open to all.

This family-friendly celebration will feature hand drummers and prayers as the Protectors stand with the water against the Back 40 Mine proposed to be located immediately adjacent to the Menominee River and 40 miles upstream from Stephenson Island.

The location is the site of an ancient Menominee village and holds significant historical and cultural artifacts that would be lost if the mining project proceeds.

The Protectors of the Menominee River are organized to express opposition to the Back Forty Mine, a project of Aquila Resources, Inc.

This project has been on Aquila's agenda (and generated staunch local opposition) for well over a decade, but recently secured two of the permits it needs from Michigan's Department of Environmental Quality to move forward.

Groups in opposition are now escalating their resistance to the project and inviting the public to join in the effort.

This spiritual gathering will bring together people concerned for the health of the Menominee River and the purity of its water to join thoughts and raise voices in solidarity against harm to the river.

Feb/Mar 2017 *Updates from the Diabetes Program at the Stockbridge-Munsee Health and Wellness Center*

March is National Nutrition Month

March is National Nutrition Month. This is an educational campaign focusing on the importance of making healthy choices and developing sound eating and physical activity habits.



This years theme is "Put Your Best Fork Forward", reminding us all that each one of us holds the tool to make healthier food and activity choices.

February is American Heart Month: Heart Health and Diabetes

- **Take Care of Your Diabetes**
-You need to keep blood sugar in control for diabetes and heart health: test your blood sugar, eat the right amount of food, exercise, and take diabetes meds if prescribed.
- **Take Care of Your Blood Pressure (BP)**
-High blood pressure can damage your heart and blood vessels, goal is less then 130-80: get your BP checked, take BP meds if you are prescribed them, eat fewer salty foods, eat fresh foods.
- **Take Care of Your Cholesterol**
-Cholesterol can damage your blood vessels: eat foods with less fat and choose healthier fats, use less fat in cooking, bake or broil instead of frying, take cholesterol meds if prescribed.
- **Be More Active**
-Be more active every day, this can help with weight loss and a healthy heart along with good blood sugar control: walk, dance, garden, bicycle.

February Events

- **Make and Take:** February 7th and 21st 4:45pm at Food Distribution, RSVP to Casey Mitchell (715) 793-5006
- **Love Your Heart Day:** February 14th 10:00am-2:00pm in the lower level conference room at the clinic. Featuring heart health information booths, give away items, snacks, and more!
- **Diabetes Luncheon:** February 22nd 12:00pm in the Stockbridge-Munsee Health & Wellness Center featuring Dr. Turnbull focusing on Heart Health, RSVP to Casey Mitchell (715) 793-5006
- **Stroll In The Snow Walk:** February 28th 12:00-1:00pm at Stockbridge-Munsee Health & Wellness Center. Enjoy a short stroll outside on the pavement and join us for soup and hot beverages after in the clinic.

March Events

- **Make and Take:** March 7th and 21st 4:45pm at Food Distribution, RSVP to Casey Mitchell (715) 793-5006
- **Diabetes Luncheon:** March 15th 12:00pm featuring Casey Mitchell, RD focusing on National Nutrition Month, RSVP to Casey Mitchell (715) 793-5006
- **Diabetes Alert Day:** March 22nd All Day at Stockbridge-Munsee Health & Wellness Center. Diabetes Screenings will be available along with helpful information about diabetes.

Signs of Heart Attack or Stroke

- Chest Pain
- Shortness of Breath
- Sudden Weakness on One Side of the Body

***If you feel any of these signs, call 911.**

Family is the heart of Native American Culture

There is no other work more important than fatherhood and motherhood.

Our greatest happiness and greatest sorrow come from our relationship with our family. The purpose of life: To Have a Happy and Safe family. Mr. Albert M Pooley, MSW, MPA Native American Fatherhood & Families Association Grandparents Raising Grandchildren * More information in future FSP newsletters from Mr. Pooley

Domestic Abuse and Sexual Assault Support Center
24 Hour Crisis Line
1-888-303-3421
or # 715-526-3421

How to set life goals:

To determine life goals, ask yourself important questions regarding what you want out of life. A good place to start is by asking yourself what you want to do in a day, a year and your lifetime. The answers can be general or specific. The next part is to break the big goals down into achievable parts.

Consider the areas of your life that you want to change or develop such as career, health, education or finances. Ask yourself how to accomplish these things. When you know what and how you want to accomplish things, write down the short term goals and include a deadline that provides enough time. Your goals should match your



needs and feel like they are worth the effort.

It is important to re-evaluate the smaller goals to discern if they are being accomplished in a timely manner and if they are still necessary. Stay flexible with the goals and make sure they are directing you toward the future you want.

Reference.com
Family values, sometimes referred to as familial values, are traditional or cultural values (that is, values passed on from generation to

generation within families) that pertain to the family's structure, function, roles, beliefs, attitudes, and ideals.

Family value-wikipedia
Family values involve all of the ideas of how you want to live your family life, and they are often passed down from previous generations. They can help define behavior in various situations, help youth make good choices, and solidify the bond that your family has. If your family doesn't already have these values in place, know that it is never too late to make a list.

Lovetoknow.com
OVW objectives - What is domestic violence?
Domestic violence, or intimate partner violence, occurs when one person causes physical or psychological harm to a current or former intimate partner. It includes all acts of violence within the context of family or intimate relationships. Besides being the leading cause of injury to women in the United States (a woman is beaten every 15 seconds), it is an issue of increasing concern because of its negative effect on all family members, especially children.

Department of Public Health
When people think of domestic abuse, they often focus on domestic violence. But domestic abuse occurs whenever one person in an intimate relationship or marriage tries to dominate and control the other person.

Domestic violence and abuse are used for one purpose and one purpose only: to gain and maintain total control over you. An abuser doesn't "play fair." Abusers use fear, guilt, shame, and intimidation to wear you down and keep you under his or her thumb. Your abuser may also threaten you, hurt you, or hurt those around you.

Domestic violence and abuse do not discriminate. Abuse happens among heterosexual couples and in same-sex partnerships. It occurs within all age ranges, ethnic backgrounds, and economic levels. And while women are more commonly victimized, men are also abused—especially verbally and emotionally.

The bottom line is that abusive behavior is never acceptable, whether it's coming from a man, a woman, a teenager, or an older adult. You deserve to feel valued, respected, and safe.

Family Services After School & Teen Prevention Program

FEBRUARY 2016

Xwahteewi koon niipaahum
Deep Snow Moon

The youth are practicing the 5 W's of a conversation. Take this newsletter for example.

What: Program news so we can share all components of Family Services supporting strong, healthy and safe families.

Who: Youth K-12th grades, families, individuals, and those seeking direct services in a time of need.

When: Monday—Friday staff and office hours range from 8 A.M.—8:30 P.M.

Where: Our kids would say, "Family Center," staff would say, Family Services has some space located at MFC and the Admin building, depending on who you would like to see and for what services.

Why: We strive to help others, learn together, be safe, provide cultural & prevention teachings where we can help foster positive growth and change.

"Our newsletter gives us the opportunity to share our program highlights. Here you will see a variety of photos, articles, and invites to our community events covering meaningful program topics. Please enjoy and feel free to visit us anytime. We are working together to help our community be strong and healthy." Lai Lonnie K.



FAMILY TALENT

and ART SHOW

FEBRUARY 28TH

5:30 P.M. SHOWTIME

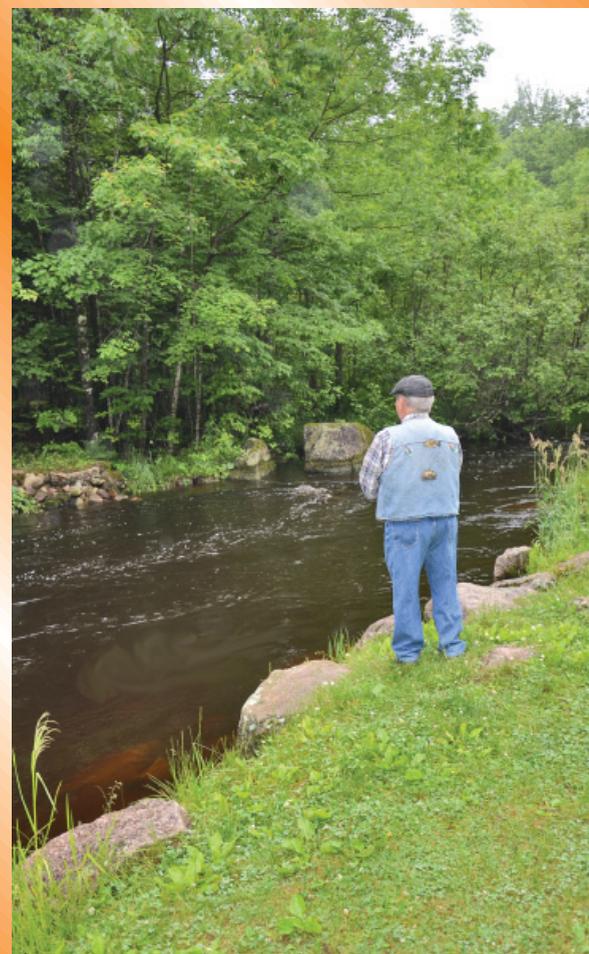
6:30 INTERMISSION

➤ Concessions Available in the LOBBY

ASP Family Event at Mohican Family Center

Please contact: Lai Lonnie, ASP Youth Activities # 793-4085 ~ SIGN UP YOUR FAMILY ACT!

Remembering Warmer Days ...





Community



Joesie Waykau, Rose Schulz and Cheyenne Welch are pictured here as they fine tune their corn husk dolls . It is our hope that we will continues teaching and learning together to make even more spectacular villages.

Please come see our talented youth's work on display , February 28th 5:30 P.M.

We are excited to share with our families.



Stroll in the Snow

February 28, 2017
Noon-1:00 pm

Soup, hot tea and hot cocoa will be served after the walk.

Stockbridge-Munsee Health & Wellness Center Lower Level Conference Room

Sponsored by Diabetes Prevention



We have some new personal best challenges, try new foods, practice focusing to improve our attention to detail and just plain have fun!



Thanks Roads Crew and P & E for helping us make snow mountain.



Heart Healthy BINGO! Did you know nuts are heart healthy snacks.



Nolan P., Libby C., Kirby W., Cheyenne W., Gavielle M. Jeremy M., Torunn D. , Paxston B. , Kyson D., Maleeya P. Jenaya P., Renae K., Bryce & Marcus M., Branlee M.



These young ladies are awesome!



Cheyenne W.



Louise is helping Chemon make smoothies for supper.



Officer Ashley Bennett spoke to the teens about the current drugs trends in our community as a prevention lesson. Jani W., Cassandra K., Officer Bennett and Tatum K.

Next month we hope to have her come back to discuss the sex offender laws . It is our goal to send a clear message that we want our youth to be safe and armed with knowledge.



Hunter H. is helping prepare an apple for a healthy salad they shared together with Diane Burr's Snap-Ed lesson.





National Native American HIV/AIDS Awareness Day
"A Celebration of Life"

Join Us to raise awareness from Noon to 1pm at the Mohican Family Center on Friday March 17, 2017

Fun activities, door prizes, refreshments, and baked potato bar.

For More Information please contact:

Linda Rudesill (715)-793-4906

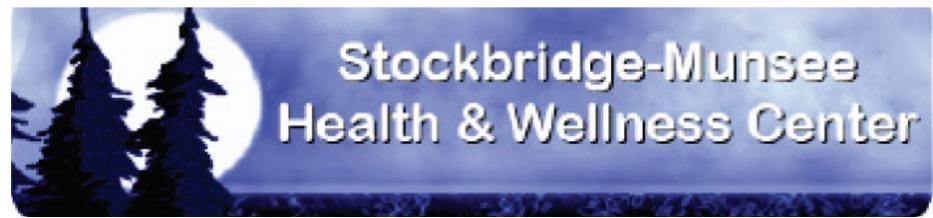
Kori Price at (715)-793-4905

**Honor Our
Ancestors, Protect our
People, Take the Test!**



2017 WIC Dates

March 7, Cert Day; 8, Check/Benefit Pickup Day; 13, Backup Day
April 4, Cert Day; 5, Check/Benefit Pickup Day; 12, Backup Day
May 2, Cert Day; 3, Check/Benefit Pickup Day; 11, Backup Day
June 6, Cert Day; 7, Check/Benefit Pickup Day; 15, Backup Day
July 5, Cert Day; 6, Check/Benefit Pickup Day; 13, Backup Day
August 1, Cert Day; 2, Check/Benefit Pickup Day; 10, Backup Day
September 5, Cert Day; 6, Check/Benefit Pickup Day; 14, Backup Day
October 3, Cert Day; 4, Check/Benefit Pickup Day; 12, Backup Day



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Business Workshop**

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2017 Workshop Dates

- | | |
|-------------|--------------------------------------|
| March 27-28 | St. Croix Tribe |
| March 29-30 | Lac Courte Oreilles Tribe |
| April 24-25 | Sokaogon Chippewa (Mole Lake) |
| April 26-27 | Lac du Flambeau Tribe |
| June 5-6 | Red Cliff Tribe |
| June 7-8 | Bad River Tribe |

All workshops are 8:30am-3pm. Lunch is provided. \$50 stipend offered to the first 15 participants registered. (Must attend both days)

Register online at ONABEN.org

For more information contact **Marti Crunk, Outreach Training Coordinator, at the Great Lakes Intertribal Council:**

- > mcrunk@glitc.org
- > 715.588.3324 extension 105

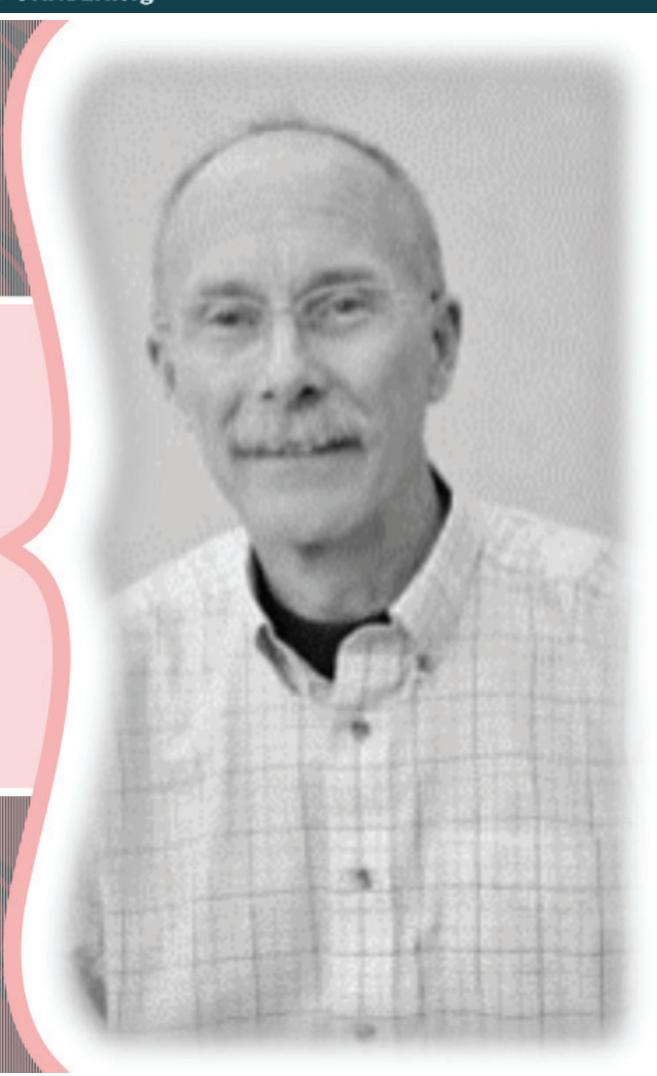
THIS WORKSHOP SERIES IS BROUGHT TO YOU BY ONABEN AND THE GREAT LAKES INTERTRIBAL COUNCIL.

GLITC.org ♦ ONABEN.org

February 22, 2017

**Community Luncheon
Dr. Turnbull
Presenting on Heart Health**

Signs and symptoms of stroke and heart attack
Heart health and diabetes



**Stockbridge-Munsee Health & Wellness Center
Lower Level Conference Room
Lunch will be provided 12:00 p.m. till 1:00 p.m.**



Education



Students of the month for January at Bowler Elementary. Classroom teachers selected students based on the characteristic of cooperation. The top students included, front row from left, Tashylah Mohawk, preschool Talia Gardner, 3rd grade; Madison Piotrowski, 1st grade; Miley Przybylski, 2nd grade; Torunn Dodge, kindergarten; Felicia Carlson, preschool; Julaine Behm, kindergarten; and Markaylah King, 2nd grade. Back row from left, Adison Pingel, 3rd grade; Karter Kolpack, 5th grade; Ezra Demaskie, 6th grade; Jesse Ruppel, 6th grade; Deja Miller, 6th grade; Hunter White, 4th grade; and Logan Windorski, 4th grade.

Work Shop Description
****WORKSHOPS CAN BE TAILORED TO MEET YOUR NEEDS. CALL AHEAD (715)793-4582 AND SET UP A WORKSHOP TIME THAT FITS YOUR SCHEDULE****

Computer Lab: This time is open to the public for independent use of the computers for Education or Job/Career related activities.

Application Assistance: Time to kick off the dust from that old application and revive it. Using this program will provide assistance, no matter your skill level, in creating an appealing job application.

Basic Computers: Were you born in the age where a mouse was a rodent that hid in your house to keep warm? Join us in a program centered on building basic computer skills, keyboarding skills and building knowledge of the technological age.

Financial Aid: A program to assist with FAFSA, financial aid, scholarships, and planning for an Educational Future.

Scholarship Informational: Need help paying for school but don't know where to start? This program will provide access to information important to applying for internal, local and national scholarships.

Career Cruising: Do you like your job but want to build a career? Do you know where to start? This program will provide access to explore careers, take assessments on abilities as well as interests and provides information on employment trends and schools.

Job Search: Tired of the job you're currently in? Would you prefer to be employed where your job isn't really work? Join us in a program that will walk you through the job search process, including introductions to resume building and the do's and don'ts of the interview process.

Interview Stream: A web-based mock interview program to assist you in preparation for upcoming interviews for internships, jobs, or graduate or professional school admission. It is a simple, fun and Effective way to refine and master your interviewing skills.

Work Certified: A program that teaches basic business ethics, interpersonal skills and workplace behavior.

Financial Literacy: A workshop to help build skills and knowledge that will allow an individual to make informed and effective decisions with all of their financial resources

Menominee Vocational Rehabilitation: This program provides services to Native Americans with disabilities in order to obtain or retain employment. Services provided to Vocational Rehabilitation Program consumers are custom designed to fit each individual's needs and employment goals.

TABE Assessment: Testing to provide a solid foundation for effectively assessing the skills and knowledge of adult learners. The tests combine to provide a flexible system of diagnostic assessments and instructional materials to meet the diverse needs of today's growing adult education market.

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WISCONSIN



Education, Employment, and Training for Adult Learners
W13447 Camp 14 Road
Bowler WI 54416
Phone: 715-793-3019/4582
Fax: 715-793-4830

Hours of Operation: Monday – Friday 8am to 4:30pm

****WORKSHOP INFORMATION LOCATED ON THE BACK. WORKSHOPS CAN BE TAILORED TO MEET YOUR NEEDS. CALL AHEAD (715)793-3019/4582 AND SET UP A WORKSHOP THAT FITS YOUR SCHEDULE****



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **Work Shops** 9am-11am Computer Lab 9am-11am & 1pm-4pm	2 Work Shops 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm <i>Ground hog Day</i>	3 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	4
5	6 Computer Lab 9am-11am & 1pm-4pm <i>Menominee Vocational Rehabilitation</i> 8:30am – 11:30am	7 Computer Lab 9am-11am & 1pm-4pm	8 **Work Shops** 9am-11am Computer Lab 9am-11am & 1pm-4pm	9 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	10 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	11
12	13 Computer Lab 9am-11am & 1pm-4pm	14 Computer Lab 9am-11am & 1pm-4pm <i>Happy Valentines Day</i> 	15 **Work Shops** 9am-11am Computer Lab 9am-11am & 1pm-4pm	16 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	17 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	18
19	20 <i>Sachem Day Office Closed</i>	21 Computer Lab 9am-11am & 1pm-4pm	22 **Work Shops** 9am-11am Computer Lab 9am-11am & 1pm-4pm	23 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	24 **Work Shops** 9am-11am & 1pm-4pm Computer Lab 9am-11am & 1pm-4pm	25
26	27 Computer Lab 9am-11am & 1pm-4pm	28 Computer Lab 9am-11am & 1pm-4pm				

Bowler FFA at State Leadership Conference



Jacob Strassburg (left) and Noah Bestul (center) of the Bowler FFA were welcomed to the 2017 FFA Half-Time Conference in Stevens Point by Brenna Bays (right), State President from Adams-Friendship.

Jacob Strassburg and Noah Bestul of the Bowler FFA Chapter attended the Wisconsin Association of FFA Half-Time Leadership Conference held at the Holiday Inn & Convention Center in Stevens Point, Wisconsin January 13-14, 2017. Over 450 FFA members, advisors, and state FFA officers participated. The Half-Time Leadership Conference provides FFA Chapter Leaders from around the state the opportunity to set goals and prepare for the second half of their year of service in their local FFA chapters. FFA members attended workshops focused on leadership and personal development, and opportunities in FFA. They learned about preparing for FFA events and getting involved in community service.

learn more about FFA activities, and meet people while having fun," said Cheryl Zimmerman, State FFA Executive Director. "We are able to provide young people with an excellent experience to develop their leadership skills and get them excited about Agriculture, Agricultural Education and the FFA so they can build their local programs."

FFA advisors were also busy during the weekend as they attended training sessions in the areas of Meat Animal Quality Assurance, Academic Career Planning, Award Applications and other key topics in agricultural education. Teachers were also involved in the Wisconsin Association of Agricultural Educators, (WAAE) Board Meetings and Committee meetings.

The Half-Time conference is a 31-year tradition for the Wisconsin Association of FFA to bring top FFA leaders from across the state together to learn more about what they can do in their local FFA chapters. This year's leadership conference was designed and conducted by the 2016-2017 Wisconsin State FFA Officers. The theme of the conference was "In the Locker Room...". "Half-Time is one of the premier leadership conferences in our state and designed by student leaders. It allows FFA chapter leaders to develop their leadership skills,

The Wisconsin Association of FFA comprised of 250 local chapters in high schools across the state prepares over 20,000 students for leadership and careers in the science, business, and technology of agriculture. FFA activities and programs complement instruction in agriculture education by giving students practical experience in the application of agricultural skills and knowledge gained in classes. FFA's mission is to develop premier leadership, personal growth and career success through agricultural education.

Bowler Elementary School 2nd Quarter Honor Roll

High Honor Roll
3rd Grade – Wyatt Bratz, Rhianna Rosenow, Cora Zwirschitz

4th Grade – Quinn Olson, Ava Paiser, Emerson Price, Kyle Rickert, Natalie Rickert, Autumn Thiex, Hunter White, Logan Windorski, and Vidalia

Zwirschitz.
5th Grade – Gavin Klose, Karter Kolpack, and Isabella Stevens.
6th Grade – Bailey Grosskopf, Marcus Malone, Myrin Rudesill, Brady Strassburg, and Tristan Thiex.



Spelling bee finalists at Bowler School for grades 4-8. The school competition was held on Jan. 25th with 6th-grader Bailey Grosskopf claiming the top prize and advancing to the district spelling bee at Bonduel High School. They include, front row from left, Drake Specht, 5th grade; Bailey Grosskopf, 6th grade; Joesie Wayka, 4th grade; and Autumn Thiex, 4th grade. Back row from left, Jace Price, 6th grade; Darby Rockman, 6th grade; Logan Thiex, 8th grade; and Selina Thiex, 7th grade. The winning word was "contestants." The runner-up was Selina Thiex.

Bowler High School/Middle School 2nd Quarter Honor Roll

High Honor Roll
Seniors – Brooke Breitrick, Taylor Matsche, Allison Stewart, Jacob Strassburg

Juniors – Maranda Brei, Reanne Kietlinski, Alissa Rickert, Hannah Slater

Sophomores – Noah Bestul, Jazmyne Brown, Jada Waters

Freshmen – Zachary Fehrman, Keegan Pingel, Ira Rudesill, Alyssa Strassburg, Brooke Thiex

8th Grade – Adin Brei, Skye Breitrick, Brock Strassburg, Logan Thiex, Zachary Young

7th Grade – Selina Thiex

Honor Roll
Seniors – JJ Church, Schuylar

Dauids, David Stemler, Saychia Wayka, Erica Wolf

Juniors – Katelyn Fehrman, Isaiah Hynes, Jayla LeMieux, Nathan Montez, Matthew Olson, Brianne Rosenow

Sophomores – Kade Hartleben, Tyler Selle, Jodi Wolf

Freshmen – Jayden Boswell, Jacob Bratz, Ireland DeRoos, Tatum Kallies, Kayla Pecore, Austin Slater, Carson Watters

8th Grade – Taya Grant, Tynea Johnson, Samantha Mohawk, Lane Schultz, Maya Thiex, Heavyn Williams, Morgan Zeinert

7th Grade – Isaiah Bestul, Asa Doxtator, Corbin Welch, Alexis Williams, Zachary Ziemer

Honor Roll
3rd Grade – Ella Coyhis, Talia Gardner, Laylah Horne, Renae Kaquatosh, Colten LeNoble, Bryce Malone, Maleeya Peters, and Adison Pingle.

4th Grade – Skyler Jaimes-Benitez, Emerson Price, Dakota Schreiber, Rose Schulz, Josie Wayka, and Loretta Webster.

5th Grade – Bertina Dodge, Weengeetah Mohawk, Drake Specht, and Sequoia Wychesit.

6th Grade – Edward Castellanos, Julia Hahn, Jasmine Provo, and Taler Przybylski.

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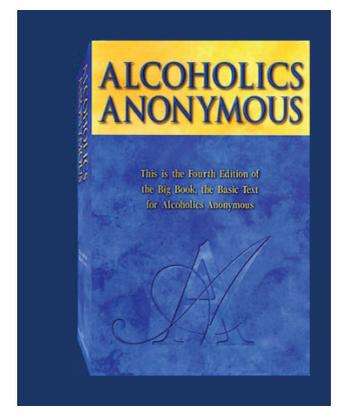
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New AA meeting

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Next meeting December 11, 2016



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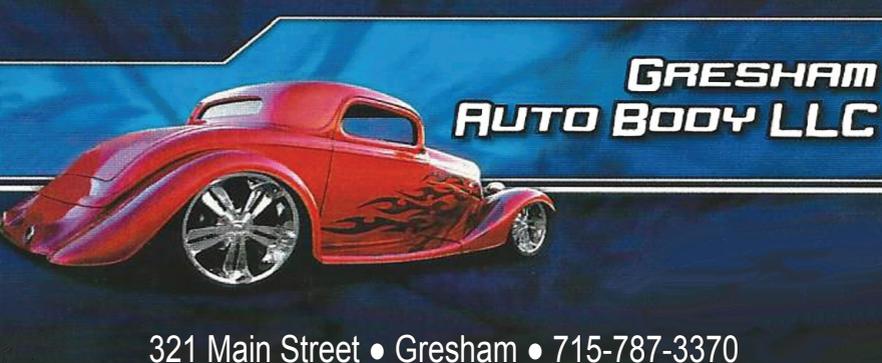
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