Retirement for two Long-Term Employees

A career with the Stockbridge-Munsee Community and the North Star Mohican Casino Resort spanning nearly three-decades recently ended for Mr. Marvin Ross-Tousey. Marvin served as both a Housekeeper and as a Custodian with the Maintenance Department, now called the Environmental Service Department, here at the North Star Mohican Casino Resort.

Though it might have appeared to some that Marvin never had much to say during the course of the work day, those who worked closely with Marvin will tell you that we usually paid attention when Marvin did decide to share his knowledge, thoughts and opinion as it was usually formed after much consideration, thought, and compassion for all those involved and worth the effort to listen.

While we are sad to see Marvin retire, we are equally happy that Marvin intends not to be a stranger and plans to come back occasionally to visit his former co-workers and continued friends here at the casino resort. We wish Marvin all the best as a new retiree and hope that his wife keeps the “Honey do lists” short and infrequent.

Thank you Marvin for all that you have done, for all those who you have helped learn their job related tasks, for the knowledge and wisdom you have shared over the years, and for your continued friendship.

All the Best,
Your friends and family at North Star Mohican Casino Resort.

MoHican News

The people of the waters that are never still

Vol. XXVIII No. 5
N8480 Moh He Con Nuck Road • Bowler, WI 54416
March 1, 2020

2020 State of the Tribes Address

Compiled by Jeff Vele – Mohican News Editor

On February 18, 2020, Ned Daniels, Jr., Chairman of the Forest County Potawatomi Community gave the 2020 State of the Tribes Address to Governor Evers, Lt. Governor Barnes, Speaker Vos, Majority Leader Fitzgerald, President Roth, members of the Senate, members of the State Assembly, Constitutional Officers, Cabinet Secretaries, Justices of the Wisconsin Supreme Court, Fellow Tribal Leaders, esteemed elders, veterans, and other honored guests.

Ned Daniels, Jr. started out by saying, “I stand before you in honor and respect for the elders, veterans, leaders and public servants who have come before me”. He then proceeded to name those leaders from other Wisconsin Tribal Nations:

- President Marlon White Eagle, Ho-Chunk Nation
- Chairwoman Joan Delabreau, Menominee Indian Tribe of Wisconsin
- President Shannon Holsey, Stockbridge-Munsee Community
- Chairman Tehassi Hill, Oneida Nation
- Chairman Garland McGeshick, Sokaogon Chippewa Community
- Chairman Rick Peterson, Red Cliff Band of Lake Superior Chippewa

Tribes cont on page Five:

Career Readiness Grant Provides Opportunity

The American Indian College Fund (CMN) granted a two-year Career Readiness Grant to support strategic programming that provides career advising and development resources to American Indian and Alaskan students at CMN. The intent of this project is to support strategic programming that provides career advising and development resources to American Indian and Alaskan students at CMN. On February 4, the College hosted a breakfast meeting to introduce the program to local businesses and tribal communities.

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Language Corner

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News
N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416

e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE COMMUNITY
Band of Mohican Indians

PUBLISHER:
Stockbridge-Munsee Community

EDITOR:
Jeff Vele

STAFF REPORTER:
TBA

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MAIL TO:
Mohican News
PO Box 70
Bowler, WI 54416

Voice: 715-793-4389
Fax: 715-793-1307
mohican.news@mohican.com

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Greeting to all,

My Name is Shawn Stevens and I am the newly hired Language Program Manager. It is with great honor and humility (being humble) that I accept this job and assist in providing our cultural heritage to the people. I have approximately 20 years’ experience in learning and working with languages such as Mahican. Munsee, as well as similar languages to an extent such as Ojibwe, Menominee, and other similar languages to our own for comparisons.

In the past, language was being provided here by individuals on their own time with nothing permanent or continuous. Folks did the best they could with whatever they had at the moment. With no permanent structure in the past, it was very difficult to provide consistency, continuity and growth up until now. With a Language manager being hired full time, there is assurance for consistency, continuity and growth. No one can blame the teachers of the past for lack of. For families, life and work do play a factor in volunteering. In fact, there would be no language program today if not for those individuals who struggled and kept the hope alive.

Presently, we do offer two ancestral language classes for people to attend. One of which is the Munsee language. It is a beautiful eloquent language held onto by our sibling Munsee people from Moraviantown Ontario. As you may already know, we have very close relation with that band as well as sharing some family names which had been separated by the migrations from the eastern homelands.

To have access to a language shared by relatively recent ancestors is truly a gift! A language that is handed down from generation to generation orally can not be compared to anything less. Certain nuances of the language can only be transferred by actually speaking the language. One little mispronunciation can completely change the entire meaning of the word, sentence, story etc. There is no room for mistakes. To hand the language down traditionally by mouth, it continues that unbroken connection with our ancestors.

With the documents we have in Mohican (properly pronounced “Muh-he-keun”), and with the living language of our Munsee relatives, we have the opportunity to bring forth our language once again that reflect who we are as a people. We (as a people) are no longer one nor the other anymore, rather descendants of both.

Without the living Munsee language, we would not be able to truly understand and learn to full extent, the Mohican (Mahican) language which is an ongoing process at the moment. We have five speakers of the Munsee language from Moraviantown, and several linguists helping with the Mahican language along with Tribal members who have decades of experience in working with both languages.

The language projects will take years and generations to return fully spoken fluent speakers. “Patience” is the answer to language reclamation. It should not be rushed or manufactured in a hurry. Our belief is to set a foundation for the Tribe and people, also to provide the tools necessary for our children and future generations to evolve along with the language. The most important thing is that the language reclamation comes from us! We have help, but it must come from us to truly reflect us a people.

As of now, we are holding Munsee classes every Wednesday from 6-7 pm, and Mohican language study classes from 5:30-6:30 pm on Mondays. Both currently held at the library/museum. I encourage all to come and learn, or just listen. We are at a pivotal point in the language programming now that we have established consistency and continuity. Those who come and participate will have great effect on out Nations future Language and culture. It is a great opportunity to be a part of something that you’re not only learning, but helping your people present and future.

Any questions, or concerns you may have, I can be reached at my office in the Land building where the old enrollment office used to be, or call at 715-793-3047, or email me at shawn.stevens@mohican-nsn.gov.

Coming soon, “Word of the month!”

Shweehaw!

Anushii!
Purchased/ Referred Care (PRC)

If you receive a referral from your primary care provider at Stockbridge-Munsee Health and Wellness Center (SMHWC) to an outside provider, the referral staff will contact you with the details of your appointment. If you have a follow up appointment, please contact the referral staff with appointment information to have a referral made up. Failure to get a referral for all visits outside of the SMHWC may result in denials from the PRC department.

REFERRAL STAFF:
Danielle Ewald- Referral Case Manager 715-793-4102
Sarah Miller-Referral Specialist 715-793-5077
Make sure you stop at the PRC department to sign all referrals before you go to any appointment outside of the SMHWC. Failure to sign referrals may result in denials from the PRC department.

PURCHASED REFERRED/CARE STAFF:
Kasha Coyhis- PRC Manager 715-793-5011
Ronni James- PRC Assistant 715-793-5010
Ally Miller- PRC Assistant 715-793-3015

Expanded Pharmacy Hours

Beginning March 1st, the Stockbridge-Munsee Health and Wellness Center Pharmacy will be open from 8:00am until 5:30pm, including the lunch hour. The pharmacy asks all patients to take advantage of the extra hour. Please note the pharmacy frequently gets busy on Friday afternoons and on days before a holiday. If possible, please pick up your medications earlier in the week. We hope the added hour will help by expanding access for patients throughout the week, and better serve all patients.

ATTENTION TEACHERS

If you are a Stockbridge-Munsee enrolled member with a degree in Education and working in education please provide the S/M Education office with your name and contact information by Friday, March 27th to P.O. Box 70, W13447 Camp 14 Road, Bowler WI 54416 or email the information to jolene.bowman@mohican-nsn.gov. If you have any questions please contact Jolene Bowman, Director of Education and Career Services at (715) 793-4060.

Junior Miss Mahiikaniiw Makes Front Page

(BOWLER, WI) Junior Miss Mahiikaniiw, Libby Carrington made the front page of the Appleton Post Crescent in an article titled, “Despite a state law on the books that mandates indigenous education and working in education please provide the S/M Education office with your name and contact information by Friday, March 27th to P.O. Box 70, W13447 Camp 14 Road, Bowler WI 54416 or email the information to jolene.bowman@mohican-nsn.gov. If you have any questions please contact Jolene Bowman, Director of Education and Career Services at (715) 793-4060.

Veterans Corner

203 W. Main St
Bowler, WI. 54416
Gregg W. Duffek,
Tribal Veterans Service Officer
Office: 715-793-4036
gregg.duffek@mohican-nsn.gov
715-793-4036

No Veteran Should Be Without a Place to Call Home

Free Help for Homeless Veterans Dial 1-877-4AID-VET (1-877-424-8383) for 24/7 access VA’s services for homeless and at-risk Veterans

Homeless Veteran Chat Confidential, 24/7 online support for homeless Veterans and friends

https://www.va.gov/homeless for more information

Cervical cancer screenings for women Veterans

January is Cervical Health Awareness Month. VA health care provides Women Vets with the option to receive gynecologic care, including cervical cancer screenings.

VA encourages you to talk to your primary care provider about cervical cancer testing because early detection can help save your life.

Blue Water Navy Benefits

As of Jan. 1, 2020, VA extends benefits to Veterans who served offshore of the Republic of Vietnam, or in the Korean Demilitarized Zone during a certain time period, are presumed to have been exposed to herbicides, such as Agent Orange.

Cancers we believe are caused by contact with Agent Orange

- **Chronic B-cell leukemia:** A type of cancer that affects your white blood cells (cells in your body’s immune system that help to fight off illnesses and infections)
- **Hodgkin’s disease:** A type of cancer that causes your lymph nodes, liver, and spleen to get bigger and your red blood cells to decrease (called anemia)
- **Multiple myeloma:** A type of cancer that affects your plasma cells (white blood cells made in your bone marrow that help to fight infection)
- **Non-Hodgkin’s lymphoma:** A group of cancers that affect the lymph glands and other lymphatic tissue (a part of your immune system that helps to fight infection and illness)
- **Prostate cancer:** Cancer of the prostate (the gland in men that helps to make semen)

**Respiratory cancers** (including lung cancer): Cancers of the organs involved in breathing (including the lungs, larynx, trachea, and bronchus)

**Soft tissue sarcomas** (other than osteosarcoma, chondrosarcoma, Kaposi’s sarcoma, or mesothelioma): Different types of cancers in body tissues such as muscle, fat, blood and lymph vessels, and connective tissues

Other illnesses we believe are caused by contact with Agent Orange

- **AL amyloidosis:** A rare illness that happens when an abnormal protein (called amyloid) builds up in your body’s tissues, nerves, or organs (like your heart, kidneys, or liver) and causes damage over time
- **Chloracne** (or other types of acneiform disease like it): A skin condition that happens soon after contact with chemicals and looks like acne often seen in teenagers. Under our rating regulations, it must be at least 10% disabling within 1 year of contact with herbicides.

Blue Water Navy continued on page Four:

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March 1, 2020 Page 3

**Voices**

Veterans Corner

203 W. Main St
Bowler, WI. 54416
Gregg W. Duffek,
Tribal Veterans Service Officer
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Blue Water Navy continued on page Four:
**Gresham Scholarship Fund**

**19th Annual Banquet**
**Saturday March 28th, 2020**
**The Woodland Restaurant**
**Gresham, Wisconsin**

**Time:**  4:30 P.M. Reception and Raffle Ticket Sales
6:00 P.M. Dinner

**Program:** Michelle Carstensen - Gresham HS Graduate (Class of 1992)

**Please check one of the following:**

- **Table Sponsorship** ($675 total includes $300 for table of eight and $375 for sponsorship).
- Sponsorships received by March 23rd will be listed in the program.
- $300 Table of eight
- $70 per Couple
- $35 Single
- $25 I would like to sponsor a graduate's Banquet meal.
- I am unable to attend but would like to make a donation of $ ________

Name: ____________________________
Company: __________________________
Mailing Address: ____________________
Address (cont.): ____________________
Telephone: __________________________

Reservations are on a first come first served basis. Reservations received by March 21st will be mailed, those received after that date will be held at the door.

**Tickets for the event WILL NOT** be available at the door; you must have a paid reservation by March 23rd.

Make checks payable to **Gresham Scholarship Fund** and mail to:
**Gresham Scholarship Fund Banquet**
P.O. Box 102
Gresham WI, 54128

Any questions - please contact: Bob Klopke (715) 787-3386

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**Navy cont from page Three:**

- **Diabetes mellitus type 2:** An illness that happens when your body is unable to properly use insulin (a hormone that turns blood glucose, or sugar, into energy), leading to high blood sugar levels

- **Ischemic heart disease:** A type of heart disease that happens when your heart doesn’t get enough blood (and the oxygen the blood carries). It often causes chest pain or discomfort.

- **Parkinson’s disease:** An illness of the nervous system (the network of nerves and fibers that send messages between your brain and spinal cord and other areas of your body) that affects your muscles and movement—and gets worse over time.

- **Peripheral neuropathy, early onset:** An illness of the nervous system that causes numbness, tingling, and weakness. Under our rating regulations, it must be at least 10% disabling within 1 year of contact with herbicides.

- **Porphyria cutanea tarda:** A rare illness that can make your liver stop working the way it should and can cause your skin to thin and blister when you’re out in the sun. Under VA’s rating regulations, it must be at least 10% disabling within 1 year of contact with herbicides.

If you have an illness you believe is caused by contact with Agent Orange—and you don’t see it listed above

You can still file a claim for disability compensation. **You’ll need to:**

- Provide scientific and medical evidence that the condition is related to exposure to Agent Orange, or
- Show that the problem started during—or got worse because of—your military service

Scientific proof may include an article from a medical journal or a published research study.

---

**What evidence will I need to provide to support my claim?**

You can help to support your VA disability claim by providing documents, such as:

- **VA medical records and hospital records** that relate to your claimed illnesses or injuries or that show your rated disability has gotten worse
- **Private medical records and hospital reports** that relate to your claimed illnesses or injuries or that show your disability has gotten worse
- **Supporting statements,** you'd like to provide from family members, friends, clergy members, law enforcement personnel, or those you served with that can tell us more about your claimed condition and how and when it happened or how it got worse.

Contact your Local Tribal or County Veterans Service Office for more information or help filing a claim.
Traces of a long-standing tradition

Chairman Louis Taylor, Lac Courte Oreilles Band of Lake Superior Chippewa Indians of Wisconsin
President Joe Wildcat, Sr., Lac Du Flambeau Band of Lake Superior Chippewa Indians
Council Member Thomas Fowler, St. Croix Chippewa Indians of Wisconsin

In order to capture the full meaning of Chairman Daniels delivery, the rest of the address follows verbatim:

“I am thankful we have the opportunity and desire to come together to celebrate and strengthen the cooperative relationship between the state of Wisconsin and its 11 Native Nations.

As we begin, I want to recognize someone whose work embodied the purpose of today’s address. Our Chief Judge, Eugene Whitefish, passed away in December. Fugie — as we called him — was the first judge elected when Potawatomi established our court system. He dedicated his career to ensuring a strong relationship between the state and tribes, and it is because of his efforts there is better coordination between the state and tribal courts. We are in a better place because of Fugie, and I know he is looking down on us smiling right now.

While the Forest County Potawatomi today have reservation lands just west to Walworth County near Superior Chippewa Indians
• Chairman Mike Wiggins, Jr., Bad River Band of the Lake Superior Tribe of Chippewa Indians

• President Joe Wildcat, Sr., Lac Du Flambeau Band of Lake Superior Chippewa Indians

We need to continue to work to ensure Wisconsin’s Tribes take the lead in addressing our issues.

We also want to thank you for recognizing that a one-size-fits-all approach does not apply to substance abuse.

For Native communities, it is important that we provide treatment to our people while also healing them according to our cultural beliefs. We know there are few places which can provide the treatment that our people truly need. So, for many years Wisconsin’s tribes have been working to develop a youth response and treatment center.

The success of not only Wisconsin’s Tribal Nations but of all residents of our state depends on our resilience in continuing to tackle critical issues. We must maintain a sharp focus on improving the lives of those who represent in this new decade as we grapple with the responsibility of addressing the complex challenges before us.

And there is no challenge more complex than that of the opioid epidemic. We are all well-aware of this problem as it has impacted every corner of our state. It has no regard for age, no regard for race, or income. It has likely impacted many of you sitting here today.

Unfortunately, I also know first-hand the pain and suffering this epidemic is causing families. And consequently, my wife and I are now raising some of our grandchildren.

And everything more important than recognizing a tribe’s traditional treaty land — is the recognition of tribal sovereignty. Through our status as individual sovereign nations, tribes are able to make our own decisions and act in ways that best serve our people. Tribal sovereignty is not something we have been granted, but something we have always inherently held.

Opioids are tearing apart our communities. One by one, they are killing our people. They are taking the lives of our families and our young ones without parents. It should not be this way. We need to continue to work to stop this devastation.

That is why we are thankful to Representative John Nygren and others who have been tenacious in their work supporting and advancing the HOPE Agenda. This series of legislative efforts has provided new tools for combating addiction for those who need it most. Several new HOPE center bills have been making their way through the legislative process this session, and we look forward to seeing how they will continue to help address and combat addiction in our communities.

We also want to thank you for recognizing that a one-size-fits-all approach does not apply to substance abuse.

For Native communities, it is important that we provide treatment to our people while also healing them according to our cultural beliefs. We know there are few places which can provide the treatment that our people truly need. So, for many years Wisconsin’s tribes have been working to develop a youth response and treatment center.

The facility planned to be located centrally among our Native Nations and be a hub for children from all of Wisconsin tribes to receive treatment for addiction. We are grateful that the Legislature and Governor have come together to support this proposal by allocating gaming funds to continue the advancement of this project. This facility has the potential to do great things, and we hope that you will continue to work with us on this endeavor. Miigwetch.

We want to assure you that Wisconsin’s Tribes take the struggle with opioid addiction in their communities very seriously, and many are taking their own steps to address it.

For example, the Forest County Potawatomi Community has brought together key stakeholders from state and local agencies to share information and discuss ways to curb the trends of opioid addiction. We have provided additional funding to several law enforcement agencies to support their drug detection and investigation efforts. We have also enhanced our own addiction-related services, so we can provide more resources to not only our tribal members, but the community at large.

And our investments haven’t stopped at enforcement and treatment. We have made a conscious effort to focus on our tribal youth to make sure they have the tools and resources they need to succeed.

We know that equipping children with a strong knowledgebase will help them to make better decisions in the future. This has been done by working more closely with our local school districts, hiring additional tutors and guidance counselors, and getting our parents more involved in their children’s education with better communication.

Ten years ago, the high school graduation rate among our tribal youth was around 60 percent. Today, I’m happy to say that now more than 90 percent of our tribal youth are graduating high school, and in recent years we have even reached 100 percent.

But not all tribes have the same ability to provide this level support or treatment, so we encourage and ask that you to continue to invest in innovative strategies to provide both the needed enforcement and treatment for our Native communities. We hope and grandchildren will remember and thank you for the things you have done for this issue today.

Unfortunately, opioids are not the only issues plaguing our Native communities. Native women and girls are being exploited, trafficked, and subjected to violence at disproportionately high rates.

This is a serious issue and something we cannot afford to turn our eyes from. The harm caused by these devastating acts leave lasting impressions on not only the victims, but also their families and their communities. We need to address the threat and problem posed by human trafficking.

In fact, in an acknowledgement to the severity of the issue, President Donald Trump and White House task force lead by Attorney General Barr to quote “address the issues that underline this terrible problem, and work with our tribal partners to find solutions, raise awareness, and bring answers and justice to the grieving.”

On the state level, we are thankful for the efforts of Senator Janet Bewley and Representatives Jeff Mursau, Amanda Stuck, Beth Meyers to create a state taskforce on murdered and missing tribal women and girls. Thank you for your work and advocacy on this important issue.

We encourage you to include missing and murdered Native women and girls when advancing any human trafficking legislation. Please know that Wisconsin tribes stand ready and willing to work with you to help tackle this critical issue.

But I’m not here to only tell you about the concerns of our Native communities, I also want to make sure you know about the MANY great things that are happening because of Wisconsin’s tribes.

Tribes continued on page Six:
Tribe cont from page Five:

We are far more than just the operators of casinos. We also own and operate a multitude of successful businesses that provide unique and important benefits for people across our state and country. This includes:

• Construction management and engineering companies
• Cybersecurity firms
• Industry-leading forest products companies
• Telecommunication companies
• Data centers
• Financial institutions
• And agricultural businesses.

We are among the state’s largest employers. We employ thousands of Wisconsin residents, and are the largest employers in many of the counties where we are located.

Our enterprises help bring millions of dollars and thousands of residents to different parts of Wisconsin. We provide real careers for the residents of our communities and provide them with family supporting wages and benefits.

But we also face the same struggles as many other businesses across Wisconsin. While the state is enjoying a historically low unemployment rate, there is also a workforce and housing shortage that has a significant impact on our businesses and government operations. The supply and affordability of housing has become a challenge for tribes to attract and expand our businesses. We are pleased that the Legislature and Governor are working to address this issue and hope to see those efforts continue.

While it can be hard to get people to move to and provide services in rural Wisconsin, connecting them can help. Broadband is one of the tools driving development and one of the most effective ways to build opportunity. Internet access can drive innovation and growth in Wisconsin’s rural areas.

Thank you for recognizing this and investing in broadband expansion. We applaud those efforts and encourage you to be diligent in finding more ways to encourage expansion. We need to give our future generations every advantage in developing solutions to the problems of tomorrow, and ensuring reliable broadband access is one key to achieving that goal.

I cannot leave here today without touching on a subject that is central to the beliefs of my people and Wisconsin’s tribes. Our traditional values teach us to respect all living things, to take only what we need from Mother Earth, and to preserve the air, water, and soil for our children and grandchildren. There might not be anything more important than ensuring the sustainability of our most precious and valuable natural resources for future generations. In the words of our elders and leaders before us:

“1 pray to the Creator that we look back so that we may see ahead. Let us examine our lives so that we are respectful to our fellow human and to nature. Let us respect our children, and above all, let us live our lives in accordance with our beliefs.”

These words guided the Potawatomi on our two-decade effort working with both Democrat and Republican Presidents and Governors to provide increased protections for the quality of air in and around our reservation lands. And because of that, we KNOW that our children are breathing the cleanest air possible.

But we must do more to ensure a sustainable future for the next generation - we must take steps to address the effects of climate change. It is something that cannot be ignored.

Thank you, Gov. Evers, for establishing the Task Force on Climate Change. We look forward to working with Lt. Gov. Barnes, Senator Mark Miller and Representatives Mike Kuglitsch and Greta Nuebauer and all the members of the Task Force to help find meaningful strategies to help mitigate the effects of climate change.

We are also glad that you have highlighted the importance of clean water by declaring 2019 as the Year of Clean Drinking Water and acted through the Speaker’s Task Force on Water Quality. Ensuring clean, safe water is not a partisan issue but something that people from both sides of the aisle can agree upon. We are thankful for the work that was done by Representatives Todd Novak, Katrina Shankland and all the other legislators who worked on the Speaker’s Task Force on Water Quality. However, there is more – ALWAYS MORE - to be done to ensure there is clean air, water and soil for future generations.

As we begin this new decade, let us look to the future with hope, optimism and a steadfast devotion to the effects of climate change. The good news is that you are not alone in your efforts to shape the future. You have partners in Wisconsin’s Tribes. We must work together and collaborate on solutions to the problems of today. There is common ground between us, we just need to act with a mindset of communication and understanding this body. I am appreciative to have had the opportunity to give my perspective on the struggles, fears, opportunities and triumphs experienced by Wisconsin’s Tribal Nations. The actions we take today will ensure future generations have the tools they need to thrive in tomorrow’s society.”

It has been an honor addressing

Governor Evers, Stockbridge-Munsee President Shannon Holsey, and Oneida Nation Chairman Tehassi Hill meet with other Tribal leaders at the Great Lakes Inter-Tribal Council meeting the morning after the State of the Tribes address.

to find where it is. By doing so, we will continue to move Wisconsin Forward.

Thank you for all that you have done and will continue to do to help not only Native communities, but everyone in Wisconsin.

Mohican Veteran Gregg Duffek, (center) carried in the Mohican Veterans Eagle staff as the Veterans and a drum circled the Capital Building.

Chris Caldwell (Left), Director of the Sustainable Development Institute, pictured here with Dr. Alphia Creapeau and Stockbridge-Munsee Financial Accounting Manager Cindy Creapeau, started the program off and introduced the main speaker.

Grant cont from page One: Stockbridge-Munsee Community, was in attendance. Dr. Creapeau said, “This is a wonderful project for students to learn the career opportunities that a college or technical degree will afford them. The cost of higher education makes it difficult for students to complete a degree or diploma. This project will aid the students who take advantage of it, to make decisions that will not only improve their path to earning a living wage, but also to give them the knowledge to continue their education. As for the business and tribal departments it is win-win situation for future employees and to help a student decide on a career path. I will be working with my departments to seek students to come intern or job shadow with us to see what is of interest to them.”

Staff at the College of Menominee Nation will provide career advising and develop resources for students to explore different career options. The College Fund is committed to helping the College of Menominee Nation successfully implement this project.
Skill Building Workshops

Event Descriptions:

Gain information about how the WIOA Program may be able to assist you with reaching education & employment goals. Come on in for some tips on Resume Writing. Create your resume with ResumeGig (a great online resource) or polish up your old one. Learn How to View Your Credit Report confidentially online for free. Whether you're applying for a job or for a loan, you want the information contained in your report to be accurate.

Where:
Stockbridge-Munsee Education Building
Address:
W13347 Camp 14 Rd.
Bowler, WI 54416

Contact Information:
Mike Wilber, Resource Room Specialist
715-793-4582

March

Workshop Dates

WIOA Information Session
Date: March 11, 2020
Time: 8 a.m. to 12 noon

Resume Writing & Tips
Date: Mar. 19, 24, 2020
Time: 1:30 to 2:30 pm

How to View Your Credit Report
Date: Mar. 5, 9, 26, 2020
Time: 1:30 to 2:30 pm

Workshops can be tailored to meet your needs. Call Mike Wilber, Resource Room Specialist at 715-793-4582 to set up an individualized workshop and time that fits your schedule.

WS Star RED (WIA)

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2019 MEMORIALS

Christine Skenandore 12/05/84-11/02/18

Dallas Coats 08/05/43-12/29/19

Evon E. Malone 03/25/67-01/15/19

Dorothy Nycum

Norbert Millert 07/25/52-12/26/19

Charleen Malone 02/26/59-11/07/19

Ronald E. Martin 02/18/40-04/23/19

Dianne Elizabeth Miller 06/25/55-10/31/18

Enid Blythe Tousey 02/27/32-12/15/18

Doreen Metzger 11/24/19

Dorothy Nycum

Oleyna M Gardner 01/17/68-01/27/19

Neil L Muncie Jacobs 08/16/44-04/03/19

Donald Mucka LeRoy Sr. 02/28/57-01/23/19

Ellen E Burr 06/25/69-02/03/19

Carl Cecil Cannon 06/15/49*10/20/19

Dorothy Nycum

Evon E. Malone 03/25/67-01/15/19

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Donald Mucka LeRoy Sr. 02/28/57-01/23/19

Ellen E Burr 06/25/69-02/03/19
2018 MEMORIALS

Waldo L. Buck Martin 08/25/46-11/18/19

Marvin C. Denny 01/08/46-03/27/19

Merrill Brownie Little 10/12/24-02/10/19

Michael Martin Gumm 02/03/57-02/27/19

Donnie Miller 07/12/49-08/22/19

Robert B. Miller 10/19/29-10/16/19

Elda Marie Vele 04/29/32-07/04/19

Ernestine E. Murphy 11/05/21-02/10/19

Pastor Joel Schlachten-

Patsy Joan Delgado 01/03/36-07/07/19

Dana A. Sonny Price 02/12/53-10/06/19

Michael Frank Rudesill 07/29/37-09/18/19

No pictures available for these people

Peter M. Miller 04/23/44-01/04/19

Alice Swanson 05/26/47-06/15/19

Left picture Kenneth W. Welch 09/02/40-12/06/19

Right picture, Rhonona Vasquez 05/10/49-10/04/19
On Thursday, February 20, 2020, the Stockbridge-Munsee Tribal Council held a Rescheduled Regular Tribal Council Meeting and at that time the following actions were taken:

Roll Call:
- Shannon Holsey: Present
- Terrie Bowman: Present
- Terrie Terrio: Present
- Jeremy Mohawk: Present
- Martin Welch: Present
- Marv Malone: Present
- Craig Kroening Jr.: Present
- Jolene abstain, Terrie yes, Martin yes and Craig yes
- Vice President Bowman abstain as she was on NIEA travel. Motion carried.

DONATIONS: Relay for Life of Shawano-Menominee, American Cancer Society-Gary Burr
Motion by Terrie K. Terrio to approve a donation to the Relay for Life of Shawano-Menominee County, Seconded by Jeremy Mohawk. Motion carried.

RESOLUTION: USDA ReConnect Loan McDonald, CIO
Motion by Terrie K. Terrio to adopt resolution 039-20, but if further resolved, the Tribal Council authorizes Shannon Holsey, President, the assigned Representative-Signature-Certifier Security role on behalf of the Tribe, shall also be responsible for providing signatures, authorizing certifications, entering/updating applications, submitting applications for consideration and assigning access to new users in the USDA’s ReConnect Program Online Application System. If application(s) are awarded, the Administrator security role on behalf of the Tribe, shall also be responsible for assigning access to new users and entering/updating applications in USDA’s ReConnect Program Online Application System. If application(s) are awarded, the Administrator security role on behalf of the Tribe, shall also be responsible for assigning access to new users and entering/updating compliance reports in USDA’s Online Financial Reporting and Compliance System; AND BE IT FURTHER RESOLVED, that Brian McDonald, CIO of the Tribe, have the assigned Administrator security role on behalf of the Tribe, who shall be responsible for assigning access to new users and entering/updating compliance reports in USDA’s Online Financial Reporting and Compliance System; AND BE IT FURTHER RESOLVED, that the waiver of sovereign immunity for the Tribe is also limited to the terms and conditions set forth below:

The limited waiver of the Tribe’s sovereign immunity is granted only to and for the benefit of the parties identified as part of the agreement(s) that the Tribe has executed and shall not extend to any other entity or person.

The limited waiver of the Tribe’s sovereign immunity contained in this Resolution shall be effective only after the parties’ officially designated representatives have executed the agreement(s) and shall only be for the term of the agreement(s).

Nothing contained in this Resolution shall be deemed consent to levy of any judgment, lien, or attachment upon any property or interest in property held in trust by the United States for the benefit of the Tribe or owned by the Tribe in fee subject to restrictions by the United States against alienation, or against any funds obtained by the Tribe from the United States for the provision of:

Directives cont on pg Thirteen:

Gardening Classes
Mohican Family Center
12:00-1:00pm
RSVP to Kellie Zahn, Agriculture Agent, at 715-793-5031 or kellie.zahn@mohican.com 1 week before the class

March 10th
- Seed Starting:
  - Onions, Peppers & Tomatoes

April 14th
- Seed Starting:
  - Cucumbers, Broccoli & Squash

May 12th
- Container Gardening
  - Pots, soil, and seeds provided

2020 Summer Youth Work Experience Program
Stockbridge-Munsee Education and Career Services
When: Summer Youth will start June 15th and end by August 21st, 2020
Where: Stockbridge-Munsee Community

Who is Eligible: Stockbridge-Munsee enrolled youth who are between the ages of 14-18 as of June 15th. Also, direct descendants may participate if their established residency for the 19/20 school year was within the townships of Bartelme or Red Springs, excluding Middle Village and including Bowler and Gresham. This means direct descendants must submit the last report card received with home address on it, when application is believed.

If new to the program the youth MUST submit proof of enrollment or descendant verification

Activities: Skill-building Workshops, Community Services and Work Experience components

Applications available: S/M Education Office, at Bowler School, Harold Katchadourian, Jeff DePerry or Abby Behnke and Gresham School, Nancy Buettner .

Deadline: Completed applications must be dated as received by Education Office NO LATER than Thursday, May 7th, 2020 at 3:00 p.m. NO EXCEPTIONS!!

W13447 Camp 14 Road
P.O. Box 70
Bowler, WI 54416
Phone: 715-793-4353 or 715-793-4100
Fax: 715-793-4839
jann.schedler@mohican-nsn.gov
MARCH IS NATIONAL KIDNEY MONTH

What is kidney disease?
Healthy kidneys have many important jobs. They remove waste products and extra water from your body, help make red blood cells, help keep your bones healthy and help control blood pressure. When you have kidney disease, kidney damage keeps the kidneys from doing these important jobs the way they should. Kidney damage may be due to a physical injury or a disease like diabetes, high blood pressure, or other health problems.

If you have kidney disease, you may need to take medicines, limit salt and certain foods in your diet, get regular exercise, and more. Finding and treating your kidney disease early can help slow or even stop kidney disease from getting worse. But if your kidney disease gets worse, it can lead to kidney failure. If your kidneys fail, you will need dialysis or a kidney transplant to stay alive.

What to do?
Not all American Indians and Alaska Natives will get kidney disease. And not everyone who has diabetes, high blood pressure, heart disease, older age, or a family history of kidney disease will get it. But if you have any of these risk factors, you should:

• Get tested for kidney disease.

There are two simple tests for kidney disease:

• A simple urine test checks to see if you have protein in your urine. Your body needs protein. But it should be in the blood, not the urine. Having a small amount of protein in your urine may mean that your kidneys are not filtering your blood well enough. This can be an early sign of kidney disease.

• A simple blood test for GFR, which stands for glomerular filtration rate. Your GFR number tells you how well your kidneys are working. The lower your GFR, the worse.

If you have kidney disease, you will need dialysis or a kidney transplant to stay alive. But if you don’t know whether you have kidney disease and kidney failure, you may not get help. And not everyone who does get help gets it. But if you have any of these risk factors, you should:

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**Education and Career Services**

**College Internship**

**What:** The program gives undergraduate students practical work experience while gaining skills and building networks with potential employers and professionals in their fields. The College Intern is [paid $20/hour](#).

This College Internship is available because Mr. Richard Edward Dwyer donated funds from his Living Trust to the Stockbridge-Munsee Community. On June 17th, 2014, the Tribal Council adopted a Proclamation in his honor to celebrate a man who understood our history and to honor the memory of Mr. Dwyer. The Tribal Council proclaimed the funds to be used for Education.

**When:** The internship program will start June 3rd and end August 7th, 2020.

**Where:** Stockbridge-Munsee Community

**Who is Eligible:**
- Stockbridge-Munsee enrolled members who are enrolled full-time in an accredited/certified institution are eligible to apply for an internship placement. The earliest a student may intern is after completing at least 12 credits with a minimum cumulative grade-point average of 2.0. All applicants **MUST** submit proof of Stockbridge-Munsee enrollment, proof they are enrolled in classes for the upcoming semester, and provide a grade report from the most recent completed semester.

**Applications available:** Stockbridge-Munsee Education Office

**Deadline to Enroll:** Completed applications must be dated as received by Education Office staff no later than Thursday, **MAY 7th, 2020** at 3:00 p.m. **NO EXCEPTIONS!** The internship placements are limited and held on a first come first serve basis. Any applications missing required materials **WILL NOT** be considered if the deadline has passed.

**Education & Career Services for Adult Learners**

**College Internship**

- **What:** The program gives undergraduate students practical work experience while gaining skills and building networks with potential employers and professionals in their fields. The College Intern is **paid $20/hour**.

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**Deadline to Enroll:** Completed applications must be dated as received by Education Office staff no later than **Thursday, MAY 7th, 2020** at 3:00 p.m. **NO EXCEPTIONS!**

**Applications can be acquired by:**
- **Calling:** 715-793-4993
- **Email:** joann.schonlifer@mohican-nsn.gov

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### Calendar

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On Monday, February 24, 2020, the Stockbridge-Munsee Tribal Council held a Special Tribal Council Meeting and at that time the following actions were taken:

Roll Call: Shannon Helsey; Present
Jolene Bowman; Present
Terrie Terrio; Present
Jeremy Mohawk; Present
Marv Malone; Present
Craig Kroening Jr.; Present

APPROVAL OF AGENDA:
Add: Red Shawl Gala Table Donation
Motion by Jolene Bowman to approve agenda. Seconded by Jeremy Mohawk. Motion carried.

RESOLUTION: 2020 CTAS GRANT APPLICATION
Motion by Jolene Bowman to adopt resolution 041-20. NOW THEREFORE BE IT RESOLVED, that the Stockbridge-Munsee Tribal Council authorizes the submission of the FY2020 Coordinated Tribal Assistance Grant application to the U.S. Department of Justice requesting $470,309 for Purpose Areas 3 Tribal Justice Systems Program (BJA) and 9 Tribal Youth Program (OJJDP) BE IT FURTHER RESOLVED, that the Stockbridge-Munsee Tribal Council is in support of and is committed to participate in the endeavors of the Tribal Courts and the Mohican Family Center.
Motion by Jolene Bowman to approve the resolution. Seconded by Jeremy Mohawk. Motion carried.

EXECUTIVE SESSION-
Motion by Jolene Bowman to go into Executive Session. Seconded by Terrie K. Terrio. Motion carried at 6:12 PM.

While in Executive Session discussion was held a health center issue, a tribal member request and well and septic program, for an enrolled member in need and to ask the President to facilitate the correction necessary. Seconded by Jeremy Mohawk. Motion carried.

ADJOURNMENT-
Motion by Jolene Bowman to adjourn. Seconded by Jolene Bowman. Motion carried at 4:20 PM.
The Academy of Nutrition and Dietetics states that National Nutrition Month® is about making informed food choices and developing healthy eating and physical activity habits. This year’s theme is Eat Right, Bite by Bite, which focuses on how every bite of nutrition can be a step in the right direction towards better health.

Eating healthy and having healthy eating patterns are crucial since they can reduce the risk of numerous diseases, including heart disease, Type 2 diabetes, certain types of cancer, and obesity.

This year’s theme concentrates on how minor changes can make a big difference on improving our health. Healthy eating doesn’t have to be restrictive or time consuming—setting small goals and taking simple steps is a great way to get started on eating healthy. You don’t have to make every change necessary at one time—focus on achieving the small goals you set first and add new goals as you accomplish the previous ones. Every bite of nutrition counts.

To begin making healthy food choices, try to eat a variety of nutritious foods every day. You can plan your meals each week, learn new cooking skills, consult a Registered Dietitian, and use reliable resources for healthy eating tips and resources as tools to assist you to make the healthy food choices. Eatright.org and ChooseMyPlate.org are websites run by nutrition professionals and have science-based food and nutrition information and healthy eating tips for the public.

MyPlate Nutrition Tips for healthy eating:

- Focus on whole fruits: whole or sliced fruits, rather than fruit juice, provide a good source of dietary fiber. Canned fruits can also offer some fiber, but make sure the fruit is packaged in 100% water rather than syrups that are high in sugar.

- Vary your veggies: vegetables vary in nutrient content. Eating a variety of vegetables will provide many nutrients we need to keep our bodies healthy and may reduce the risk of heart disease and certain types of cancer.

- Make at least half of your grain’s whole grains: Whole grains provide more dietary fiber than refined grains, as well as a variety of antioxidants, vitamins and minerals.

- Vary your protein routine: you can eat a variety of protein sources including beans, seafood, fish, lean meats, etc. Eating protein from a variety of sources ensures you are getting the correct amount of amino acids, which help your body build muscle and regulate immune functions.

- Move to low-fat or fat-free milk or yogurt: low-fat dairy products provide protein, calcium and a variety of other nutrients without the added calories from fat. Calcium-fortified soymilk is also part of the dairy group for people who cannot drink milk or choose not to.

- Review the nutrition facts label: choose items with less sodium, saturated fats, and added sugars. Pay attention to the servings per container, calories per serving, and the serving size suggested—which is suggested serving size from the company and doesn’t mean you should eat that much. Consult ChooseMyPlate.org for serving size guidelines on fruits, vegetables, protein, grains, dairy, and oils.

- Use the 5/20 rule for nutrition labels: 5% DV or less is considered low. You want to aim low for total fat content, saturated fat, trans fat, cholesterol, and sodium. 20% DV or more is considered high. You want to aim high for vitamins, minerals, and fiber.

Every little bit (or bite!) of nutrition is a step in the right direction. Focus on using credible sources, such as ChooseMyPlate.gov, for nutrition information. Keep in mind, one of most important steps you can take is to learn how to read and understand a nutrition label. Bite by Bite, you can experience how small goals and changes have a powerful, cumulative effect on health.
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What is colon cancer?
A disease in the large intestine (colon) and rectum. These colon cancers start as small non-cancerous clumps of cells called polyps. Without treatment, polyps may turn cancerous.

What can I do?

Colon cancer often has no symptoms in early stages.

Screening tests are recommended for those age 45-75.

Stool-based tests:
- Tests for blood in the stool
- Take test at home every 5 years
- Meal or return no dairy
- If positive, must have colonoscopy

Visual tests:
- Scans directly in the colon
- Test is done at a medical center
- Colonoscopy can prevent cancer by removal of polyps by doctor

Talk to your health care provider about when screening is best for you.

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End Colon Cancer in Indian Country

Stages of colon cancer

What can I do?

Colon cancer is the second leading cause of cancer death for American Indians and Alaska Natives.
ENTERTAINMENT

NEAL McCOY
Saturday, March 7
8 PM - $25/$30/$35

BLACK LABEL SOCIETY
Saturday, March 14
8 PM - $25/$35/$45

MICHAEL BOLTON
Friday, April 17
8 PM - $55/$65/$75

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