



October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
				Lasagna Side Salad Italian Green Bean Whole Grain Roll Applesauce Cake	Scrambled Eggs with Tomatoes & Asparagus Black Beans Pancakes Turkey Sausage Orange Juice Fresh Fruit								
4	Sliced Turkey with Gravy over Wheat Bread Mashed Potatoes Peas & Carrots Cranberry sauce Apple Betty	5	Chicken Enchiladas Brown Rice with Red & Green Pepper Black Beans Mixed Salad Churro	6	Hamburger Vegetable Soup Mac & Cheese Beets Sherbert	7	Baked Fish over Rice Steamed Cauliflower & Broccoli Hush Puppies Mandarian Gelatin	8	Vegetable Quiche Corned Beef Hash Tomato Wedges Orange Juice Banana	9	10	Milk delivered with every meal	
11	CLOSED Indigenous Peoples' Day	12	Country Fried Steak Mashed Potatoes with Gravy Corn Coleslaw Whole Grain Bread Apple Pie	13	Split Pea Soup Hot Ham Sandwich Sweet Potato Fries Pumpkin Bar	14	15	Chicken Cacciatori Broccoli Side Salad Bread Stick Chocolate Cake	16	Veggie Scramble Sausage Patty Hashbrown Wheat Toast Tomato Juice Fresh Fruit	17		
18	Hot Beef Sandwich French Fries Creamy Tomato & Cucumber Salad Snickers Doodle Cookie	19	20	Chicken Fried Rice Garlic Broccoli Vegetable Egg Roll Banana Fritter	21	Garden Soup BLT Cucumber Salad Strawberry Crisp	22	Cooks Choice 	23	Scrambled Eggs Bacon French Toast Avocado Slices Apple Juice Orange	24	*Menu subject to change	
25	Baked Chicken Au Gratin Potatoes Succotash Whole Grain Roll Brownie	26	Tuna Melt Carrot Slaw Cottage Fries Fruit Gelatin	27	Chili Con Carne Chips & Salsa Cornsalad Peanut Butter Cookie	28	Pit Ham Mashed Potatoes & Gravy Carrots Fresh Bread Cake & Ice Cream	29		30	Boiled Egg Sausage Gravy & Biscuit Greek Yogurt Orange Juice Fresh Fruit	31	