The Veteran Retraining Program (VRP) was established in 2018 by Dr. Gregory Burek, psychiatrist and former U.S. Marine, and Dr. Erich Roush, psychologist and current U.S. Army. The VRP was developed because culture matters, and military is a culture. This program was made by Veterans for Veterans.

Our mission is to guide veterans to become the best version of themselves by providing treatment within the Veteran Culture.

We provide a variety of mental health services designed by Veterans for Veterans. No proof of service or paperwork is required to get started. Whether through therapy, support groups or classes, we provide a safe environment to discuss common issues you're facing.

SERVING THOSE WHO HAVE SERVED

VETERAN RETRAINING PROGRAM
ADVOCATE-AURORA HEALTHCARE
414-773-4312
https://aurora.org/VRP

by Veterans... for Veterans
VETERAN HEALTH

Did you serve in the armed forces? One month, one year, one decade, one lifetime? You are welcome at Advocate Aurora’s Veteran Track. These are services designed and delivered by veterans for veterans.

Services include:
- Individual Therapy
- Family & Couples Therapy
- Psychiatric Services
- Veteran Classes
- Veteran Support Groups
- Intensive Outpatient Program (IOP)
- Veteran Community Outreach

These services are tailored to former and current military members. Veterans’ benefits or service-connection are not required.

VETERAN CLASSES

- PTSD Symptom Management
- Relationship Repair
- Emotional Intelligent
- Mindfulness
- Moral Injury & Guilt
- Military Identity
- Women Veterans
- Boundaries
- Veteran DBT
- Healthy Sleep
- Grief & Loss
- Coping with Stress
- Trauma Processing

VETERAN GROUPS

These groups are open to any Veteran, and are free of charge

Veteran Recovery  Mon: 1300-1400
Complementary Healing  Wed: 1630-1730
Veteran Support Group  Thurs: 1730-1830

Virtual: https://zoom.us/j/92929598413 or Telephone: (312) 626-6799
Meeting ID: 929 2959 8413
Password: 11101775

Veteran Yoga  Tues: 1800-1900
The Lighthouse (Dewey Ave & Meyers Way)
1220 Dewey Avenue, Wauwatosa, WI 53213

Homefront Group  Mon: 1200-1330
For family and friends of Veterans

Virtual: https://zoom.us/j/97327086587 or Telephone: (312) 626-6799
Meeting ID: 973 2708 6587
Password: 2022