FAMILY SERVICES
NEWSLETTER
Family Services Department

Providing services to build a stronger and healthier community.

- Fitness/Cardio
- Youth Education Program
- Family Events
- Field Trips
- Activities for youth and adults

Inside this issue:

Staff information
Event Calendars
DV/HIV Resources

Pictures
Family Tips
Youth Tips
**Domestic Violence and Sexual Assault Programs:** providing advocacy, counseling and client services to those effected by domestic violence and sexual assault. To qualify, you must live in the S/M service area.

**Low Income Program:** providing advocacy, counseling, client services and tools to become self-sufficient. To qualify, you must live in the S/M service area and meet the income guidelines.

**Shelter Services:** providing families and individuals returning to the community to find employment or to seek other services. To be eligible, you must be a community member.

**Youth Education Program:** after school program for youth grades K-12th. This service is provided Monday-Friday until 5:30pm. Healthy snacks, light meal, crafts, games, field trips and ATODA education and prevention.

**Fitness:** providing incentives, exercise and weight equipment Monday-Friday 6am-8pm.

**Family/Youth Activities:** provide daily activities and weekly or monthly field trips.

**HIV/AIDS and Self-Care:** provide education and lessons to community and youth on prevention, supply free condoms and other self-care items.

Located at the Mohican Family Center

N8605 Oak St.

715-793-4080/715-793-4905
Crystal Malone
Human Services Manager
715-793-4032

Joe Miller
Security Manager
715-793-4080

Kori Price
Family Services Manager
715-793-4905

Joleen Kroening
Client Services Advocate
715-793-4863

Steven Duffek
Community Services Worker-Fitness
715-793-4803

Anthony Sullivan
Community Services Worker- Fitness
715-793-4803

Cheryl Pieper
Community Services Worker- Recreation
715-793-4080

Linda Rudesill
Community Services Worker- Education
Grades K-2nd
715-793-4085

Jadin Parker
Community Services Worker- Recreation
715-793-4080

Rikki Gulbronson
Community Services Worker- Education
Grades 3rd-5th
715-793-4085

LaKeisha Williams
Events Coordinator
715-793-4906

Trinity Malone
Community Services Worker- Education
Grades 6th-12th
HIV/AIDS Prevention Worker
715-793-4085
Attention Parents

Youth Education Program
Will be Closed

August 3
2023

Youth Education Program will be closed for Annual Back to School event on 8/3/23. If you have pre-registered for this event, join us for games, food, & education.
Domestic Violence Services for Victims and Survivors

Stockbridge-Munsee Family Services Program
N8605 Oak St
Bowler, WI 54416

Kori Price
Family Services Manager
715-793-4905

Joleen Kroening
Client Services Advocate
715-793-4863
joleen.kroening@mohican-nsn.gov
August 6th is American Family Day

Here are some ideas to try this month:

Order pizza and watch a family movie
Cook your favorite family meal together
Take a mini vacation
Go out for ice cream
Enjoy a campfire
Family bike ride
Fishing
Hiking
Day at the park
Swimming
Karaoke night
Day trip to the zoo
## Guidelines for Practical Life Skills

### 2-3 YRS
- Help put toys away
- Put clothes in a laundry basket
- Put clothes on with help
- Help brush teeth

### 4-5 YRS
- Know name, phone # & address
- How to call 911
- Brush her teeth and hair with minimal help
- Choose clothes to wear
- Learn to swim

### 6-7 YRS
- Make a basic meal-sandwich, etc
- Help with cooking (refer to kids cooking chart)
- Pick up the bathroom
- Bathe with minimal help
- Pack a lunch

### 8-9 YRS
- Brush hair/teeth without being asked
- Read a recipe
- Care for outdoor toys
- Help make a grocery list
- Fold clothes
- Simple sewing
- Count and make change
- Answer the phone properly
- Take out the trash
- Music lessons (if desired)

### 10-12 YRS
- Stay home alone
- Plan & prepare meals
- Compare pricing
- Purchase items at a store
- Know how to tie knots

### 13-15 YRS
- Clean most areas of home
- Perform CPR
- Prepare & cook meals
- Deposits & withdrawals at bank
- Interviewing skills

### 16-18 YRS
- Fill a car with gas
- Change a tire
- Read/understand medicine labels & dosage
- Fill out a job application/get a job
- Prepare a resume

### YOUNG ADULT
- Make doctor/dentist appointment
- Know how to pay bills
- Balance a checkbook
- Understand contracts for apartment lease
- Know how to schedule car appointment

---

### Important Life Skill Values

- Empathy: feel concern for others
- Common Sense: think things through
- Cooperation: work together towards a common goal
- Courage: the ability to face challenges with confidence
- Curiosity: a desire to learn about a wide range of things
- Effort: try your hardest
- Flexibility: the ability to alter plans when needed
- Friendship: to make and keep friends

---

DCF Service Area 5 - Youth Services

WWW.THIRTYHANDMADE DAYS.COM
Conquering new territories climbing up the stairway  
New beginnings hanging on the edge of a dream  
An empire arises from dark ashes flash petals catch on gem

Through honeycombed dewdrops softly spinning  
Golden the sparkle upon your tabernacle silken touch  
Vision of deep beauty shines immaculate heart

Beholding rose gold sparkles crown  
Sugar coating light dazzling before the eyes  
Crystal sparks ignite rainbow gleams

Through a mist of tears travelling one picture  
Everything shrinks in your shadow perfect  
Sunbeams warmly come alive

Touching clouds dancing with teardrops  
Falling over an angel salted from the ocean  
Seagulls lament faraway distant overseas calls
Rise & Shine
It’s Breakfast Time

Join us at the Family Center for a community breakfast.

Monday
August 7th, 21st & 28th
7:30am-9:00am
FAMILY RECIPE

Share your favorite family recipe for a chance to win an Instant Pot.

Submit your recipes to Joleen at joleen.kroening@mohican-nsn.gov by August 28, 2023

Call 715-793-4863 with any questions.
<table>
<thead>
<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Youth Ice Cream Trip @ 3pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Cheryl 715-793-4080</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Koreans arrive</td>
<td>Building close @ 5:30pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td></td>
<td>Lunch with the elders @ noon</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td></td>
<td>Lunch with the elders @ noon</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Outdoor Kickball @ 4:30-6:30pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Outdoor Kickball @ 4:30-6:30pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Outdoor Kickball @ 4:30-6:30pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td>October</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Events can be changes or cancelled at anytime.
YOUTH ICE CREAM TRIP

@ DIANE'S IN BIRNAMWOOD

TUESDAY AUGUST 1ST

START AT 2PM
CALL FOR DETAILS AND TO SIGN UP 715-793-4080
Ice Cream Trip
Elders 55+

@ Dianes
In
Birnamwood

You Are Invited to join us for Ice-Cream

Tues. Aug 8th at 2pm

Call for Details and to sign up

715-793-4080
Driving Range
Fun
@ Pine Hills

For Grades 7th-8th

8/15, 8/22, 8/29
From 2pm-4pm

Call For Details And To Sign Up
715-793-4080
SHARE YOUR INTERESTS

Do you enjoy sewing, doll making, woodworking, art? Are you a collector of stamps, coins, dolls or more? Would you like to share your interests with our community?
If so, call and reserve your table now!
When? August 28th, 2023 from 1pm-4pm
Where? Mohican Family Center
Light snack will be provided

Call for details and to sign up
715-793-4080
AUGUST FAMILY Fun

ACTIVITIES AT MFC BALL DIAMOND

AUGUST 17TH
FROM 5PM-6PM  KICKBALL

AUGUST 24TH
FROM 5PM-6PM  WATER FUN

LIGHT SNACK WILL BE PROVIDED

@ Mohican Family Center

CALL FOR DETAILS AND TO SIGN UP
715-793-4080
LUNCH WITH THE ELDERS

August 16th, 23rd, and 30th
Open to all ages
@ Elderly Center
Must sign up before 8/9/23

CALL FOR DETAILS AND TO SIGN UP
715-793-4080
<table>
<thead>
<tr>
<th>Date</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>27</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>26</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>25</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>24</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>23</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>22</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>21</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>20</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>19</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>18</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>17</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>16</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>15</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>14</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>13</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>12</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>11</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>10</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>9</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>8</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>7</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
<tr>
<td>6</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Class</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
<td>Fitness Bingo</td>
</tr>
</tbody>
</table>

**Weekly Times:**
- Monday-Friday: 8:00am to 5:00pm
- Saturday: 8:00am to 1:00pm

**Class Information:**
- Fitness classes are held daily.
- Equipment is available.
- Call for reservations.
Complete Bingo Card to be eligible for Gift card

AUGUST 1ST - AUGUST 31ST
Bingo sheets are available from MFC staff, please have Bingo sheets turned by 8pm every Friday

*If you are unable to complete the 5 days, you will still be eligible for a small prize for participating in Fitness Bingo

For more information please contact Fitness staff at 715-793-4803
YOUTH AGES 15-17

INTERESTED IN USING THE WEIGHT OR CARDIO ROOM WILL NEED TO COMPLETE A TRAINING PROGRAM.

CONTACT STEVEN OR TONY IN FITNESS TO SCHEDULE: 715-793-4803
Suns Out Guns Out

Youth Fitness with Steven

July to August 2023

Summer Fitness Activities With Steven
Fishing, Kayaking, Hiking, Ag Farm, Frisbee

Field Trips:
Monday–Thursday at 2pm
Fridays at 11am
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Swimming @ the Pool</td>
<td>21</td>
<td>Overnights with Kids</td>
</tr>
<tr>
<td>7</td>
<td>Culinary Exchange</td>
<td>22</td>
<td>Career Planning</td>
</tr>
<tr>
<td>8</td>
<td>Culinary Exchange</td>
<td>23</td>
<td>National Microwave</td>
</tr>
<tr>
<td>9</td>
<td>Culinary Exchange</td>
<td>24</td>
<td>Smores Day</td>
</tr>
<tr>
<td>10</td>
<td>Tube Day</td>
<td>25</td>
<td>Friday</td>
</tr>
<tr>
<td>11</td>
<td>Thursday</td>
<td>26</td>
<td>Thursday</td>
</tr>
<tr>
<td>12</td>
<td>Open Gym Time</td>
<td>27</td>
<td>Thursday</td>
</tr>
<tr>
<td>13</td>
<td>Open Gym Time</td>
<td>28</td>
<td>Wednesday</td>
</tr>
<tr>
<td>14</td>
<td>Open Gym or</td>
<td>29</td>
<td>Tuesday</td>
</tr>
<tr>
<td>15</td>
<td>Love Youth Evenet</td>
<td>30</td>
<td>Monday</td>
</tr>
<tr>
<td>16</td>
<td>Love Youth Evenet</td>
<td>31</td>
<td>Holiday</td>
</tr>
<tr>
<td>17</td>
<td>Movie Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Virtual College Tours</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Open Gym Time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Overnights with Kids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Overnights with Kids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Code Talker's Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Trade Schools</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Third Shop Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Open Gym Time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Open Gym Time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Open Gym Time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Outdoors Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Draw Your Future</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Overdose Awareness Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Cultural Lessons</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Event</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-------</td>
<td>----------------------------------------------------------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Traditional Storytelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Traditional Storytelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Traditional Storytelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Traditional Storytelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Traditional Storytelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Traditional Storytelling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Cultural Exchange</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### August 2023

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Week 1**

- **2nd**: Koreans
- **3rd**: Koreans
- **4th**: Koreans
- **5th**: Koreans

**Week 2**

- **6th**: Koreans
- **7th**: Koreans
- **8th**: Koreans
- **9th**: Koreans

**Week 3**

- **10th**: Koreans
- **11th**: Koreans
- **12th**: Koreans
- **13th**: Koreans

**Week 4**

- **14th**: Koreans
- **15th**: Koreans
- **16th**: Koreans
- **17th**: Koreans

**Week 5**

- **18th**: Koreans
- **19th**: Koreans
- **20th**: Koreans
- **21st**: Koreans

**Week 6**

- **22nd**: Koreans
- **23rd**: Koreans
- **24th**: Koreans
- **25th**: Koreans

**Week 7**

- **26th**: Koreans
- **27th**: Koreans
- **28th**: Koreans
- **29th**: Koreans

**Week 8**

- **30th**: Koreans
- **31st**: Koreans

---

**Activity**

- Tuesday: Free Day
- Thursday: Swimming

**Lesson**

- Tuesday: Conflict Resolution

---

**Being a Good Friend Activity**

- Monday: Being a Good Friend
- Tuesday: Swimming
- Wednesday: Good Citizen
- Thursday: Swimming

---

**Being a Good Citizen Activity**

- Monday: Being a Good Citizen
- Tuesday: Swimming
- Wednesday: Swimming
- Thursday: Swimming

---

**Being Helpful Activity**

- Monday: Being Helpful
- Tuesday: Swimming
- Wednesday: Swimming
- Thursday: Swimming

---

**Friendship Activity**

- Monday: Friend Activity
- Tuesday: Swimming
- Wednesday: Swimming
- Thursday: Swimming

---

**Life Transitions Month 1**

- Monday: Transitions

---

**3 Sisters**

- Monday: 3 Sisters

---

**Korea**

- Monday: Koreans
- Tuesday: Koreans
- Wednesday: Koreans
- Thursday: Koreans
- Friday: Koreans
- Saturday: Koreans

---

**Culture**

- Monday: Culture
- Tuesday: Culture
- Wednesday: Culture
- Thursday: Culture
- Friday: Culture
- Saturday: Culture

---

**Note:** All field trips are subject to change or be canceled.
Summer Youth Education Program

Weekly Field Trip Times

Monday-Thursday: 12pm

Friday: 10am
YOUTH EDUCATION SUMMER PROGRAM

NEW HOURS!

The Youth Education Summer Program hours will now be:

**MONDAY - FRIDAY**

**DROP-OFF: 7AM**

**PICKUP: 6PM**
SIGN-UP FOR
2023-2024
YOUTH
EDUCATION
PROGRAM

TRANSPORTATION WILL BE PROVIDED FOR THE FOLLOWING TIMES:

6:30PM FOR 3RD-5TH GRADE 7:30PM FOR 6TH-12TH GRADE
Youth Information
Full Name: ___________________________ Nickname: ___________________________
Date of Birth: ________ Age: ______ Grade: ______

Medical Information
Please provide the information requested below, as it may be needed in case of an emergency.
Any known allergies to any medications, animals, foods etc.: □ Yes □ No

________________________________________________________

Any known conditions that require special consideration:

________________________________________________________

Does your child require: A. EpiPen □ Yes □ No  B. Inhaler □ Yes □ No
Please list any medication child is currently taking (Type of medication and time administered):

________________________________________________________

My child ___________________________ has permission to participate in the Family Services Youth Education Program. I understand that my child will be required to participate in daily exercises and prevention lessons on alcohol, tobacco, and other drug use.
*If my child is in grades 6th-12th I understand that they will be learning about HIV, AIDs, and STD prevention and awareness in addition to the ATODA lessons.

Parent/Guardian Information
Parent/Guardian #1 Name: ___________________________
Phone #: ___________________________ Additional Phone #: ___________________________
Email: ___________________________

Parent/Guardian #2 Name: ___________________________
Phone #: ___________________________ Additional Phone #: ___________________________
Email: ___________________________

Alternate Pick-up Contacts
Name: ___________________________ Relationship to Youth: ___________________________
Phone Number: ___________________________

Name: ___________________________ Relationship to Youth: ___________________________
Phone Number: ___________________________
I understand that parent pickup is:

5:30pm for k-2nd grade  
7pm for 3rd-5th grade  
8pm for 6th-12th grade

I understand that transportation will be provided to youth in grades 3rd-12th only, and those times are:

6:30pm for 3rd-5th grade  
7:30pm for 6th-12th grade

I understand that if my child is sick or suggests that they are sick, they will be required to be picked up immediately. ______ Initials

I give the Youth Education Program permission to photograph or record my child for promotional purposes like the newsletter or Family Services Facebook page. Yes  No  ______ Initials

I would like my child to do homework while in the Youth Education Program.  
Yes  No

Per the Mohican Family Center Policy, youth ages 13 to 17 years old are able to utilize the Mohican Family Center without an adult. Do you give your child permission to sign out of the YEP and utilize the Family Center after the snack, gym time, and lessons are completed?  
Yes  No

If you grant permission for your child to sign out of the YEP, please note the YEP staff will not be responsible if you child leaves the building and will not be responsible for providing transportation home to the child.

My child has permission to walk home.  Yes  No

My child does not have permission to walk home, if my child leaves the building without permission please call: ________________

I understand that I have signed my child up for the Youth Education Program at the Mohican Family Center and my child must participate in the planned activities. If my child fails to participate, I (the parent/guardian) will be asked to pick child up and child could lose privileges from the Mohican Family Services/Mohican Family Center.

________________________  ____________________
Parent/Guardian Signature  Date
Behavior

The Youth Education Program will not tolerate bullying, verbal abuse, physical abuse, or disrespecting staff or other youth. Three strike rule will apply to all youth in the Youth Education Program. Incident reports will be emailed to parents explaining behavior. If child receives three strikes they will be asked to take a break from the Youth Education Program. If Minor and Major rules are broken per the MFC policy your child will lose privileges from the Youth Education Program and Mohican Family Center.

_________   Initials

- If your child is having symptoms of Covid, we will have you child wear a mask and ask that you pick him/her up to get tested. They will be able to return if COVID test is negative at any time.

- The Mohican Family Services Youth Education Program reserves the right to change or cancel events or field trips at any time.

- The Youth Education Program may close early or close for inclement weather or community activities.

- The Youth Education Program is closed for all Tribal Holidays
Reminder to Those that Registered

Back To School Fair

Education, Fun Games, Food, Activities, PRIZES

At the MFC

August 3rd 12pm-6pm

SCHOOL

back to School
2023
Aug 7th (MON)~11th (FRI)

Korean Cultural Exchange

Cultural Night: Aug 10th at 6:00pm
Korean Drum / K-Pop Dance / Skit
Falk Dance / Martial Art / Orchestra

Daily Activity
Sports / Games / Art & Craft / Storytelling / Korean Cooking / More
Korean Culture Exchange
@ Mohican Family Center

Tuesday 8/8/23 — 9am-8pm
Wednesday 8/9/23 — 9am-8pm
Thursday 8/10/23 — 9am—? 
Friday — Depart time will be announced

* The Youth Education Program will be open during normal Hours.

* Children under the age of 14 years old must be accompanied by an adult or sibling over the age of 14

Questions? 715-793-4080