

Tribal Veterans Service Office

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## September is Suicide Prevention Month!

Please see the resources we have listed at <u>Find the right Veteran Resources Quickly and Easily | Don't Wait.</u> <u>Reach out. (va.gov), Supporting Veterans | Spread the Word | Don't Wait. Reach out. (va.gov)</u>, and our new video encouraging Veterans to seek support <u>https://youtu.be/EzEuXVBMPVE?si=BfuRUv71u4lVjJbh</u>.

Please feel free to share any of these resources! This effort has been made to increase awareness of the Veterans Crisis Line/988, which is available 24/7, 365 days a year to Veterans/Service Members, family members, and friends.

If you need help. Please dial 988 then press 1.