

MOHICAN NEWS

The people of the waters that are never still

Vol. XXXI No. 2

N8480 Moh He Con Nuck Road • Bowler, WI 54416

January 15, 2024



2023 Fall Speaker Series a Success!

By Sara Regensburger

The Fall Speaker Series, where members of the community came out to Stockbridge, Massachusetts to present on different aspects of Stockbridge-Munsee culture and history, was a rousing success. Maggie Bennett, Kim Hoffman, Lucy Grignon, Dr. Sandee Barton, and Misty Cook were amazing presenters, and the audiences were all enraptured with what they had to say. Approximately 160 people came to the Mission House to hear their presentations. Each presenter also had secondary presentations at different institutions in Stockbridge and Williamstown, to further spread the message. Those secondary presentations were also very well

Series cont page Three

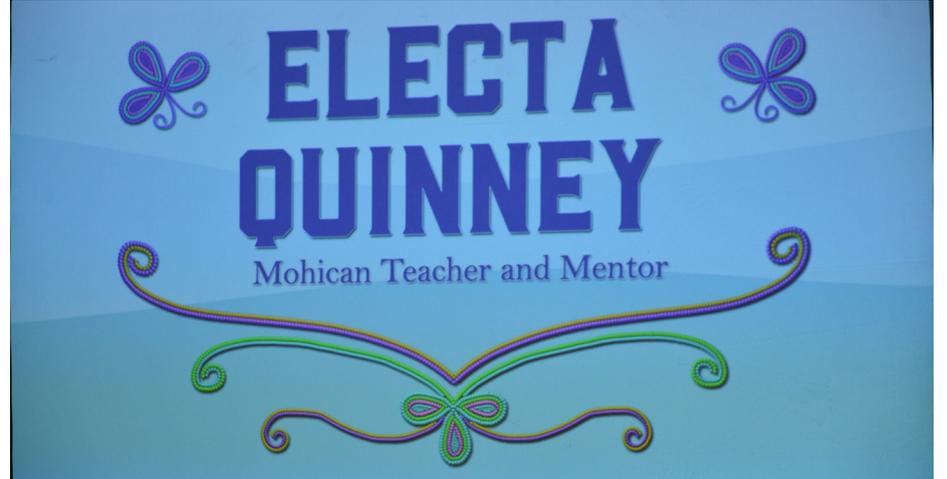


Mohican in the News

Faith Bowman is an Indigenous scholar from the Stockbridge–Munsee Band of Mohican Nation in Wisconsin. She is a doctoral candidate at the University of Utah and is one of six people named by the American Association for the Advancement of Science to its inaugural class of Local Science Engagement Network liaisons and a 2023 American Society of Biochemistry and Molecular Biology Advocacy Training Program delegate. The liaisons are building networks in four states and one U.S. territory to mobilize scientists and engineers who are interested in science engagement and policy. They will engage with local communities to build trust in science and offer scientific evidence to address community concerns and decision-making.

Bowman cont pg Three

Electa Quinney on PBS Wisconsin



Thomas Kazik – News Reporter

In late November Bowler School hosted a viewing of PBS Wisconsin's Electa Quinney Mohican Teacher and Mentor Biography. PBS Wisconsin creates focused educational videos, games and educator guides that

are free to use. This project was in the works for almost two years.

Electa Quinney was a Mohican educator and mentor who is known to many as Wisconsin's first public school teacher. She taught both Native and non-Native students together.

Quinney cont on pg Six:

Lenapehoking Grant Project to Develop Youth Fellowship Program



The Lenapehoking project aims to build off of and sustain positive youth opportunities in the homelands, particularly the Delaware Water Gap youth camp (2015-2017).

By Sarah Borges

The Stockbridge-Munsee Community has received a major award from the National Fish & Wildlife Foundation for the Lenapehoking Project, under their America the

Beautiful Challenge (ATBC) grant. The goal of the Lenapehoking Project is to establish a sustainable cultural heritage youth fellowship program, preserving and transmitting the cultural legacy of the

Grant cont on page Six:

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The Seven Grandfathers Teaching



Language Program, Cultural Affairs Department The Cultural Affairs Department often receives community inquiries about the Seven Grandfathers.

This month the Bowler Public School reached out to learn more about the Seven Grandfathers and if we had language to accompany them. The Language Program would

like to share this information with our tribal community in a kind and gentle way with the hope that it may be helpful for our tribe's youth, parents, or families in search of the meaning of the Seven Grandfathers.

Today we see the Seven Grandfather Teachings everywhere and in various tribal communities. In our research, we learned that,

these teachings were preserved by the various Ojibwe Communities in Wisconsin, Minnesota, Michigan, and Ontario.

A few key resources we were able to locate include the Mishomis Book by E. Benton-Benai (LCO), Bad River Ojibwe Tribal Website, and the Ziibiwing Cultural Center Website.

The Seven Grandfathers are as follows with how to say them in the Munsee dialect of the Lenape (Delaware) Language:

- Love (Ahwaaleew)
- Honesty (Shaaxkaapeewuw)
- Bravery (Maskaniitee)
- Respect (Wulii-Punaweew)
- Humility (Tangaalundamuwaakan)
- Wisdom (Lepweokan)
- Truth (Wulaamweewaakan)

In the Seven Grandfather Teachings it reminds us how to treat one another and our children.

Each one of these teachings need to be used with the others. If we do not practice love (ahwaaleew) we hate, and if we do not practice honesty (shaaxkaapwwwuw), we cheat.

The Seven Grandfathers taught the first elder (of all native peoples), who passed these teachings on to the next generations using the Seven Generations concept which ensures that these teachings are not lost so that we have what we need to do our part in taking care of and honoring our Mother Earth and all of her children.

It may be hard to apply these daily but we can try.

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
COMMUNITY
Band of Mohican Indians

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Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage. A one-year subscription rate is \$12.00 for 24 issues. Send check or money order to *Mohican News*. *Mohican News is a member of:* NAJA (Native American Journalist Association)

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

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For Rent: Agriculture Fields

The Stockbridge-Munsee Community is seeking bids to rent out several farm fields located (primarily) in the Township of Red Springs, with a few smaller tracks in Bartelme and Herman, Shawano County. These fields range in size from 2.5 acres to 70 acres each and total approximately 501 acres. The fields will be leased to the highest bidder starting in the spring of 2024 and ending December 31, 2027. Please contact Maria Duits, Agriculture Manager, at 715-793-3031 for a bid packet. Bids are due to the Tribal Office by 4:30pm on Friday, February 15, 2024.”

Dear Tribal Members:
The Register of Deeds for governments has the responsibilities to file, record, and issue documents of significance both to the community as a whole and to its individual citizens. Vital records document the span of our lives from birth to death. The purpose of establishing a Chapter ADM.03-Tribal Registry Office is to provide an official filing system in order to record and maintain certain documents so as to provide evidence of actions and proceedings that involve tribal people and tribal lands, give notice of such activities, and to preserve a record of these documents.
The Enrollment Office has worked very hard to establish policies and procedure to ensure consistent application of our work. A policy has been approved that now defines the documentation that a complete file should have and what we are required to keep in the file.
The letter many of our Tribal Members are receiving is to inform you that the Enrollment Office does not have all the necessary documentation in your paper file. These paper files back up what is stored in our data base. These paper files are locked in fire-proof cabinets at all times. This does not mean you are not a registered member of the Stockbridge-Munsee Tribe or that you're your enrollment status is being reviewed.

We understand that asking for this information (after being enrolled for many years) may be difficult; it is not our intention to cause a hardship for anyone. The letter is merely asking for your help so our office's files will meet the standards established by the approved policy. This will assist us in being current and operate more efficiently.
Your cooperation and assistance will be greatly appreciated, please provide the documents listed in the letter you received from our office. You can email the documents needed to MohicanTribalID@mohican-nsn.gov (this is a secure site), mail them or bring them in to our offices.
We are open 8:00 AM to 12:00 PM and 1:00 PM to 4:30 PM Monday through Friday. If you are coming to the office a call a head of time will assure you that someone is here. The staff thanks you for your time and patience in helping our Tribal Enrollment Office operate more efficiently.
Stockbridge-Munsee Enrollment Depart. Staff,
Alpha Creapeau, EnrollmentManager alpha.creapeau@mohican-nsn.gov (715)793-4677
Delores Meek, Enrollment Assistant delores.meek@mohican-nsn.gov (715)793-4671
Yvette Malone, Enrollment Assistant yvette.malone@mohican-nsn.gov (715)793-3049



Do you want to present in our homelands

There are frequent requests for tribal members to speak in our eastern homelands—the New York/Massachusetts area—and share about Mohican/Munsee history. Usually these requests come from historical societies, museums, colleges, or various community groups. They are eager to hear from our tribe and often do not know whom to contact.

We would like to compile a list of community members who may be interested in assisting the tribe in responding to these requests.

If you are interested and have questions please contact Sherry White sherry.white@mohican-nsn.gov. There is a form to fill out on the tribal web site. Go to government/Tribal liaison look for the presenters form.

Series cont from pg One: attended. Misty Cook, especially, almost sold out a full auditorium space at The Clark Institute! The Tribal Historic Preservation Office would like to thank our partners for this series, Housatonic Heritage, the Mission House, and the Clark, for being such wonderful partners and for helping us with the logistics of this series. Special thanks to Mark Wilson and Kendra Knisley of the Mission House for assisting with hosting our presenters and their families. Thank you to our presenters for a wonderful series. Edited videos of these presentations can be found on the Cultural Affairs YouTube Channel.

Please let us know your topic of interest. Some examples might be: bead-work demonstration, traditional foods, traditional plants and medicine Hudson River Valley history, Stockbridge (Mass.) history, Revolutionary War history, role of Women in the tribe, environmental issues, traditional games, music, or our tribe today.

We will compile the information into a Speaker's List to share as requests come up. There is no guarantee by being added to the speaker's list that there will be an opportunity. It is our goal to establish a list of knowledgeable qualified presenters.

Participation is compensated only if the outside agency offers compensation. This is not a tribally funded program

Bowman cont from One: Over the summer, Bowman and the other liaisons received training from experts on science communication, network leadership and civic engagement before working to develop their networks of scientists in their communities in North Carolina, Maine, Utah, Puerto Rico and West Virginia. As an LSEN (Local Science Engagement Network) delegate, Bowman is engaging her community in Utah with a goal of recruiting and training scientists and engineers to serve as science advocates and eventually interact with local environmental and health policy focused organizations.



On the Trail Home

Dawn Kay Miller

Dawn Kay Miller, age 68, passed away on Saturday January 6, 2024, in Shawano. Dawn was born on November 12, 1955, in Shawano to the late Merton and Jane (Little) Miller.

Dawn is survived by her siblings, April (Joe) Heindl, Sam (Fran) Miller, Michelle (Greg) Brewer, Sherry Ann (Dan) Edick and

Carla Miller. She is further survived by numerous nieces, nephews, other relatives and friends.

Dawn is preceded in death by her brother, Willy Miller; father, Merton Miller; and mother, Jane Legakis. A celebration of Dawn's life is being planned for a later date.

www.swedbergfuneralhome.com

Editor's Note: Is anyone interested in starting up the Getting to Know Our Elders section of the paper again? If so, email me at jeff.vele@mohican-nsn.gov

MUNSEE WORD SEARCH
PASIHLEEWI MIHTUKW NIIPAAHUM
CRACKING TREE MOON - January

W	A	I	O	A	N	K	T	W	E	O	W	A	H
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A	W	P	N	W	A	S	W	K	H	W	W	E	A

WAAPSUW KOON - WHITE SNOW; MBOTSAL-BOOTS; TAHAKAMEEW- IT IS COLD; NDAKWACHI- COLD; LOOWAN- IT IS WINTER; PSAKWULUNJEEW- SQUIRREL; ATOHEEWAKW- VENISON; WANDAK- MITTENS; WIINEEW HA- IS IT SNOWING; KAAHAHKWTEEW- CORN SOUP;

January

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
*Quilt project working dates will be determined by those participating		Bingo 1:30pm	Afternoon Tea 1pm	Movie Theatre Matinee		
7	8	9	10	11	12	13
		Bingo 1:30pm	ECHO Premier Showing 10a.m.	Quilt Project 1:30pm	ECHO Premier Showing 10a.m.	
14	15	16	17	18	19	20
	HOLIDAY (CLOSED)	Snap-Ed 11:30 Bingo 1:30pm	Afternoon Tea 1pm	Amish Stores Bonduel area 10a.m.		
21	22	23	24	25	26	27
	*Quilt Project 1:30pm (tentative)	Bingo 1:30pm		Birthday Luncheon		
28	29	30	31			
	*Quilt Project 1:30pm (tentative)	Bingo 1:30pm				

Outreach, Transition and Economic Development (OTED) will host a VBA/OTED – Virtual Homeless Veteran Outreach Symposium: Understanding the Unique Needs of Homeless Veterans on Thursday, January 25, 2024. The symposium will educate, inform, and empower Veterans, service members, family members, caregivers, and survivors about valuable VA resources for homeless Veterans. Additionally, Outreach, Transition and Economic Development will provide information on VA benefits, VHA homeless services, to include the Vet Centers and the Sergeant First Class (SFC) Heath Robinson Honoring our Promise to Address Comprehensive Toxics

(PACT) Act. You are invited to join and to share the invite information with any interested party. **Date/Time: Thursday, January 25, 2024, 1:00-3:00pm (ET)**

Link to Join: <https://veteransaffairs.webex.com/veteransaffairs/j.php?MTID=m653ab8e6f8905b3b3b61394f3b8d6d48>
Phone: 1-833-558-0712
Toll-free Number, Access Code: 2761 471 3994

Audience: Veterans Nationwide, Service members, Family Members, Caregivers, Survivors, VA Staff, Veteran Advocates, National Association of County Veteran Service Officers (NACVSO), National Association State Department of Veterans Affairs (NASDVA) and Veteran Service Organizations (VSO).

Toxic Exposure Screening

As a Veteran, during your military service, you may have been exposed to environmental hazards, such as Agent Orange.

To learn more about your exposures, you can have a toxic exposure screen (TES) during a routine health care appointment, which will allow your exposures to be documented in your record. The TES includes a series of questions that take about 5-10 minutes, and the potential exposures to various hazards are recorded. This screening is not meant for diagnostic purposes but can address concerns about your health and deployment. Following the screen, you will receive information about benefits, environmental health registry exams and clinical resources to address any concerns.

If you have any questions about the TES, you can

contact your local VA health care team via Secure Message or call 1-800-MyVA411 and press 8. You can also inquire about the TES during your next VA health care appointment or contact your local VA facility and ask to be screened by the TES Navigator if you want to be screened sooner. It is important to note that you will be screened at least once every five years, even if you do not have any concerns at present.

We recommend that you take advantage of this opportunity better understand your health.

“This project [is being] [was] supported, in whole or in part, by federal award number [SLFRP0135FAIN] awarded to [the Wisconsin Department of Veterans Affairs via the Wisconsin Department of Administration] by the U.S. Department of the Treasury.”



Veterans Corner

Veterans Corner

203 W. Main St
Bowler, WI. 54416

Gregg W. Duffek,
Tribal Veterans Service
Officer
Office: 715-793-4036
gregg.duffek@mohican-nsn.gov



715-793-4036

Native American veterans celebrate congressional charter for National American Indian Veterans

By Parker Brown
Published: Dec. 14, 2023 at 11:03 PM CST
SIOUX FALLS, S.D. (Dakota News Now) - The Military Order of the Purple Heart's chapter 5355 in Sioux Falls held its regular monthly meeting Thursday at the South Dakota Military Heritage Alliance. This meeting was a special one with plenty to celebrate. The chapter received a generous donation of popcorn from the BSA Sioux Council and a presentation of the Military Order of the Purple Heart's regional Patriot of the Year Award to David Flute, Secretary of the South Dakota Department of Tribal Relations. The cherry on top was the news from earlier in the day.

Until now, there has never been a congressional charter designated for Native American veterans despite many attempts. In May, Representative Dusty Johnson and Senator Mike Rounds made another attempt to establish one with the National American Indian Veterans Charter Bill. However, it was the 2024 National Defense Authorization Act that finally led to

the establishment of a congressional charter for the already operating National American Indian Veterans organization, or NAIIV.

According to the U.S. Department of Defense, Native Americans serve in the armed forces at a rate five times higher than the national average. While other nationalities and religious groups currently have a recognized charter, veterans said that it's long overdue for a Native American congressional charter.

Their contributions to the military have not gone unnoticed. One of Senator Rounds' motivations to get a congressional charter established was the work of a Korean War veteran and member of the Hunkpati Sioux Tribe, Don Loudner. Loudner served with Rounds' father and has been pushing for this representation for years.

Finally seeing collective support and recognition has meant a lot to the community of Native American veterans.

The Act will become official with the signature of President Biden. The bill is likely to be signed in January. Senator Rounds authored 33 provisions in the act, including the provision that established the charter.

Quinney cont from One:

Electa's PBS Wisconsin Biography starts many years before her birth, when her ancestors were forced to leave their homelands in the East, and follows her to the area in Wisconsin that is now the present-day home of the Stockbridge-Munsee Community Band of Mohican Indians.

Brandi Dove Elementary Principal said "I was very grateful for the many community members and students that took the time out of their busy evening to attend the event. So many wonderful things were shared about Electa Quinney. Her descendants shared how she has impacted education within their family and in the state of Wisconsin. One common theme from the evening was about the legacy she left behind. I enjoyed hearing from the PBS Education team on the production, and how well it was doing in regards to views it has received. Listening to Brent Michael Davids explain the musical component was a really unique aspect to the information shared during this event. I appreciated the push from The Department of Public Instruction (DPI) to ensure that accurate history is shared in a way that reaches across many grade levels and audiences".

PBS Wisconsin staff produce trusted journalism, local storytelling, tools for Wisconsin educators, and community events and partnerships that connect us.

Wisconsin Biographies bring stories to life for learners today with short animated videos, digital books, historical images, and extension activity ideas that support academic standards.

This project involved the PBS team and also brought in some community

member to make this happen. Everyone who helped with this project can be seen on the PBS page but some notable names were: Animation score-Brent Michael Davids, Musicians-Brent Michael Davids, Bill Miller, Mark Church, and Dr. Robert Shubinski, Audiobook Narration-Monique Tyndall, Animation Voice Over-Lina Martin.

Principal Dove ended by saying "This also gave me hope that one day Stockbridge-Munsee history will be shared as a norm inside many classrooms and not just saved for special events or moments in Native American history month. My goal moving forward is that this is not just a family night event in the future, but a school wide assembly showcasing all of the wonderful information we have about Electa Quinney with all grade levels and staff members".



Forge Project Fellowship 2024 Open Call
For Stockbridge-Munsee Community

\$25K award + 3-week residency
Due Thursday, February 15
11:59 PM ET

forgeproject.com/fellowship
to learn more & apply



Grant cont from pg One:

Lenape people. Collaboration has been a key element in the project's development. The Historic Preservation Offices of the three Lenape Tribes—the Stockbridge-Munsee Community, Delaware Tribe, and Delaware Nation—worked together on the conceptualization of the project last year, and now, with the support of a 1-year planning grant, the three tribes are set to bring the Lenapehoking Project to fruition.

I serve as the Project Planner and want to make the community aware of this effort. In this first year we will be developing Phase I, the Planning Phase, during which we will design a detailed framework for the Youth Immersion Program, while offering cultural heritage-related opportunities to project participants. After a successful Planning Phase I through this project, we anticipate applying for implementation funds for Phase II to carry out the fellowship program that was designed in Phase I.

This project is a continuation, and evolution, of a meaningful three-year program that the three Lenape Tribes developed collaboratively with the National Park Service (NPS) starting in 2015, The Delaware Water Gap Youth Camp. Through that program, 12-15 indigenous youth per year had the opportunity to visit and learn about their ancestral homelands. In having the opportunity to return to the land their ancestors inhabited for thousands of years, the program helped to cultivate Tribal identity. The Delaware Water Gap Youth Camp project became a community staple at that time and a new cultural tradition. The

Lenapehoking Project is aimed at building off the pilot and working nation to develop a robust and sustainable fellowship program in the homelands. The funds from the ATBC will allow the three Tribes to reinvigorate their past successful collaboration, enhancing it to accommodate more indigenous youth, financially supporting them to take part in the experience, and hiring Youth Coordinators at each Tribe which will create more sustainable staffing for the program.

The Lenapehoking project kicked off in October 2023, when the Historic Preservation Office began working to establish fiscal and administrative procedures and hire a new employee for the Project Planner role. The Cultural Affairs Dept. and Family Services Department are establishing a Youth Program Coordinator role and a Youth Advisory Group on the Wisconsin reservation to guide this work.

The Tribal youth will be able to participate in the project through the Advisory Group, which will consist of up to 6 youth who will assist in creating the youth immersion program framework. They will participate in cultural heritage-related training and conferences of their choice, which will enhance their knowledge base in the field and enable them to provide input regarding their preferred cultural heritage topics, as well as the types of projects and experiences that youth will engage during the immersion program in Phase II. Equipment costs to support this work are included for all participants. Hopefully you will look out for the Youth Advisory Group opportunities to

Empowering Native Entrepreneurs

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Since its inception in 1991, AICCW has been pivotal to Wisconsin Indian Country's economic expansion, empowering Native-owned businesses through advocacy, networking, and tailored member services.

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- Conducting economic development seminars for enriched business acumen.
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For more information on AICCW's member services, visit aiccw.org or contact:

Heather Cloud
Executive Director
heather@aiccw.org
920.412.5590

Paul R Smith
Assistant Executive Director
paul@aiccw.org
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FACC and AICCW unite with a firm purpose to empower Native entrepreneurs in Wisconsin, forging a robust support network that propels businesses toward sustainable growth. Our synergistic approaches amplify our collective impact, paving the way for a brighter economic horizon in Wisconsin Indian Country.

Santa Visits the Community



Pictures of the Christmas Party above were taken by Marley Hietpas. The Mohican News thanks Marley for her efforts.





All bids must be sealed and presented to: JODY HARTWIG
 TRIBAL OFFICES
 N8476 MOH HE CON NUCK ROAD
 BOWLER, WI 54416

The Stockbridge-Munsee Community is accepting bids from Tribal members on two homes located at W13072 & W13082 Taconic Drive, Bowler, Wisconsin.
 2 Additional homes are now available for sale at N7774 & N7758 Moccasin Lane.

Minimum Bid \$116,000

HOME INFORMATION:

- Approximately 1173 sq. ft. Manufactured home (New with 1yr warranty)
- No basement, mason block crawl space on slab
- 3 bedrooms and 2.5 bath
- Lot size just under an 1 (.70) acre assignment
- Location: Taconic Cluster development
- Home has LP furnace and electric water heater
- Home purchased through North Country Homes addition specs can be viewed at <http://www.northcountryhomes.com/home/the-trenton/>

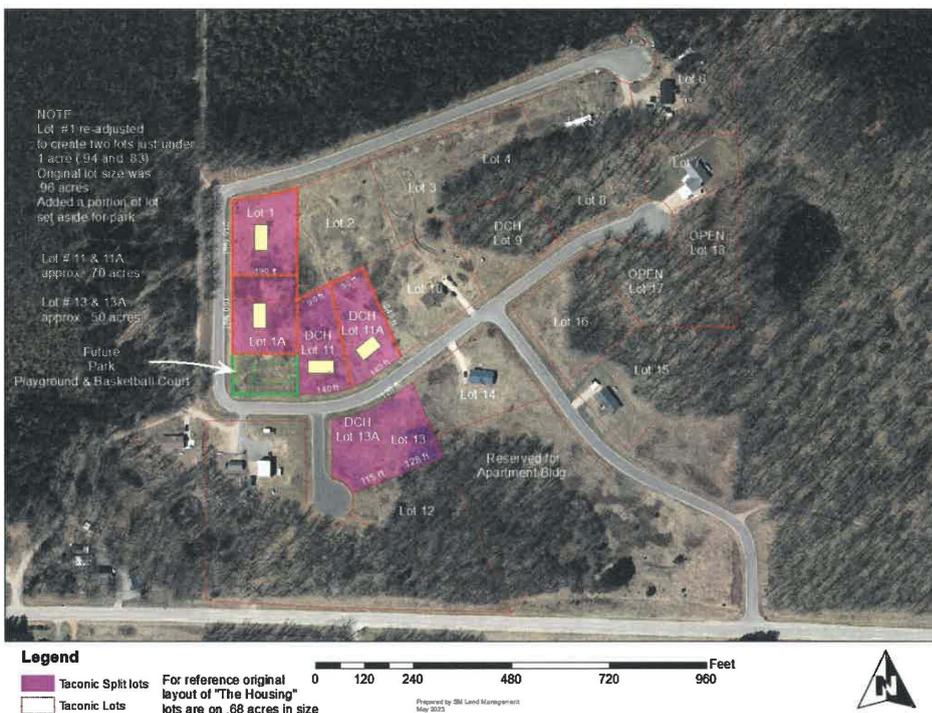
This sale will be a cash sale or financed through our loan department with qualified credit. Bidders must be able to close on the sale within 45 days of bid acceptance.

If you are interested in viewing the property or need additional information, contact Land Management at 793-4855 OR 793-4869. All bids must be sealed and marked:

**“BID FOR TACONIC HOME AT W13072 or W13066 Taconic Drive, Bowler WI. 54416” or
 “BID FOR TACONIC HOME (2) AT N7774 or N7758 Moccasin Lane, Bowler WI. 54416”**

Bids will be accepted until: **Friday February 16th, 2024 AT 4:30PM**
 Bids for 2 additional homes on Moccasin Ln will be accepted until:
Monday February 29th, 2024 AT 4:30PM

Taconic Subdivision



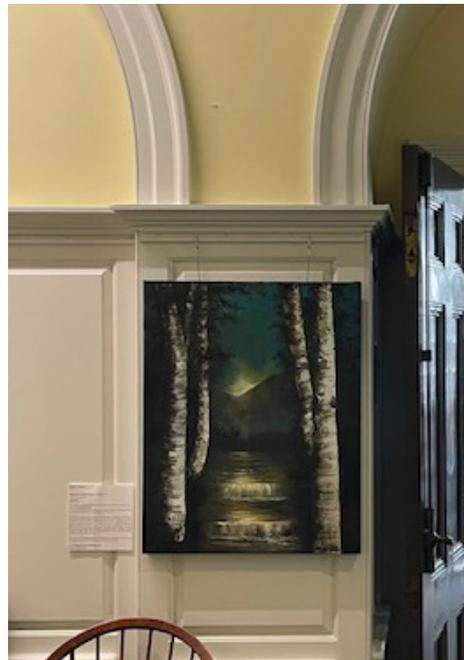
Santa Parade





Stockbridge Massachusetts Library displays work by local and tribal members

Here are photos of the exhibit that is currently up in the Stockbridge (MA) Library, Museum & Archives. Perhaps some of them could be useful for the Mohican News. The exhibit of paintings by Rebecca Burr, beadwork by Reva Fuhrman, and reproductions of drawings and paintings by Terri O'Connor has been very well received. It was written up by two local online newspapers. It was originally scheduled to go through the end of October, but we are planning to consolidate all the work into the lobby of the Museum & Archives and extend the show through November in order to coincide with the grand re-opening of the Museum after a period of repair to the HVAC system. I can provide new photos and further news in a few weeks.



QWAT ANUSHIIK / ONEEWE / MANY THANKS



Words cannot express my appreciation to the co-workers and community members who contributed to our winter holiday campaign to collect personal care items for Bree's Closet. Here is a picture of part of what we were able to donate.

Janet also wanted to say how very thankful they are at their organization is for your kindness and charity.

Season's Blessings and HAPPY HOLIDAYS

Talking To Your Doctor About Falls: 6 Tips for Helpful Conversations

More than one in four older adults falls each year, but only half tell their doctor. It is important for your doctor to know about any health problems, including concerns about balance and falls. Get the most out of your conversations with these six tips.

- 1. Write a list of things you want to talk about.** Before your appointment, create a list of health topics you want to talk about, including balance and falls. The outline will help you remember your conversation points and questions.
- 2. Ask for a falls risk assessment.** If you have fallen, have trouble walking, or feel unsteady, talk to your doctor about having a falls risk assessment.
- 3. Talk about other specialists.** Ask your doctor if you would benefit from seeing a physical therapist, occupational therapist, or other specialists to help improve balance, strength, medication use, nutrition, vision, and hearing to reduce your risk of falls.
- 4. Be honest about your concerns.** Tell your doctor if you have fallen and share as many details as possible. The more your doctor knows, the more they can help you.
- 5. Take notes—and ask for notes!** Bring a notepad and pen to write down any important information your doctor shares with you. This helps to remind you of information shared during the appointment.
- 6. Ask your doctor questions.** If there is anything you do not understand, ask your doctor again. Repeating information back to the doctor will help you remember and let the doctor know you understand the information.

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HOW TO ADMINISTER NARCAN

Increased overdoses & deaths in Shawano County and surrounding areas have been reported.

Fentanyl Test Strips & Narcan are available at the Stockbridge-Munsee Health & Wellness Center

- Pharmacy 715-793-5027
- Behavioral Health Department 715-793-3000
- Community Health Department 715-793-5060

Additional Resources:

- Shawano County Crisis Line 715-526-3240

Tribal Sun Soap

Healthy skin and Indigenous awareness. Tribal Sun Soap marries its founder's drive to care for his sensitive skin and uplift Native communities around the United States with all-natural soaps inspired by Indigenous culture.

Dennis Zack (pictured) started Tribal Sun Soap, based in Oshkosh, when he grew to have the same problems his mother had with her skin. She had issues with sensitive skin and eczema and would try a variety of prescription lotions. As Zack grew older, he experienced the same issues but decided to delve into his own research to find a healthy, all-natural solution that would help his skin and be safer for the environment. He started Tribal Sun Soap last year as the result of his pursuit. He tried as many solutions as he could before starting Tribal Sun Soap — but the cost was unrealistic for how quickly he would run through products. He tried Dr. Squatch and Duke Cannon, both soap brands that provide minimally processed soaps, until he dug further to find where the soaps were being manufactured and figured he could do the same to meet his own needs.

"You start reading a little bit more and wanting to understand a little more about the products you're putting on yourself," Zack said. "Then looking at, 'what can I do for myself? What am I using?' Then I started going down the road of just looking at the stuff that was out there."

Zack's journey to start Tribal Sun Soap first took him to a family in northern Indiana that's been making soap since the early 2000s. He enjoyed their soap and went on to talk to the soap manufacturers more. He took inventory of what



with his skin and find a way to uplift his community.

Zack went to his tribe, the Stockbridge Munsee Band of the Mohican Indians in Central Wisconsin, to speak with an artist who had worked on a family portrait of his to get a logo created. But he knew he could do more than just soap. Zack wanted to use his new Tribal Sun Soap as a platform to uplift his community and other Indigenous communities around the country.

"It grew with what scents were available, what scents can I create, and then it grew more into, I could actually use this as a platform to work with Indigenous artists, small businesses to help raise our brothers and sisters up," Zack said.

Tribal Sun Soap continued to grow, and it expanded its outreach to organizations dedicated to helping Indigenous communities.

The soap company now works with three organizations: [Walking Women Healing Institute](#), a group dedicated to addressing and preventing missing and murdered Indigenous women and acts of sexual violence; [Red Magic](#), a non-profit dedicated to the advancement and

perpetuation of Native American arts, artists and culture; and [Bree's Closet](#), which provides gently-used clothing for all ages along with hygiene products, dolls, bags and blankets. Beyond supporting organizations, the product itself aims to educate and promote Indigenous culture. The soaps are named after cultural touchstones for tribes around the country.

For example, the scent "Frybread Heaven," is named after the Indigenous flat bread that's fried in oil, shortening or lard. The food has multiple iterations but is a cultural staple in Native American cuisine. Zack hopes that seeing the names of each sent, like Frybread Heaven, will spark an interest with buyers and lead them

down a path of research to become more aware of Indigenous cultures.

"There's over 500 different Indigenous tribes in the United States, and beyond our borders," Zack said. "Things like that are Indigenous that maybe somebody doesn't know like, 'What's frybread? Let's check this out a little bit.'"

Tribal Sun Soap is looking to expand its offerings. It currently offers soaps and has recently added bath bombs, but is looking to add lotions into the mix now that Tribal Sun Soap has been in business for a year.

[Tribal Sun Soap can be purchased on its website](#) and select Indigenous-owned businesses across the U.S.



SMHWC COMMUNITY HEALTH DEPARTMENT



HEART HEALTHY BINGO

February 1st-29th, 2024

HAVE FUN WITH THE WHOLE FAMILY!

How it works:

1. Pick up one BINGO card for each person playing by **Feb. 2nd**.
2. Complete as many of the activities listed on the card as you can throughout the week of **February 4th - 10th**. Cross them off the BINGO card as you complete each activity.
3. Send picture of BINGO card to Cami to be entered into a prize drawing by **Feb. 13th**. For each BINGO line you complete, you will receive one entry into the prize drawing (up to 5 entries per person).
4. Arrange to pick up additional BINGO card to be completed the week of **February 18th-24th**. Picture of BINGO card to be submitted by **Feb. 27th** to be entered into prize drawing.



SEND PICTURE OF COMPLETED BINGO CARD TO CAMI.MILLER@MOHICAN.COM OR DROP OFF AT SMHWC REGISTRATION DESK





On Tuesday, January 2nd, 2024, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken:

Roll Call:

Shannon Holsey Present
Craig Kroening, jr Present
Sara Putnam; Present
Ella Kazik: Present
Shawn Moede Present
William Miller Present
Terrance Miller Present

APPROVAL OF AGENDA-ADD: Updates in Executive Session

STRIKE: Elderly Services Manager Job Description
Motion by Craig Kroening Jr. to approve the agenda as amended. Seconded by Terrance Miller.

Roll Call: Terrance yes, Ellie no, Sara yes, Craig yes, Willy yes and Shawn yes. Motion carried.

OPEN AGENDA-MEETING MINUTES-

Motion by Terrance Miller to approve the Tribal Council Meeting Minutes from Tuesday, December 19th, 2023. Seconded by Willy Miller.

Roll Call: Terrance yes, Ellie abstains (*not present*), Sara yes, Craig abstains (*not present*), Willy yes and Shawn yes. Motion carried.

FINANCIALS STATEMENTS (for approval)-August 31, 2023

Motion by Sara Putnam to approve the financial statements for August 31st, 2023. Seconded by Craig Kroening Jr. Motion carried.

PERSONAL LOAN POLICY CHANGE-Tanya Wickersham, Loan Manager

Motion by Terrance Miller to approve the new Personal Loan Policy changes with regards to an individual may qualify with a

personal loan over \$5,001 with a 620 FICO score but may be required to have credit counseling if FICO score is between 620-640. Seconded by Ellie Kazik. Motion carried.

HEALING TO WELLNESS ORDINANCE & RESOLUTION-Bridget Swanke, Legal

Motion by Sara Putnam to approve resolution 009-24, NOW THEREFORE BE IT RESOLVED, that the Tribal Council hereby adopts amendments to Chapter TCT.06, Healing to Wellness Court Ordinance, described more specifically as deleting the reference to open hearings under Section TCT.06.06(g), adding a new TCT.06.08 (a), renumbering the subsections in TCT.06.08, and making other edits to TCT.06.08

BE IT FURTHER RESOLVED, the Tribal Council authorizes the submittal of the amended ordinance to the U.S. Bureau of Indian Affairs for approval. Seconded by Terrance Miller. Resolution adopted.

DONATION REQUEST: Family Services NEW-Patty Woeslaw, Community Coordinator

Motion by Terrance Miller to approve a donation of \$1,000 to Family Services NEW-Shawano County Area Early Childhood Partnership. Seconded by Ellie Kazik. Motion carried.

SM FIRE DEPARTMENT GRANT WRITING ASSISTANCE REQUEST-Molly Welch, Administrative Assistant/Fire Coordinator

Motion by Sara Putnam to allow the Fire Department to work with the Tribal Grants Writer to apply for the Assistance to Firefighting Grant, which opens in January 2024. Seconded by Terrance Miller.

Roll Call: Terrance yes, Ellie yes, Sara yes, Craig abstains (*officer on the department*), Willy yes and Shawn yes. Motion carried.

FLEET/INVENTORY VEHICLES-Roberta Carrington, Inventory

Motion by Willy Miller to approve bidding out the vehicles listed below that are no longer of use to the Tribe as presented. Seconded by Sara Putnam. Motion carried.

BIA ENDANGERED SPECIES PROGRAM GRANT-Michael Jones, Wetland Specialist

Motion by Terrance Miller to approve the BIA ESP grant application and signature of accompanying support letter for the grant application. Seconded by Ellie Kazik. Motion carried.

SLASH PILE/GRINDING SERVICES-Chad Miller, Land Manager

Motion by Terrance Miller to approve the Slash Pile/Grinding Services as quoted by DTAK LLC for slash pile removal. Seconded by Ellie Kazik. Motion carried.

HC PHOTO IDENTIFICATION BADGES POLICY REVISION-Andrew Miller, SMHWC Director

Motion by Sara Putnam for approval of the changes to policy, Photo Identification Badges. Seconded by Craig Kroening Jr. Motion carried.

NURSE MANAGER POLICY-Andrew Miller, SMHWC Director

Motion by Sara Putnam to approve the changes to policy for the Nurse Manager with the change of instead of including the most recent edition date to state the most recent edition. Seconded by Shawn Moede. Motion carried.

FAMILY NURSE PRACTITIONER POLICY-Andrew Miller, SMHWC Director

Motion by Ellie Kazik to approve the Family Nurse Practitioner as amended. Seconded by Shawn Moede. Motion carried.

BOARD/COMMITTEE APPOINTMENTS-

Motion by Terrance Miller to appoint William Terrio to the Judiciary Commission.

Seconded by Shawn Moede.

Roll Call: Terrance yes, Ellie yes, Sara abstains, Craig yes, Willy yes and Shawn yes, Motion carried. Motion by Willy Miller to appoint Carolyn Miller to the Elderly Steering Committee. Seconded by Ellie Kazik.

Roll Call: Terrance abstains (*direct relation to application*), Ellie yes, Sara yes, Craig yes, Willy yes and Shawn yes. Motion carried.

Motion by Willy Miller to appoint Randall Wollenhaup to the Forestry Committee. Seconded by Shawn Moede. Motion carried.

Motion by Craig Kroening Jr. to appoint Vaughn Miller and Daniel Burr to the Investment Committee. Seconded by Shawn Moede. Motion carried.

EXECUTIVE SESSION- Motion by Willy Miller to go into Executive Session. Seconded by Craig Kroening Jr. Motion carried at 5:27 PM.

Motion by Willy Miller to come back into session. Seconded by Craig Kroening Jr. Motion carried at 6:30 PM.

While in Executive Session discussion was held on ICW Manager and Personnel Request.

Motion by Ellie Kazik to approve the Indian Child Welfare Manager position as discussed in Executive Session. Seconded by Willy Miller. Motion carried.

Motion by Ellie Kazik to approve the Senior Accountant training and wage increase as discussed in Executive Session. Seconded by Sara Putnam.

Roll Call: Terrance abstains, Ellie yes, Sara yes, Craig yes, Willy yes, and Shawn abstains. Motion carried.

ADJOURNMENT-

Motion by Willy Miller to adjourn. Seconded by Shawn Moede. Motion carried at 6:31 PM.



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- Reside on the Menominee Reservation or within 30 miles
- Require VR services to prepare for, secure, retain, regain or advance in employment



We have successfully placed our consumers for work at the Menominee Casino Resort, Maehnowesekiyah, Food Distribution, Sr. Verna Fowler Library, Headstart, Community Technology Center, Tribal Conservation, Historic Preservation, just to name a few. It's our job to help our consumers find a job.

Stop in and see us at CMN or any of our off-site locations (Stockbridge-Education Department 1st Monday of the month, Shawano; 2nd Monday of the month, Maehnowesekiyah; 3rd Monday of the month, and Neopit- Menominee Tribal Enterprises; 3rd Tuesday of the month).

Call or visit in person or online today to begin your referral application process



Vocational Rehabilitation- GM 111 (800) 567-2344 ext. 3203
N172 Hwy. 47/55 (715) 799-5600 ext. 3203
Keshena, WI 54135 Monday- Friday (8:00 am-4:30pm)

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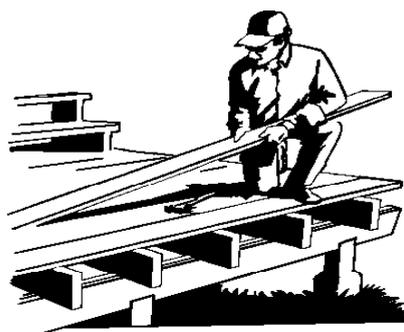
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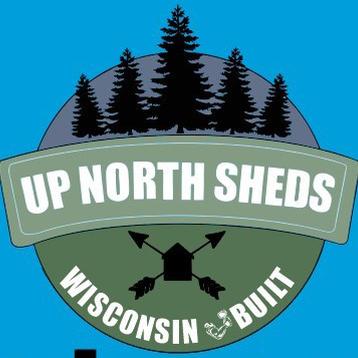
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Gas, Meds, Dry Goods

January is National Radon Awareness Month

Radon is a colorless, odorless, and tasteless radioactive gas that can harm you and your family

Radon is the #1 cause of lung cancer among non-smokers and #2 cause of lung cancer overall

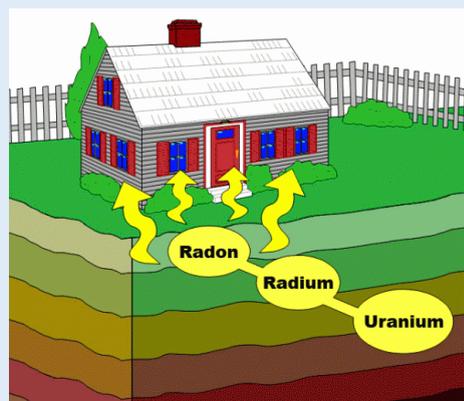
Smokers who live in homes with high radon are 10 times more at risk to have lung cancer than non-smokers who live in homes with high radon

2 out of 3 homes in our area have high radon levels

Radon levels peak in the winter months when windows and doors are closed



Is Your Home Safe?



Radon occurs naturally in the ground and can enter your home through cracks and holes in your foundation, or even through your well water. The amount of radon in the soil depends on soil chemistry and can vary from house to house. In Shawano County, radon varies from low to very high, with some homes on the Reservation having very high levels.

Keep you and your family safe this year by getting your home tested for radon. FREE test kits are available to Tribal members through the Environmental Department. Contact the Environmental Department to have your house tested! If your house tests high for radon, the Environmental Department can provide advice on having a radon mitigation system installed into your home.

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715-793-4363

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