

UPLIFTWI HERE WHEN YOU NEED AN EAR

CALL ANYTIME

We're here for you when you need us - 365 days of the year, including holidays.

SHARED EXPERIENCES

Uplift WI operators are peers that have lived experience with mental health and other life challenges that you may connect with.

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YOUR PRIVACY MATTERS

Not only are all calls anonymous, but what you share with your peer stays between you and your peer. This is a safe space.



UpliftWI offers caring peer specialists who get your experiences, providing a safe and confidential place for you to connect and find support.

CALL US WHEN YOU'RE READY 10AM-10PM DAILY 534-202-5438





